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Dear Parents/Carers of Year 3 pupils

SRE Education for Year 3

As part of our Sex and Relationships Education (SRE) policy, we will soon be teaching the children in Year 3 about the differences between male and female bodies, friendships and relationships. These lessons are well-differentiated for the children's ages and are clearly set out and well-planned. Having this vocabulary enables the children to talk in a clear and unambiguous way if they ever encounter problems and we will ensure that they are taught these in a factual, sensitive manner.

As in all other respects, this curriculum will be centred on teaching children to become confident, independent and well-rounded citizens for the future. Previous experience has shown us that, by this time in their school life, many of the children will probably have heard rumours and mis-information about these important issues. Our policy is aimed at ensuring that the children have accurate information which is age-appropriate. We thought that you would like to know all of this in advance so that you can be prepared should your child want to discuss anything with you at home at the time. These lessons will take place on

In Year 3 your child will be learning:

- The differences between male and female bodies and what makes us unique.
- To name the male and female body parts using the agreed words.
- To identify what is meant by personal space and unwanted touch. Ensuring they understand who to go to for help and support if they feel uncomfortable.
- To understand that all families are different and have different family members.
- To recognise who they can talk to when they need help in a range of different situations.
- To consider stereotypes around families.

We feel that RSHE is an extremely important part of a child's education and it forms the foundations of all that we do at The Lanes SRE is a part of this curriculum and is based on clear guidance from the Department of Education. You do have the right to withdraw your child from RSE lessons but we would really encourage you not to do so. If you do wish to withdraw your child, please let us know in writing as soon as possible.

A copy of the current school policy can be found on the school website. If you would like any more information, please contact your Year group team by email or speak to the class teacher.

Alongside the content above we will also be using resources from the NSPCC to help us talk to children about healthy relationships. There are also resources that can be used at home to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website www.nspcc.org.uk/activities.

Talking PANTS with your children

'Talk PANTS' is a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Yours sincerely,

Year 3 staff