

Pre Formal - CT/CC List of possible activities to do at Home

1. Edible slime

Have fun making any one of the three alternative recipes, or try them all. The important thing is not the end product. Allow exploration of the changing stimuli. Allow your child ownership. If they want to add more of one item and less of another, let them. Let them take ownership, as they will get more out of this.

MARSHMALLOW FUNFETTI SLIME

Ingredients

150g mini marshmallows (the picture used white but you can use a mixed pack if you wish your slime will just be a light pink instead of white)

80-90g cornflour plus extra for dusting the surface

50g icing sugar

50g veg oil

1 tsp vanilla extract

Cake sprinkles (optional)

Method



1. Melt the marshmallows in a large heatproof bowl in the microwave for 30-50 secs, until melted, stirring after 30 seconds
2. Stir in the oil and vanilla, mix well and then stir in the cornflour and mix again
3. Add icing sugar and stir in and now knead until flexible. If it feels a little sticky, add in the rest of the cornflour.
4. Use extra cornflour for the surface if you need to, having a little veg oil to hand is good to keep your hands sticky free. Knead and play. Add some cake sprinkles for a funfetti effect!

JELLY SLIME

Ingredients

100g Cornflour



2 sachets sugar free jelly (lime or strawberry is nice for a green or red colour)

70g warm water

Method

1. Combine the powders in a bowl with a fork, stir in the water. It might seem a little solid but after a lot of kneading (with your hands) it becomes good stretchy consistency for playing with.

2. There are a range of different fruity jelly flavours to choose from, so can be pink (raspberry) red (strawberry) or green (lime)

CHOCOLATE SLIME

Ingredients

100g Cornflour

20g cocoa powder

95g coconut milk



Method

1. In a bowl, dry whisk the cocoa into the cornflour
2. Gently warm the coconut milk, then pour over the powder, stir well. Get your hands in and knead it until it comes together and is like stretchy play dough.
3. This one is perfect for making all sorts of shapes.

2. Revisit your favourites

Look back at learning activities from the previous 3 weeks and repeat some favourites. You might find the interaction is different. You might notice some anticipation. It's good to repeat learning activities several times. Remember to give ownership of the learning to your child, and allow them to guide you in the learning/interactions.

3. Physio / Movement Programmes

_Please follow your child's individual movement programmes as often as possible.