THIS IS ME: Understanding my behaviours as I have different needs

**Workshops for parents/carers of children with AUTISM/ADHD or on a diagnosis pathway**

Session One: Introduction by Dr Mel Bruce, understanding your child’s needs, needs and behaviours

Monday 29th March 2021 at 9:30am -email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and complete the short WEMWBS to send back to Sam.

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app)

Session Two: Introducing the bucket model, observing behaviour:

Wednesday 31st March 2021 at 9:30am email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app.

Session Three: This Is Me plan, completing a plan

Monday 12th April 2021 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you PBS plans.

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app.

Session Four: Effective communication

Wednesday 14th April 2021 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app.

Session Five: Dealing with sensory issues, routine praise and rewards

Monday 19th April 2021 at 9:30am- email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and start to complete you TIM plans.

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app.

Session Six: Understanding meltdowns, repair, reflect and restore

Wednesday 21st April 2021 9:30am -email sent with instructions of how to view the video and attend conference call.

You will have 1 hours to watch the video and complete the short WEMWBS. (send back to Sam by email)

10:30am conference call to Sam (details are in the email of how to attend, via TEAMS app.

12:00pm send Sam your completed TIM plans.

Sam will send the TIM back to you within a week along with your certificate of participation, Please complete the survey monkey feedback form.

**Sam Edwards**

**Helping Hands Service Manager**

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