

Washing my hands

wash hands



1

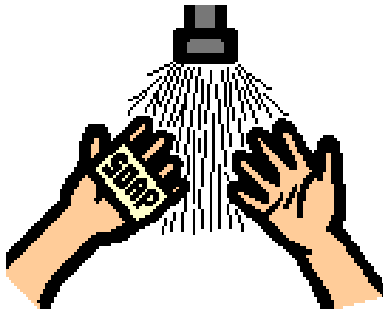
I need to
Wash my hands
every day.

My hands touch many
things each day and
get dirty

I will do a good job
washing my hands
with soap and water

When I wash my
hands.
My hands will be
clean for a while

wash hands



dirty hands



soap



2

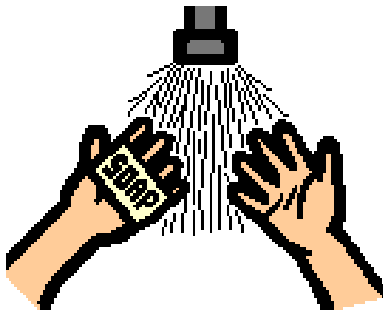
I need to
Wash my hands
every day.

Dirty hands can
sometimes make me
sick.

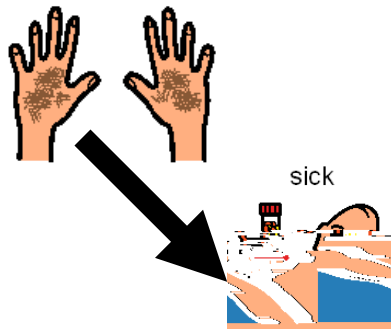
I will do a good job
washing my hands
with soap and water

I need to wash my
hands with soap and
water so they will be
clean

wash hands



dirty hands



soap



clean



3

Wash your hands.

After I blow and
wipe my nose



cold



Wash your hands.

After using the
toilet.



go to toilet

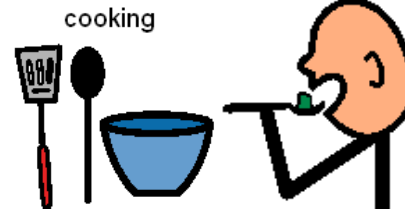


Wash your hands.

When I am cooking
or eating food.



eat



Wash your hands.

When my hands are
messy and dirty



dirty hands



4

Wash your hands

In the bathroom.

In the kitchen.

In the classroom.

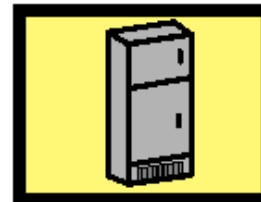
wash hands



wash



kitchen



sink



classroom



5

Turn on the tap.

I can use hot water.

I can use cold water.

I can use hot & cold water.

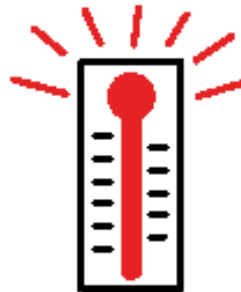
Be careful

This makes the water warm
This is good

turn on



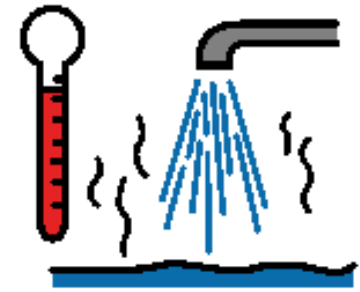
hot



cold



warm water



6

Put my hands in the water

Use soap.

Rub in the soap on both sides of my hands.
I need to get the soap all over my fingers and hands.

Wash off the soap.

wash hands



soap



apply soap



wash hands



7

Dry my hands.

Use a paper towel.

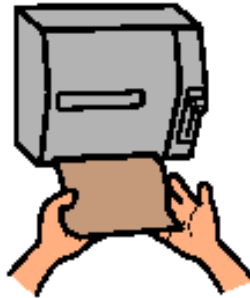
Put the paper towel
in the bin.

Or use a towel.

dry hands



get paper towel



throw away



towel

