



Online Safety Update – November 2022

- Dear Parents and Carers,
- As the nights are well and truly drawing in, it can mean that we spend more time online. This is a perfect opportunity to talk to your child about some good safety rules for when they're using the internet.
- As children with SEND can sometimes be more 'black and white' in their thinking, it's best to keep these rules simple and easy to follow.
- You may find the following link useful to look through with your child:
- [Digiduck: An educational, e-safety story app for 3-7 years | Internet Matters](#)
- The Safety rules used by the Duck family are as follows:



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The Safety rules used by the Duck family are as follows:

1. “Always use the internet where Mummy and Daddy Duck can see me. E.g., in the family room, or in my bedroom with the door open.”
2. “Only play games, or use websites, that my parents, or teachers, have said are okay - e.g., the Family Farmyard website.”
3. “Ask before doing something new online – e.g. watching a video, or playing a new game.”
4. “Only talk to people online that I have already met face-to-face.”
5. “Tell an adult straight away if anything worries or upsets me.”

These are all good ideas or you could adapt the rules to suit your family.