

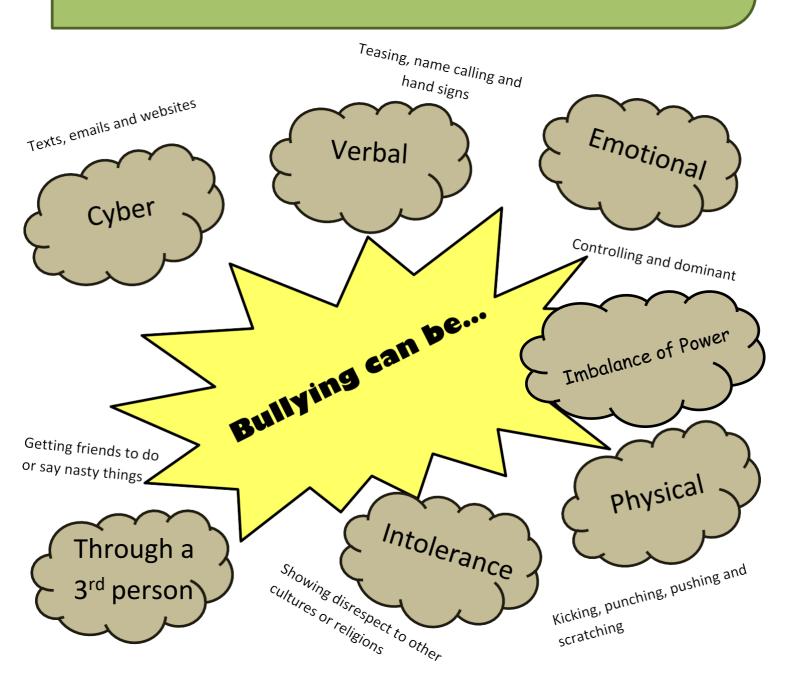


## The Meadows

Primary School

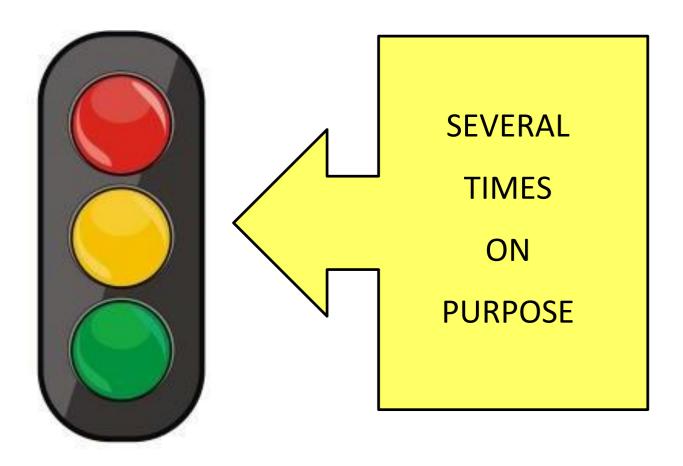
### What is bullying?

At The Meadows Primary School, a bully is someone who hurts someone **more than once**, by using behaviour which is mean to hurt, frighten or upset another person.





#### When is it bullying?



#### What we do in school to help

We take bullying seriously and we find a way to make it **STOP**. We want you to feel safe and happy in school.



### What should I do if I am being bullied?

Use eye contact and tell them to go away.

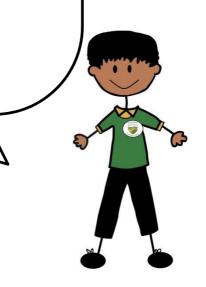
Ignore them.

Walk away

Act as though you don't care what they say or do.

Remember, it is NOT YOUR fault.

Tell an adult!





# What should I do if I see someone else being bullied?



Don't walk away and ignore the bullying.



Let the bully know what is happening.

Tell the bully to S.T.O.P. if it is safe to do so.



Don't stay silent or the bullying will keep happening.



## Together we can STOP bullying!

- 1. We will work together to **STOP** bullying.
- 2. We want our school to make everyone feel safe and happy.
- 3. To deal with bullying in our school we will help everyone to get on well together, to respect and understand each other and to believe that everyone has a right to be who they are.