

Sub strand/core language	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Being me	Kind Gentle Friend Similar Different Rights Responsibilities Feelings Angry Happy Excited Nervous Sharing Taking turns	Safe Special Calm Belonging Special Rights Responsibilities Learning charter Jigsaw charter Rewards Proud Consequences Upset Disappointed illustration	Worries Hopes Fears Actions Praise Rights Responsibilities Learning charter Responsible Rewards Consequence Positive Negative Choices Co-operate Problem solving	Welcome Valued Achievements Proud Pleased Rights Responsibilities Learning charter Feelings Rewards Consequences Emotions Affirm Choices Co-operate Nightmare Fears Worries Solution Support Acknowledge Dream Behaviour Actions Fairness Group dynamics Team work View point Ideal school Belong	Welcome Valued Included Excluded Team Rights Responsibility Learning charter Consequence Reward Democracy Democratic Authority Decisions Contribution Observer UNCRC – UN Convention on rights of a child Roles School-community Charter Job description	Welcome Value Goals Worries Collaboration Rights Responsibilities Learning charter Consequences Rewards Democracy Choice Ghana Decision Choices Community Education Fears Wants Needs Maslow Empathy Comparison Opportunities Education Behaviour Empathise Obstacles Cooperation Legal Illegal	Challenge Attitude Goal Actions Collaboration Rights Responsibilities Citizen Consequences Views Democracy Choices Opinion Collective decision UNCRC – UN Convention on rights of a child Roles

						Lawful Participation Motivation Proud West Africa Cocoa plantation Cocoa pods Machete	
Celebrating differences	Different Special Kind Friend Same Similar Happy Sad Frightened Angry Family	Different from Special Difference Unique Same as Similarity Bullying Bullying behaviour Deliberate On purpose Unfair Bullied Celebrations	Assumptions Special Differences Unique Boys Girls Shield Stereotypes Bully Kind Purpose Unkind Feelings Sad Lonely Help Stand up for Male Female Diversity Fairness Kindness Friends Value	Family Loving Difference Unique Caring Safe Connected Special Bullying Conflict Solve it together Unkind Solutions Resolve Witness Bystander Gay Feelings Consequences Hurtful Compliment	Character Assumption Different Unique Judgement Surprised Appearance Special Cyber bullying Bully Influence Deliberate On purpose Opinion Witness Attitude Bullying Friend Secret Problem solve Text message Website Accept Troll Physical features	Culture Conflict Difference Similarity Belong Culture wheel Presentation Racism Colour Bullying Race Discrimination Ribbon Rumour Name calling Racist Homophobic Cyber bullying Texting Problem solving Indirect Direct Happiness Developing world	Normal Ability Visual impairment Empathy Perception Medication Vision Blind Male Female Diversity Transgender Gender diversity Courage Fairness Rights Responsibilities Power Struggle Imbalance Harassment Bullying behaviour Direct

					Impression Changed	Celebration Artefacts Display	Indirect Argument Recipient Para-Olympian Achievement Accolade Perseverance Sport Admiration Stamina Celebration Conflict
Dreams and goals	Dream Goal Challenge Job Ambition Perseverance Achievement Happy Kind Encourage	Proud Goal Challenge Success Treasure Coins Achievement Learning Stepping-stones Process Working together Team-work Celebrate Learning Stretchy Feelings Obstacle Overcome Achieve Dreams	Proud Goal Challenge Success Celebrate Strength Achievement Learning together Persevere Difficult Easy Team-work Partner Product Realistic	Perseverance Challenges Success Obstacles Dreams Goals Ambitions Future Aspirations Garden Decorate Team work Enterprise Design Cooperation Product Strengths Motivated Enthusiastic Excited Efficient	Perseverance Dream Hope Goal Determination Resilience Positive attitude Disappointment Fears Hurts Positive experiences Plans Cope Help Self belief Motivation Commitment Enterprise Design Cooperation	Dream Hope Goal Feeling Achievement Money Grown up Adult Lifestyle Job Career Profession Salary Contribution Society Determination Perseverance Motivation Aspiration Culture Country	Dream Hope Goal Learning Strengths Achievement Personal Realistic Unrealistic Feeling Success Criteria Learning steps Money Global issue Suffering Concern Hardship Sponsorship Empathy Motivation

				Responsible Frustration Solve it together Solutions Review learning Celebrate Evaluate	Success Celebrate Evaluate	Sponsorship Communication Support Rallying Team work Cooperation Difference	Admire Respect Praise Compliment Contribution Recognition
Healthy me	Healthy Exercise Head Shoulders Knees Toes Sleep Wash Clean Stranger Scared Trust	Healthy Unhealthy Balances Exercise Sleep Choices Clean Body parts Keeping clean Toiletry items Hygienic Safe Medicines Trust Safe Safety Green cross code Eyes Ears Look Listen Wait	Healthy choices Lifestyle Motivation Relax Relaxation Tense Calm Healthy Unhealthy Dangerous Medicines Safe Body Balanced diet Portion Proportion Energy Fuel Nutritious	Oxygen Energy Calories Kilojoules Heartbeat Lungs Heart Fitness Labels Sugar Fat Saturated fat Healthy Drugs Attitude Safe Anxious Strategy Advice Harmful Risk Feelings Complex Appreciate Body	Friendship Emotions Healthy Relationships Friendship groups Value Roles Leader Follower Assertive Agree Disagree Smoking Pressure Peers Guilt Advice Alcohol Liver Disease Anxiety Believe Assertive Opinion	Choices Healthy behaviour Unhealthy behaviour Informed decision Pressure Media Influence Emergency Procedure Recovery position Calm Level headed Body image Media Social media Celebrity Altered Self-respect Comparison Eating problem Eating disorder	Responsibility Choice Immunisation Prevention Drugs Effects Motivation Prescribed Unrestricted Over-the- counter Restricted Illegal Volatile substances Legal highs Exploited Vulnerable Criminal Gangs Pressure Strategies Reputation Anti-social behaviour

				Choice	Right Wrong	Respect Debate Opinion Fact Motivation	Crime Mental health Emotional health Mental illness Symptoms Stress Triggers Strategies Managing stress Pressure
Relationships	Family Jobs Relationship Friend Lonely Argue Fall-out Words Feelings Angry Upset Calm me Breathing	Family Belong Same Different Friends Friendship Qualities Caring Sharing Kind Greeting Touch Feel Texture Like Dislike Help Helpful Community Feelings Confidence Praise	Family Different Similarities Special Relationship Important Cooperative Touch Physical contact Communication Hugs Like Dislike Acceptable Not acceptable Friends Conflict Point of view Positive problem solving Secret Surprise	Men Women Unisex Female Stereotype Career Job Role Responsibilities Respect Difference Similarities Conflict Win-win Solution Solve it together Problem solve Internet Social media Online Risky Gaming	Relationship Close Jealousy Problem solve Emotions Positive Negative Loss Shock Disbelief Numb Denial Anger Guilt Sadness Pain Despair Hope Souvenir Memento Memorial Acceptance	Personal attributes Qualities Characteristics Self esteem Unique Comparison Negative self talk Social media Online Community Risky Positive Negative Safe Unsafe Rights Responsibilities Social network Gaming Violence	Mental health Ashamed Stigma Anxiety Support Worried Signs Warning Self harm Emotions Feelings Sadness Loss Greif Denial despair Guilt Shock Hopelessness Anger Acceptance Bereavement

		Skills Self-belief Incredible Proud Celebrate Relationships Special Appreciate	Good secret Worry secret Telling Adult Trust Happy Sad Frightened Trustworthy Honesty Reliability Compliments Celebrate Appreciate	Safe Unsafe Private messaging Direct messaging Global Communication Fair trade Inequality Food journey Climate Transport Exploitation Rights Needs Wants Justice United Nations Equality Deprivation Hardship Appreciation Gratitude Celebrate	Relief Remember Negotiate Compromise Trust Loyal Empathy Betrayal Amicable Appreciation Love	Grooming Troll Gambling Betting Trustworthy Appropriate Screen time Physical health Mental health Offline Social Peer pressure Influences Personal information Passwords Privacy Settings Profile SMARRT rules	Coping strategies Power Control Authority Bullying Script Assertive Risk Pressure Influences Self control Real Fake True Untrue Assertiveness Judgement Communication Technology Power Cyber bullying Abuse Safety
Changing me	Eye Foot Eyebrow Forehead Ear Mouth	Changes Life cycles Baby Adult Adulthood Grown-up	Change Grow Control Life cycle Baby Adult	Changes Birth Animals Babies Mother Growing up	Personal Unique Characteristics Parents Sperm Egg	Body-image Self- image Characteristics Looks Personality Perception	Body-image, Self-image, Characteristics, Looks, Personality, Perception, Self-

Arm	Mature	Fully grown	Baby	Ovum	Self-esteem	esteem,
Leg	Male	Growing up	Grow	Penis	Affirmation	Affirmation,
Chest	Female	Old	Uterus	Testicles	Comparison	Comparison,
Knee	Vagina	Young	Womb	Vagina	Uterus	negative body-
Nose	Penis	Change	Nutrients	Vulva	Womb	talk, mental
Tongue	Testicles	Respect	Survive	Womb	Oestrogen	health, Uterus,
Finger	Vulva	Appearance	Love	Uterus	Fallopian Tube	Womb,
Toe	Anus	Physical	Affection	Ovaries	Cervix	Oestrogen,
Stomach	Learn	Baby	Care	Making love	Develops	Fallopian Tube,
Hand	New	Toddler	Puberty	Having sex	Puberty	Cervix,
Baby	Grow	Child	Control	Sexual	Breasts	Develops,
Grown-up	Feelings	Teenager	Male	intercourse	Vagina	Puberty, Breasts,
Adult	Anxious	Independent	Female	Fertilise	Vulva	Vagina, Vulva,
Change	Worried	Timeline	Testicles	Conception	Hips	Hips, Penis,
Worry	Excited	Freedom	Sperm	Puberty	Penis	Testicles,
Excited	Coping	Responsibilities	Penis	Menstruation	Testicles	Adam's Apple,
Memories		Male	Ovaries	Periods	Adam's Apple	Scrotum,
		Female	Egg	Circle	Scrotum	Genitals, Hair,
		Vagina	Ovum/ova	Seasons	Genitals	Broader, Wider,
		Penis	Womb	Change	Hair	Sperm, Semen,
		Testicles	Uterus	Control	Broader	Erection,
		Vulva	Vagina	Emotions	Wider	Ejaculation,
		Anus	Stereotypes	Acceptance	Sperm	Urethra, Wet
		Public	Task	Looking forward	Semen	dream, Growth
		Private	Roles	Excited	Erection	spurt, Larynx,
		Touch	Challenge	Nervous	Ejaculation	Facial hair, Pubic
		Texture	Looking forward	Anxious	Urethra	hair, Hormones,
		Cuddle	Nervous	Happy	Wet dream	Scrotum,
		Hug	Anxious		Growth spurt	Testosterone,
		Squeeze	Happy		Larynx	Circumcised,
		Like			Facial hair	Uncircumcised,
		Dislike			Pubic hair,	Foreskin,
		Acceptable			Hormones,	Epididymis,

			<p>Unacceptable Comfortable Uncomfortable Looking forward Excited Nervous Anxious Happy</p>			<p>Scrotum, Testosterone, Circumcised, Uncircumcised, Foreskin, Epididymis, Ovaries, Egg (Ovum), Period, Fertilised, Unfertilised, Conception, Having sex, Sexual intercourse, Making love, Embryo, Umbilical cord, IVF, Foetus, Contraception, Pregnancy, Menstruation, Sanitary products, Tampon, Pad, Towel, Liner, Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights</p>	<p>Ovaries, Egg (Ovum), Period, Fertilised, Unfertilised, Conception, Having sex, Sexual intercourse, Making love, Embryo, Umbilical cord, IVF, Foetus, Contraception, Pregnancy, midwife, labour, Menstruation, Sanitary products, Tampon, Pad, Towel, Liner, Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights, opportunities, freedoms, responsibilities, attraction, relationship, love, sexting,</p>
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							transition, secondary, looking forward, journey, worries, anxiety, excitement .
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