



Child friendly anti bullying policy

Written by the children of The Manor School

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During anti-bullying week 2020 the children worked hard to create the following child friendly anti-bullying policy. The children found out exactly what bullying is, how we can unite against it and what they would like the school to look like. During the week we also created posters to help all pupils understand our anti-bullying policy.

What is bullying?

For something to be bullying it has to have happened Several Times On Purpose. Bullying is intentional (not an accident) and repetitive. A bully hurts someone on purpose over and over again; it isn't an incident that happens only once. Bullying can be by one person or a group of people.

What are the main types of bullying?

<p>Physical Bullying</p> 	<ul style="list-style-type: none">• Hitting• Smacking• Kicking• Punching• Or any physical contact that is harmful
<p>Verbal Bullying</p> 	<ul style="list-style-type: none">• Name calling• Threats• Offensive remarks• Insulting someone because of their religion, skin colour or back ground
<p>Indirect Bullying</p> 	<ul style="list-style-type: none">• Spreading nasty stories about someone• Gossiping and leaving someone out from social groups• Stopping someone from having a happy time at school
<p>Cyber Bullying</p> 	<ul style="list-style-type: none">• Sending nasty e-mails• Sending nasty texts• Making nasty phone calls

What we would like to see at school

As a school we felt it was important for the children to 'unite' together against bullying and we asked them what they could do to stop bullying and what they would like to see within school, this is some of the children's ideas:

- Stick together
- Be nice
- Help others
- Smile
- Use kind words
- Keep your hands to yourself
- A person is a person no matter what
- Be a buddy not a bully
- Ask for help
- Be respectful
- Share
- Take turns
- Say sorry
- Tell someone

How adults can help us

- The children also felt it was really important that the adults knew how the children wanted them to deal with bullying and the children made the following suggestions:
- We would like the adults to speak to the person who is bullying
- We know that if bullying does not stop then the children and their parents will be spoken to by the head teacher
- We would also like the parents of the bully to talk to them
- All incidents will be dealt with inline with the current behaviour policy.

Who we can turn to for help

All children agreed that we can turn to the following people for help if they felt they were being bullied or they thought someone else was being bullied:

- Your adult
- Teachers
- TA's
- Head Teacher
- Dinner ladies
- Your parents
- Your friends
- Child minder
- Trusted adult
- Family members

Useful websites and information

- **Anti-bullying Alliance (ABA)** - www.anti-bullying.org Brings together more than 65 organisations with the aim of reducing bullying and creating safer environments in which children and young people can live, grow, play and learn.
- **Beatbullying** – www.beatbullying.org.uk Beatbullying is the leading bullying prevention charity in the UK and provides anti-bullying resources, information, advice and support for young people, parents and professionals affected by bullying.
- **Childnet International** – www.childnet-int.org Childnet International - The UK's safer internet centre
- **Childline** – www.childline.org.uk Childline provides useful information and support for children who affected by bullying. Children can ring their free phone number 0800 11 11 and speak to a counsellor.

Posters created by the children

