

Joess wicks Work out

<https://www.youtube.com/user/thebodycoach1>

Maths Cognition and learning

<https://uk.ixl.com/math/reception>

Count to 3,5 and 10

Count objects, dots and represent numbers, you can also use the number cards below to help

https://content.twinkl.co.uk/resource/19/c4/t-n-2453-number-cards-010-_ver_4.pdf?_token_=exp=1585313124~acl=%2Fresource%2F19%2Fc4%2Ft-n-2453-number-cards-010-_ver_4.pdf%2A~hmac=838d24218eb8498ee8d1065bb7981c880eea62dd8eb7b938a17d536929ba3a86

Communication

https://content.twinkl.co.uk/resource/e2/1e/t-s-891-what-am-i-food-themed-guessing-game-cards_ver_2.pdf?_token_=exp=1585315961~acl=%2Fresource%2Fe2%2F1e%2Ft-s-891-what-am-i-food-themed-guessing-game-cards_ver_2.pdf%2A~hmac=0abd7e2a171b893957dee855a848ebae9f8f5c9e55f9fd41ef7cfb9e1dc8c61e

‘What am I?’ food themed guessing game cards

To be able to guess what food parents are talking about, you can cut the images out for non-verbal and get them to choose between 2 or 3.

Play dough fun

Make a family member, animal, insect or shapes out of play dough.

Relax time yoga

<https://www.youtube.com/watch?v=laDRCHhSTxM>

Sensory stories

https://www.youtube.com/watch?v=9U9y35kWBvM&list=PL_kGjniNoJ9tBjSXxiiyKrWVg_uH6iFnE2

Find the dangers in the kitchen



Dangers in the kitchen.ipdoc

<https://www.twinkl.co.uk/resource/cfe-h-011-dangers-in-the-kitchen-activity-sheet>

Indoor hunt



Indoor Scavenger
Hunt.docx
