

### **Lesson One**

Learning Intention: To consider puberty and reproduction

Learning Outcomes:

- Describe how and why the body changes during puberty in preparation for reproduction
- Talk about puberty and reproduction with confidence

### **Lesson Two**

Learning Intention: Exploring the importance of communication and respect in relationships

Learning Outcomes:

- Explain some differences between a healthy and unhealthy relationship
- Know that communication and permission seeking are important in relationships

### **Lesson Three**

Learning Intention: To consider different ways people might start a family

Learning Outcomes:

- Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy

### **Lesson Four**

Learning Intention: To explore positive and negative ways of communicating in a relationship

Learning Outcomes:

- To have considered when it is appropriate to share personal/private information in a relationship
- To know how and where to get support if an online relationship goes wrong