

SRE Education for Year 3

As part of our Sex and Relationships Education (SRE) policy, we will soon be teaching the children in Years 3 about the differences between people, a brief outline of the changes to the body during puberty, friendships and relationships. These lessons are well-differentiated for the children's ages and are clearly set out and well-planned. Having this vocabulary enables the children to talk in a clear and unambiguous way if they ever encounter problems and we will ensure that they are taught these in a factual, sensitive manner.

An outline of the areas that will be covered:

Lesson 1

We will start this lesson by discussing the term unique and what makes each person unique. We will read the book 'It's okay to be different' by Todd Parr and identify body differences within the book. After this, we will explain that some body differences are linked to a person's biological sex and they will name all the body parts they can see in a drawing of male and female children. We will explore the similarities and differences between female and male bodies and use the agreed terminology to identify the different body parts. We will reflect on why female and male body parts are sometimes called private parts and link to this to our next lesson on unwanted touch.

Lesson 2

We will start by exploring what personal space is and how to respect someone's personal space. We will reflect on how body language helps us to understand when someone feels uncomfortable and how we can keep our own personal space. After this, we will look at unwanted touch scenarios and discuss why the behaviour is not okay and what could we do to respect the other person. Using the NSPCC PANTS cards <http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/> we will remind the children of the importance of this rule.

Lesson 3

We will start by reflecting on what the word family means and consider the following questions: What makes a family? Do families always live together? Are people always born into families? Do people always live with parents or other relatives? We will then look at a range of pictures of different families and observe the similarities and differences between the families. To finish the lesson, we will discuss who we can talk to when we need help.

Key vocabulary: stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering, adoption and relationship.

Yours sincerely,

Year 3 team