

Health for Kids

<https://www.healthforkids.co.uk/staying-healthy/what-is-coronavirus/>

Health for Kids: Grownups

<https://www.healthforkids.co.uk/grownups/healthy-minds/talk-children-coronavirus/>

Health for Teens -

<https://www.healthforteens.co.uk/health/coronavirus/what-is-coronavirus/>

<https://www.healthforteens.co.uk/health/coronavirus/3-ways-to-stay-up-to-date-with-schooling/>

<https://www.healthforteens.co.uk/health/coronavirus/ways-to-deal-with-coronavirus-linked-anxiety/>

General Websites

<https://www.mentalhealth.org.uk/a-to-z/c/children-and-young-people>

<https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/camhs-information-for-parents-and-carers/>

<https://youngminds.org.uk/find-help/your-guide-to-support/guide-to-camhs/>