



# The Meadows

Primary School

**‘Learning by Caring and Sharing’**

## Intimate Care Policy



This policy represents the agreed principles for intimate care throughout the school. This policy has been agreed by all staff and governors within the school.

## **Introduction**

The purpose of this policy is:

- To safeguard the rights and promote the best interests of the children
- To ensure children are treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one
- To safeguard adults required to operate in sensitive situations
- To raise awareness and provide a clear procedure for intimate care
- To inform parents/carers in how intimate care is administered
- To ensure parents/carers are consulted in the intimate of care of their children

## **Principles**

It is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem. Parents and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the young persons' right to privacy and dignity is maintained at all times.

## **Definition**

Intimate care is one of the following:

- Supporting a pupil with dressing/undressing
- Providing comfort or support for a distressed pupil
- Assisting a pupil requiring medical care, who is not able to carry this out unaided
- Cleaning a pupil who has soiled him/herself, has vomited or feels unwell
- Assisting a child who has soiled herself due to menstruation

Supporting dressing/undressing  
Sometimes it will be necessary for staff to aid a child in getting dressed or undressed particularly in Early Years. Staff will always encourage children to attempt undressing and dressing unaided, and we encourage parents to practise with their children at home.

Supporting dressing/undressing

Sometimes it will be necessary for staff to aid a child in getting dressed or undressed particularly in Early Years. Staff will always encourage children to attempt undressing and dressing unaided, and we encourage parents to practise with their children at home.

## **Providing comfort or support**

Children may seek physical comfort from staff (particularly children in Early Years). Where children require physical support, staff need to be aware that physical contact must be kept to a minimum and be child initiated. When comforting a child or giving reassurance, the member of staff's hands should always be seen and a child should not be positioned close to a member of staff's body which could be regarded as intimate. If physical contact is deemed to be appropriate staff must provide care which is suitable to the age, gender and situation of the

child. If a child touches a member of staff in a way that makes him/her feel uncomfortable this can be gently but firmly discouraged in a way which communicates that the touch, rather than the child, is unacceptable.

## **Medical procedures**

These are administered in line with the school's policy for the administration of medicines.

## **Wetting and Soiling**

Parental consent for intimate care for soiling is assumed, following admission to the school.

- If a parent withdraws their consent, the school will contact the parents or other emergency contact giving specific details about the necessity for cleaning the child.
- If a parent/carer or emergency contact cannot attend, the school seeks to gain verbal consent from parents/carers for staff to clean and change the child. This permission will be sought on each occasion that the child soils him or herself.
- If the parents and emergency contacts cannot be contacted the Head Teacher will be consulted.
- If put in an impossible situation where the child is at risk, staff will act appropriately and may need to come into some level of physical contact in order to aid the child. When touching a child, staff should always be aware of the possibility of invading a child's privacy and will respect the child's wishes and feelings.
- If a child needs to be cleaned, staff will make sure that:
  - Protective gloves are worn
  - Protective aprons are worn
  - The procedure is discussed in a friendly and reassuring way with the child throughout the process
  - The child is encouraged to care for him/herself as far as possible
  - Physical contact is kept to the minimum possible to carry out the necessary cleaning
  - Privacy is given appropriate to the child's age and the situation and as far as possible given the building restraints
  - All spills of vomit, blood or excrement are wiped up and disposed of in a yellow reinforced bag.
  - Any soiling that can be, is flushed down the toilet
  - Soiled clothing is put in a plastic bag, unwashed, and sent home with the child

## **Hygiene**

All staff must be familiar with normal precautions for avoiding infection, must follow basic hygiene procedures and have access to protective, disposable gloves and aprons. Protection for staff Members of staff need to have regard to the danger of allegations being made against them and take precautions to avoid this risk.

These should include:

- Gaining a verbal agreement from another member of staff that the action being taken is necessary
- Allow the child a choice in the sequence of care
- Be aware of and responsive to the child's reactions

## Safeguards for children

There is an obligation on local authorities to ensure that staff who have substantial, unsupervised access to children undergo police checks. All staff at The Meadows Primary School are DBS checked on application and cannot undertake tasks within school until all checks are completed satisfactorily. The DBS's aim is to help organisations in the public, private and voluntary sectors by identifying candidates who may be unsuitable to work with children or other vulnerable members of society. Personal and professional references are also required and unsuitable candidates are not permitted to work within the school. All those working with children should be closely supervised throughout a probationary period and should only be allowed unsupervised access to children once this has been completed to their supervisor's satisfaction. It is not appropriate for volunteers to carry out intimate care procedures. Students should only do so under the supervision of a trained member of staff, following consultation with the student's college supervisors. (Please see Adult Volunteers Policy for further information).

## Equality Impact Assessment

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation. This policy has been equality impact Intimate Care Policy November 2016 Review date November 2019 assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

Reviewed	July 2023
Document Owner	E. Kuffour
Approved By	G. Taylor
Review Period	3 years





# Shaw Education Trust

Shaw Education Trust Head Office,  
Kidsgrove Secondary School,  
Gloucester Road,  
Kidsgrove,  
ST7 4DL

Twitter	@ShawEduTrust
LinkedIn	@ShawEducationTrust
Call	01782 948259
Email	info@shaw-education.org.uk
Visit	shaw-education.org.uk

**Pupil &  
people  
centred**

**Act with  
integrity**

**Be  
innovative**

**Be best  
in class**

**Be  
accountable**