

St John Ambulance First Aid

Bleeding Teaching Ideas

Aims

- To explain the difference between a cut and a graze.
- To explain the difference between minor and severe bleeding.
- To understand how to help a casualty who is bleeding.

Success Criteria

- I know the difference between a cut and a graze.
- I know the difference between minor and severe bleeding.
- I understand how to help someone who is bleeding.

Introduction/Context

Briefly recap prior learning using the accompanying PowerPoint presentation, slides 2.

Using Slide 4, introduce the focus of the lesson: bleeding. Explain that bleeding can be minor or severe and check the pupils' understanding using the Quick Quiz on slides X-X (all of the slides entitled 'Quick Quiz').

Main Input

PowerPoint presentation slides 6-10

Go through the PowerPoint presentation, explaining how to treat minor and severe bleeding. Discuss what is meant by the term 'shock' and how to prevent it. You may wish to watch the accompanying videos by St John Ambulance to consolidate learning.

Activity

Pupils will complete one activity.

The Accident Log

After reading slide 25, ask pupils to write a recount of a hypothetical situation in which they helped casualties with minor and severe bleeding. Remind them to include DR ABC as part of their recount and to give the steps in the correct order.

You may wish to support pupils by providing copies of The Accident Log Word Mat to aid vocabulary.

Plenary

PowerPoint presentation slide 26, ask the pupils to get into pairs. One of them will be the casualty and the other will be the first aider. Explain that they have five seconds to create a freeze-frame for each of the scenarios. Assess the pupils' understanding of each scenario and address any misconceptions if necessary.

Key Words

first aider, casualty, bleeding, wound, cut, graze, minor, severe, emergency help

Resources

- Lesson 4: Bleeding PowerPoint
- The Accident Log Activity Sheet
- The Accident Log Word Mat
- [St John Ambulance Minor Bleeding Video](#)
- [St John Ambulance Severe Bleeding Video](#)

Key Questions

- What is a cut?
- What is a graze?
- What is an example of minor bleeding?
- What is an example of severe bleeding?
- What is your priority when treating a casualty who is bleeding?
- When should you call for emergency help?
- How can you try to prevent the casualty developing shock?