

Teen Autism Confident

autism
west midlands



Black Country
Mental Health, Learning
Disabilities and Autism
Learning Disabilities and Autism Partnership

Meet other
autistic teens

Understand
more about
autism

Help with
anxiety, social
and sensory

Black

Country

Coming to your local area in spring 2023, our programme comprises of a one to one session with an autism specialist at the beginning and end, followed by six weekly group sessions held in a relaxed autism friendly environment.

Applications are welcome from all areas of the Black Country.
Dates will be set once applications are received.

For further information please call or email Amanda:
blackcountry@autismwestmidlands.org.uk or 07881 109 496



Black Country
Mental Health, Learning
Disabilities and Autism
Learning Disabilities and Autism Partnership

If your autistic teen (13-18 years) is interested in participating in the programme and lives in the Black Country, please contact Amanda above.