



Cator Lane, Chilwell, Nottingham NG9 4BB

Tel: 0115 9138558 / 9138562

Meadow Lane Site Tel: 0115 9190644

Website: www.thelanes.notts.sch.uk

Email: office@thelanes.notts.sch.uk

Head Teacher: Mrs J Revill

Deputy Heads: Mrs M Brown and Miss A Hodkin

June 2023

Dear Parents/Carers of Y6 pupils

Sex and Relationships Education

As part of our Sex and Relationships Education (SRE) Policy, we will soon be teaching the Y6 curriculum. This is an important time of year for the children as they approach significant changes, physically and emotionally. Previous experience has shown us that, by this time of year, many of the children will probably have heard rumours and mis-information (perhaps) about these important issues. Our policy is aimed at ensuring that children have accurate information which is **age-appropriate**. The main sessions will be held on **Monday 19th** , **Tuesday 20th** and **Wednesday 21st June**. We thought you would like to know in advance so that you can be prepared should your child want to discuss anything with you at home at the time.

The sessions consist of four lessons:

Lesson	Topic	Lesson Objective
One	Puberty and Reproduction	<ul style="list-style-type: none">• Describe how and why the body changes during puberty in preparation for reproduction;• Talk about puberty and reproduction with confidence.
Two	Communication in Relationships	<ul style="list-style-type: none">• Explain the difference between healthy and unhealthy relationships;• Know that communication and permission seeking are important.
Three	Families, Conception and Pregnancy	<ul style="list-style-type: none">• Describe decisions that have to be made before having children;• Know some basic facts about conception and pregnancy.
Four	Online Relationships	<ul style="list-style-type: none">• To consider when it is appropriate to share private and personal information in a relationship;• To know how and where to get support should an online relationship go wrong.

We feel that RSHE is an extremely important part of a child's education and it forms the foundations of all that we do at The Lanes. SRE is a part of this curriculum and is based on clear guidance from the Department of Education. You do have the right to withdraw your child from SRE lessons but we would really encourage you not to do so. If you do wish to withdraw your child, please let us know in writing ASAP.

A copy of the current school policy can be found on the school website. If you want any more information please contact your Year group team by email or speak to the class teacher.



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Alongside the content above we will also be using resources from the NSPCC to help us talk to children about healthy relationships. There are also resources that can be used at home to help you speak to your children about relationships.

Adapted assembly for home use

The NSPCC has also developed an adapted version of their assembly for parents/carers to use at home with their children. This can be found here: [Watch our Speak out Stay safe assembly at home | NSPCC](#). With the help of celebrities, the film focuses on how a child can get support if they have any worries or concerns

To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website www.nspcc.org.uk/activities.

Talking PANTS with your children

'Talk PANTS' is a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Yours sincerely,

Year 6 staff