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Dear Parents/Carers of Year 1 pupils

SRE Education – “ALL ABOUT US”

As part of our ongoing commitment to providing the best education for our pupils and to Child Protection (Safeguarding), I am writing to let you know about our special arrangements for RSHE (Relationships, Sex and Health Education) at The Lanes this term.

This term's theme is Sex and Relationships (SRE) - the children may know the topic as '**Growing and Changing**'

Our Sex and Relationships Education (SRE) policy has been reviewed in light of the DFE legislation. We feel that it is important to share the key points about this subject with you each year before we begin teaching your children. This gives you the opportunity to discuss any issues with your own child during the term, should you wish to.

We will continue to focus on promoting children's social and emotional development, as well as their health and wellbeing within our existing PSHE lessons as usual. However, during this Summer Term each class will be covering the RSE topic of 'Growing and Changing'. The detail of what is included in this topic is outlined below. Please note that during this topic we will be teaching the children the proper names for the more intimate parts of their bodies. The lessons are well differentiated for the different ages in school and are clearly set out and well planned. Having this vocabulary enables the children to talk in a clear and unambiguous way if they ever encounter problems and we will ensure that they are taught these in a factual, sensitive manner. As in all other respects this curriculum will be centred on teaching children to become confident, independent and well-rounded citizens for the future. ***These lessons will take place from the week beginning 14th July.***

In Year 1 your child will be learning:

- How to ask for help if they are worried about something. To understand what is meant by 'keeping something private' and identify when people might want (or need) to keep something private. To understand not to keep secrets that make them feel scared.
- Growing, changing and becoming independent (reflecting on changes from when they were a baby).
- Identifying the correct names for girls'/boys' body parts.
- To understand about consent regarding their bodies.

We feel that RSHE is an extremely important part of a child's education and it forms the foundations of all that we do at The Lanes SRE is a part of this curriculum and is based on clear guidance from the Department of Education. You do have the right to withdraw your child from RSE lessons but we would really encourage you not to do so. If you do wish to withdraw your child, please let us know in writing asap.

A copy of the current school policy can be found on the school website. If you want any more information please contact your Year group team by email or speak to the class teacher.

See below for some useful information and websites to use to talk to your child.

Talking PANTS with your children

'Talk PANTS' is a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Yours sincerely,

Year 1 staff