

Balanced and nutritious, freshly prepared school meals

30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021 03/01/2022 24/01/2022 14/02/2022 14/03/2022 04/04/2022 09/05/2022 06/06/2022 27/06/2022 18/07/2022	Week 1	MONDAY Fish Fillet Mac 'n' Cheese (v) Vegetable Tikka Masala with rice (v) Herby diced potatoes, crusty bread, broccoli, baked beans Oaty syrup cookie & cream	TUESDAY Sausages Vegan Mince Cottage Pie (v) Pasta Neapolitan (v) Garlic bread, mashed potato, wedges, carrots, green beans Ice-cream	WEDNESDAY Roast Chicken & gravy Vegetable & Lentil Pasta Bolognese (v) Vegan Sausage (v) Crusty bread, roast potatoes, mashed potato, selection of seasonal vegetables Blueberry & Apple muffin & custard	THURSDAY Mediterranean Chicken Five Bean Chilli (v) Quorn Pasta Bake (v) Rice, oven baked wedges, crusty bread, farmhouse vegetables Apple crumble & custard	FRIDAY Beef Pie with gravy Jacket Potato with Cheese (v) Pizza (v)(with a selection of toppings) Chips, mashed potato, peas, baked beans Fruity Friday – selection of fruit desserts to include fruit platter & jelly sundae
06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021 10/01/2022 31/01/2022 28/02/2022 21/03/2022 25/04/2022 16/05/2022 13/06/2022 04/07/2022	Week 2	MONDAY Fish Fingers Vegan Sausage (v) Potato & Leek Frittata (v) Crusty bread, mashed potato, peas, baked beans Flapjack selection & cream	TUESDAY Chicken Tikka Masala Cauliflower & Potato Curry (v) Cheese & Tomato Pinwheel (v) Rice, diced potatoes, broccoli, carrots Syrup sponge & custard	WEDNESDAY Roast Beef, Yorkshire Pudding & gravy Vegetable Hotpot (v) Veggie Sausage & Yorkshire Pudding (v) Roast potatoes, mashed potato, selection of seasonal vegetables Jelly sundae	THURSDAY Italian Pasta Bake Quorn Fajitas (v) Veggie Fingers (v) Garlic bread, oven baked wedges, farmhouse vegetables Chocolate fudge cake	FRIDAY Chilli con Carne with Nachos Fishless Vegan Fingers (v) Pizza (with a selection of toppings) Chips, rice, green beans Fruit Friday – selection of fruit desserts, Angel Delight
13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021 17/01/2022 07/02/2022 07/03/2022 28/03/2022 02/05/2022 23/05/2022 20/06/2022 11/07/2022	Week 3	MONDAY Fish Fingers Cheesy Omelette (v) Vegetable Chilli with Nachos (v) Diced potatoes, rice, peas, baked beans Angel Delight	TUESDAY Meatballs in Tomato Sauce with Pasta Vegetable Tagine (v) Quorn Dippers with ketchup Oven baked wedges, garlic bread, cauliflower & carrots Marble sponge & custard	WEDNESDAY Roast Chicken with Stuffing & gravy Jacket Potato & Tuna Quorn Potato Pie (v) Roast Potatoes, mashed potato, selection of seasonal vegetables Selection of cookies & cream	THURSDAY Chicken Korma with Naan bread Sweet & Sour Quorn (v) Vegetarian Lasagne (v) Wedges, mashed potato, rice, broccoli & carrots Chocolate sponge and chocolate sauce	FRIDAY Lasagne Fish Fillet with ketchup Pizza (with a selection of toppings) Chips, garlic bread, peas, baked beans Fruity Friday – selection of fruit desserts