

## **SRE Education for Year 2**

As part of our Sex and Relationships Education (SRE) policy, we will soon be teaching the children in Year 2 about growing and changing. Each lesson will start with us going over SRE expectations, encouraging children to ask questions and ensuring talk is respectful.

### **An outline of the areas that will be covered:**

#### **Lesson 1**

We will explore similarities and differences between us and our friends. We may have the same or different hair or clothes etc. We will then talk about how we know if a baby is male or female at birth. We will show the children pictures of clothed babies and ask why it is hard to know if they are male or female. We will finish the lesson talking about needing to see a baby's private parts on a scan or when they are born to determine whether the baby is male or female.

#### **Lesson 2**

In this lesson, we will discuss the similarities and differences between male and female animals. We will name our favourite animal and explain why. We will spot differences and similarities between a male and a female lion and peacock. We will discuss female animals feeding their young with teats and talk about the udders of a cow. We will finish the lesson describing how a mother cat looks after and feeds her kittens.

#### **Lesson 3**

In this lesson we will recap learning from previous lessons.

We will sort the body parts; feet, belly button, arms, eyes, nose, knees, head, tummy, ear, fingers, penis, vulva, testicles and nipples into biological sexes talking which sexes have which body parts when they are born and which have both.

Children will label these body parts and we will discuss treating people equally and with respect no matter what body parts they have.

We will discuss when it is appropriate to show/touch these body parts and when it is not. We will discuss why it is important to know the names of these body parts – in case we are poorly or worried about inappropriate showing or touching.

At the end of this lesson will follow on from the discussion about private parts. We will discuss with the children that there are times when we need to be private and we need to respect people's space and their bodies. We will go through the NSPCC PANTS rule with the children

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/> and remind them of the importance of this. We will discuss the importance of telling a trusted adult if anything happens that makes them uncomfortable.

Yours sincerely, Year 2 team.