

Independence Overview - KS3

Embedded Independence skills

<u>(Independence) Travel Training</u>	<u>(Self Care) Life skill's</u>	<u>Life skills Food and drink Preparation</u>	<u>Work (Careers)</u>
Transitions- Bus, Classroom and Teaching area.	Dressing and Undressing	Snack Preparation	Managing personal Belongings
Transition across school grounds.	Handwashing	Use non Electrical Equipment	Class Jobs
Public Travel	Positive Choices	Use Electrical Equipment	Internal work experience

3 Year Rolling Plan

	<u>Topic</u>	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<u>Year 1</u> <u>24-25</u>	<u>Travel Training</u>	<u>Onsite Travel Training</u> <u>Focus-</u> Independent Travel	<u>Offsite Travel Training</u> <u>Focus-</u> Independent Travel	<u>Educational Visits</u> <u>Focus-</u> Safety
	<u>Food Preparation</u>	<u>Food Preparation</u> <u>Focus</u> Knife skills- Cutting, chopping	<u>Drink Preparation</u> <u>Focus</u> Using equipment to make drinks and snacks	<u>Food Preparation</u> <u>Focus:</u> Contributing to a Small meal
	<u>Shopping</u>		<u>Shopping</u> <u>Focus-</u> Shopping in different Settings	<u>Shopping</u> <u>Focus-</u> Locate Items Money Exchange
	<u>Work and Enterprise</u>	<u>Enterprise</u> <u>Focus –</u> Make a product	<u>Vocational Profile -Exploring Work</u>	
<u>Year 2</u> <u>25-26</u>	<u>Travel Training</u>	<u>Onsite Travel Training</u> <u>Focus-</u> Land marking	<u>Offsite Travel Training</u> <u>Focus-</u> Land marking	<u>Educational Visits</u> <u>Focus-</u> Safety
	<u>Food Preparation</u>	<u>Food Preparation</u> <u>Focus</u> Spreading, Cutting and following instructions	<u>Food and Drink Preparation</u> <u>Focus</u> Using Equipment	<u>Food Preparation</u> <u>Focus</u> Independent Cooking – Cold Meal
	<u>Shopping</u>		<u>Shopping</u> <u>Focus-</u> Navigating stores	<u>Shopping</u> <u>Focus-</u> Locate Ingredients for Cold meal Money Exchange
	<u>Work and Enterprise</u>	<u>Enterprise</u> <u>Focus –</u> Make a product in a Team	<u>Vocational Profile – Different Jobs</u>	
<u>Year 3</u> <u>23-24</u>	<u>Travel Training</u>	<u>Onsite Travel Training</u> <u>Focus-</u> Independent walking and Problem Solving	<u>Offsite Travel Training</u> <u>Focus-</u> Independent walking and Problem Solving	<u>Educational Visits</u> <u>Focus-</u> Safety
	<u>Food Preparation</u>	<u>Food Preparation</u> <u>Focus</u> Preparation and using Equipment Wraps, Salads and Fruit	<u>Food Preparation</u> <u>Focus</u> Measuring and Estimation	<u>Food Preparation</u> <u>Focus</u> Independent Cooking. Plan a Meal
	<u>Shopping</u>		<u>Shopping</u> <u>Focus-</u> Using a shopping list	<u>Shopping</u> <u>Focus-</u> Follow shopping list for ingredients for a meal Money
	<u>Work and Enterprise</u>	<u>Enterprise</u> <u>Focus –</u> Make and Advertise a product	<u>Vocational Profile – World of Work</u>	

Independence Overview – KS4

Embedded Independence skills

<u>(Independence)</u> Travel Training	<u>(Self Care)</u> Shopping and Life skill's (Home Management)	<u>Life skills</u> Cooking	<u>(Careers)</u> Work and Enterprise
Transitions- Bus, Classroom and Teaching area.	Dressing and Undressing	Snack Preparation	Managing personal Belongings
Transition across school grounds.	Handwashing	Use non-Electrical Equipment	Class Jobs
Public Travel	Positive Choices	Use Electrical Equipment	Internal work experience

2 Year Rolling Plan

	<u>Topic</u>	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<u>Year 1</u> <u>24-25</u>	Travel Training	Onsite Travel Training Focus- Independent Travel	Offsite Travel Training Focus- Independent Travel	Educational Visits Focus- Safety
	Cooking	Cooking Focus Basic Preparation skills	Cooking Drink Preparation Focus Making Hot drinks	Cooking Focus Contributing to a Small meal Following instructions
	<u>Shopping and Lifeskills</u>	<u>Lifeskills</u> Focus- Everyday Routines	<u>Shopping</u> Focus- Exploring Shopping in different Settings	<u>Shopping</u> Focus- Locate Items and features in the community and Money Exchange
	Work and Enterprise	<u>Enterprise</u> Focus – Engage in art activities and explore materials to create Art	Vocational Profile	
<u>Year 2</u>	Travel Training	Onsite Travel Training Focus- Independent Travel and Landmarking	Offsite Travel Training Focus- Landmarking	Educational Visits Focus- Safety
<u>25-26</u>	Cooking	Cooking Focus Using Equipment Safely	Cooking Focus on Using Equipment to prepare drinks and cook food	Cooking Focus Independent Cooking Cold Meal Aut1 and Hot meal Aut 2
	<u>Shopping and Lifeskills</u>	<u>Focus-</u> Safety, hygiene, and cleanliness	<u>Shopping</u> Focus- Navigating stores	<u>Shopping</u> Focus- Locate Ingredients for Cold meal and Money Exchange
	Work and Enterprise	<u>Enterprise</u> Focus – Contribute to a product	Vocational Profile	

KS5 Independence Overview

Embedded Independence skills

<u>(Independence) Travel Training</u>	<u>(Self Care) Life skill's</u>	<u>Life skills Food and drink Preparation</u>	<u>Work (Careers)</u>
Transitions- Bus, Classroom and Teaching area.	Dressing and Undressing	Snack Preparation	Managing personal Belongings
Transition across school grounds.	Handwashing	Use non Electrical Equipment	Class Jobs
Public Travel	Positive Choices	Use Electrical Equipment	Internal work experience

3 Year Rolling Plan

<u>Year 1 24-25</u>		<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
	Travel Training	TT Focus TB11.4 – Road safety rules and traffic flow	TT Focus- Road Safety TB12.1 – Experience different pedestrian crossings	TT Focus TB15.1 – Applying skills/knowledge to everyday life
	<u>Work Skills</u>	Work Skills Focus - Mini Enterprise	Work Skills Focus- Functional Skills	Work Skills Focus – Work Experience
	<u>Lifeskills</u>	<u>Lifeskills Focus-</u> Basic Cooking Skills	<u>Life skills Focus-</u> Money Management	<u>Lifeskills Focus-</u> Using Household appliances and equipment
	Careers and Enterprise	Careers and Enterprise Focus – Communicating and using information	Careers and Enterprise Focus – Co-operating with other	Careers and Enterprise Focus – Relationships
<u>Year 2 25-26</u>		<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
	Travel Training	Onsite Travel Training Focus Staying safe	Offsite Travel Training Focus- TB12.2 – Using a pelican, puffin and toucan crossing	Educational Visits TB13.4 – Local public transport journey
	<u>Work Skills</u>	Work Skills Focus – Money	Work Skills Focus – Understanding Work	Work Skills Focus – Economic Wellbeing
	<u>Lifeskills</u>	<u>Lifeskills Focus-</u> Food Preparation and Safety	<u>Lifeskills Focus-</u> Shopping	<u>Lifeskills Focus-</u> Time Management
	Careers and Enterprise	Careers and Enterprise Focus Running an Enterprise	Careers and Enterprise Focus – Preparing for New Situations	Careers and Enterprise Focus- Dealing with Emergencies
<u>Year 3 26-27</u>		<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
	Travel Training	Onsite Travel Training Focus- TB11.3 – Road safety related terminology	Offsite Travel Training Focus- TB12.5 – Factors affecting travelling as a pedestrian	Educational Visits Focus- TB15.3 – Managing difficult exchanges
	Work skills	<u>Work Skills Focus –</u> Work Production Line	<u>Work Skills Focus –</u> Advertising	<u>Work Skills Focus –</u> The Work Place.
	<u>Lifeskills</u>	<u>Lifeskills Focus-</u> Container Gardening	<u>Lifeskills Focus-</u> Planning meals over time	<u>Lifeskills Focus-</u> Clothing Care and Maintenance
	Careers and Enterprise	Careers and Enterprise Focus – Person Centered Planning	Careers and Enterprise Focus – Anti Bullying	Careers and Enterprise Focus – Transition Arrangements