

## Clinical and Social Outcome Measures (CSOMs)

## Prioritised Personal Outcomes (across all population segments)

Healthy (whole population)	Long Term Conditions, Disability and Organ Failure	Frailty and/or Dementia	
↓ alcohol consumption	↓ premature deaths in serious mental illness	↑ time spent at home	↑ I feel more independent
↑ physical activity	↓ smoking in LTCs	↓ pressure ulcers	↑ I feel proactive and confident in managing my health
↓ obesity	↓ obesity in LTCs	↓ serious falls	↑ I feel I have an active and full life
↓ smoking	↓ emergency hospital admissions	↓ inpatient delirium	↑ I spend time with friends and family, not being alone
↓ emergency admission for acute conditions that should not usually require admission	↓ organ failure exacerbations requiring emergency admission	↓ UTIs, severe constipation and incontinence	↑ I feel in control, involved, listened to
	↓ days disrupted by care	↓ dementia prevalence gap	↑ I feel well (mentally)
People at the End of Life	↓ strokes in diabetes/circulatory conditions	↓ emergency readmissions and returns to A&E	↑ I am treated with dignity and respect
↑ people dying in preferred place of death	↓ diabetes complications	↑ 30 and 120 day recovery from fragility fractures	↑ I feel supported and reassured
↑ people identified on the Palliative Care Register	↑ early diagnosis of cancer		↑ I feel safe and secure
↓ emergency hospital care during last weeks of life			↑ I do not feel anxious / depressed
			↑ I am pain-free / ↑ I feel my symptoms are under control
			↑ I have good nutrition
			↑ I can manage the functions of daily living