

The Meadows Sixth Form Long Term Plan 24-27

SIXTH FORM LONG TERM PLAN OVERVIEW –Braided - SEMI FORMAL 2024-25

	My Thinking	My Communication	My Body	My Independence	MY Lifestyle		
Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop Independence.							
Year 1 2024 – 2025 Autumn 24	LSC- Sensory Cooking / Cooking using different methods/ Cooking on a budget WTE 1- E1	LSC-Using questioning to gather information/To know how to present information WTE 1- E1	LSC Experiencing/participating in Games WTE 1- E1	LSC – Planning and Running and enterprise WTE 1- E1	Relationships Managing personal feelings and asking for help	Living in the Wider World Preparing for adulthood including wants and needs	Health and Wellbeing Managing friendships and peer influence
Spring 25	LSC- In my Community/Money Management WTE 1- E1	LSC – Respond and engage/Participate and respond with literacy activities /Develop Functional literacy WTE 1- E1	LSC- Exploring hobbies / Hobbies WTE 1- E1	LSC- Cooking with our senses/ safe cooking development WTE 1- E1 LSC- Co- operating with others WTE 1- E1	Relationships Understanding peer influence	Living in the Wider World Keeping safe in different environments and different situations	Health and Wellbeing Different elements of a healthy lifestyle
Summer 25	LSC- Sensory gardening/Participate in Gardening activities WTE 1- E1	LSC- Group Nature Project WTE 1- E1	LSC- Experiencing and developing Health and Hygiene WTE 1- E1	LSC- Work Experience WTE 1- E1	Relationships Forming and maintaining respectful relationships	Living in the Wider World How information is stored shared used.	Health and Wellbeing Healthy/ unhealthy relationship behaviours
Accreditation across the year (PSD ONLY)	PSD- Managing Own Money E1		PSD- Making the most of Leisure E1	PSD - Safety in the home and Community E1			

For Identified Semi Formal Students					
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SIXTH FORM LONG TERM PLAN OVERVIEW –SEMI FORMAL 2025-26

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Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop independence.							
Year 2 2025-2026 Autumn 2025	LSC- Using Money WTE 1- E1	LSC- Communicating in a group Optional (LSC) Technology in the home and com. WTE 1- E1	LSC- Participating in different leisure activities WTE 1- E1	LSC- Mini Enterprise units WTE 1- E1	Relationships Managing change and loss including bereavement	Living in the Wider World Different jobs and skills Setting long term personal goals	Health and Wellbeing Recognising Prejudice and discrimination
Spring 2026	LSC- Exploring changes / Science Investigation WTE 1- E1	LSC- Developing communication Skills WTE 1- E1	LSC- Taking Sport in the Community WTE 1- E1	LSC- Going shopping WTE 1- E1	Relationships Bullying abuse and discrimination	Living in the Wider World Physical contact and feeling safe	Health and Wellbeing Mental and physical health and prevention
Summer 2026	LSC- Organisation of Time WTE 1- E1	LSC- Functional Skills Public Transport and Leisure facilities WTE 1- E1	LSC – Yoga and Therapy WTE 1- E1	MTP- Understanding Work	Relationships Romantic feelings and sexual attraction	Living in the Wider World Online gambling	Health and Wellbeing Intimate relationships, consent and contraception and STIs
Accreditation across the year (PSD ONLY) For Identified Semi Formal Students	PSD- Environmental Awareness Entry 1		PSD - Healthy Living Entry 1	PSD- - Using technology in the home and community Entry 1			

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Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop independence.							
Year 3 2026-2027 Autumn 26	LSC- Cooking for Myself WTE 1- E1	LSC-Sensory Story/ PSHE Through Literature WTE 1- E1	LSC Health and Fitness and Sport Activities WTE 1- E1	LSC- Follow Workplace instruction WTE 1- E1	Relationships Understanding pressure	Living in the Wider World Managing finances including gambling	Health and Wellbeing Harassment, bullying and where to find help
Spring 27	LSC- DFS Shopping WTE 1- E1	LSC- Group activity / Listening and Responding WTE 1- E1	LSC – Using a Community Fitness Trail WTE 1- E1	LSC- Doing own Laundry WTE 1- E1	Relationships Social influence	Living in the Wider World Expectations of relationships Abuse	Health and Wellbeing What affects mental health and ways to take care of it
Summer 27	LSC- DFS Horticulture WTE 1- E1	LSC –Personal Planning - Target Setting WTE 1- E1	LSC- Join a Breakfast Club WTE 1- E1	LSC- Work Experience WTE 1- E1	Relationships Safe relationships including sexual health	Living in the Wider World Harmful behaviours online/ reporting	Health and Wellbeing Long term relationships and parenthood
Accreditation across the year (PSD ONLY) For Identified Semi Formal Students			PSD- Community Action (Raising money) E1	PSD- Preparation for work E1			

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SIXTH FORM LONG TERM PLAN OVERVIEW - FORMAL 2024-25

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Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop Independence.							
Year 1 2024 – 2025 Autumn 24	LSC- Cooking on a Budget Entry 2-3 Level 1 Cooking on a Budget	LSC- Communicating and Using Information Entry 2-3 Level 1 – Research and Present Information	LSC Ball Games / Introduction to sport Entry 2-3 Level 1 – Sports Leadership	LSC – Planning and Running and enterprise Entry 2-3 Level 1 Design and Make a Product	Relationships Managing personal feelings and asking for help	Living in the Wider World Preparing for adulthood including wants and needs	Health and Wellbeing Managing friendships and peer influence
Spring 25	LSC- Money Management Entry 2-3 Level 1- Money Management	LSC- Functional Literacy skills Self and others Entry 2-3 Level 1- Speaking to others	LSC – Going Places Entry 2-3 Level 1- Performing and Visual Arts	LSC- Co-operating with others Entry 2-3 Level 1 Communicating with others at work.	Relationships Understanding peer influence	Living in the Wider World Keeping safe in different environments and different situations	Health and Wellbeing Different elements of a healthy lifestyle
Summer 25	LSC- Gardening activities Entry 2-3 Level 1 - Participate in Gardening	LSC- Group Nature Project Entry 2-3 Level 1- Explore the Environment	LSC- Health and Hygiene Entry 2-3 Level 1- Strategies to support Mental Health	LSC- Work Experience Entry 2-3 Level 1 Work Experience	Relationships Forming and maintaining respectful relationships	Living in the Wider World How information is stored shared used.	Health and Wellbeing Healthy/ unhealthy relationship behaviours
Accreditation across the year (PSD ONLY) For Identified Students	PSD- Managing Own Money Entry 2-3 Level 1		PSD- Making the most of Leisure Entry 2-3 Level 1	PSD - Safety in the home and Community Entry 2-3 Level 1			

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Everyday Lifeskills inc. Travel Training Embedded across Curriculum to develop independence.							
Year 2 2025-2026 Autumn 2025	LSC- Using Money Entry 2-3 Level 1 Using Money	LSC- Communicating in a group / Speaking to be Understood Entry 2 -3 Level 1 Personal Centered Planning	LSC- Participating in different leisure activities Entry 2-3 Level 1- Benefits of Sport	LSC- Mini Enterprise units Entry 2-3	Relationships Managing change and loss including bereavement	Living in the Wider World Different jobs and skills Setting long term personal goals	Health and Wellbeing Recognising Prejudice and discrimination
Spring 2026	LSC- Exploring changes / Science Investigation Entry 2-3 Level 1 Carrying out Scientific experiments	LSC- Developing communication Skills Entry 2-3 Level 1 – Social Skills	LSC- Taking Sport in the Community Entry 2-3 Level 1 - TA	LSC- Going shopping Entry 2-3 Level 1- Weekly Shopping	Relationships Bullying abuse and discrimination	Living in the Wider World Physical contact and feeling safe	Health and Wellbeing Mental and physical health and prevention
Summer 2026	LSC- Organisation of Time Entry 2-3 Level 1 – Working with Probability	LSC- Functional Skills Public Transport and Leisure facilities Entry 2-3 Level 1 S1 – Road Safety Level 1 S2- Reading maps	LSC – Yoga and Therapy Entry 2-3 Level 1 - TA	LSC – Cleaning own home Level 1- Household health, safety and security	Relationships Romantic feelings and sexual attraction	Living in the Wider World Online gambling	Health and Wellbeing Intimate relationships, consent and contraception and STIs
Accreditation across the year	PSD- Environmental Awareness Entry 2-3 and Level 1		PSD - Healthy Living Entry 2-3 and Level 1	PSD- tech in the home Entry 2-3 and Level 1 LSC- Household Security			

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Year 3 2026-2027 Autumn 26	LSC- Cooking for Myself Entry 2-3	PSD- Rights and Responsibilities Entry 2-3	LSC Health and Fitness and Sport Activities Entry 2-3	PSD- Working together in a group Entry 2-3	Relationships Understanding pressure	Living in the Wider World Managing finances including gambling	Health and Wellbeing Harassment, bullying and where to find help
Spring 27	LSC- DFS Shopping Entry 2-3	LSC- Listening and Responding Entry 2-3	LSC – Using a Community Fitness Trail Entry 2-3	LSC- Doing own Laundry Entry 2-3	Relationships Social influence	Living in the Wider World Expectations of relationships Abuse	Health and Wellbeing What affects mental health and ways to take care of it
Summer 27	LSC- DFS Horticulture Entry 2-3	LSC –Personal Planning - Target Setting Entry 2-3	LSC- Join a Breakfast Club Entry 2-3	LSC- Work Experience Entry 2-3	Relationships Safe relationships including sexual health	Living in the Wider World Harmful behaviours online/ reporting	Health and Wellbeing Long term relationships and parenthood
Accreditation across the year (PSD ONLY) For Identified Students		PSD- Developing Self Entry 2-3	PSD- Community Action (Raising money) Entry 2-3	PSD- Preparation for work Entry 2-3 PSD- Working together in a group Entry 2-3			