



THE MENTAL HEALTH SUPPORT TEAM

Childrens Emotional Health and Wellbeing Webinar

For Parents and Carers (Primary Age)

This one hour webinar aims to provide parents with a understanding of common mental health difficulties in young people. We will explore common mental health difficulties such as anxiety and how this might present in primary aged young people. We will also explore how you can support a young person's mental health and how to refer to the MHST.



Tuesday 17th
November 2026
12-1pm



Parents can join via Web using this link:
<https://www.microsoft.com/engb/microsoft-teams/join-a-meeting>
by inputting the Meeting ID and
Passcodes from the poster, by scanning the
QR code or by clicking this link. Please
note, parents won't be able to join until
the day.



Meeting ID: 370 826 015 883 475
Passcode: bY9nN29n