EVERYONE WELCOME







## Our Youth Forum meetings for 2023 are on:

## **Tuesday 31st January**

Tuesday 28th February
Tuesday 25th April
Tuesday 30th May
Tuesday 27th June
Tuesday 25th July

Tuesday 29th August Tuesday 26th September Tuesday 31st October Tuesday 28th November Tuesday 19th December Time: Doors open at 5.30pm, Meeting starts 6.15pm through to 8.00pm

Food and drinks provided from 5.45 p.m.

Are you aged 13-21? Interested in Health? Want to know more about our hospitals & community services?

## **BENEFITS:**

- Improve services
- Opportunities for volunteering and work experience
- Helps with CV's, UCAS applicants etc.
- Fun quarterly thank you activities, for example, Go Karting, Ice-Skating, Bowling, Adventurous Activities

## What is it?

- The purpose of our forum is to give young people a voice, to work with us and tell us about the good stuff and help us make the others things better
- It's an opportunity to help shape future services
- A great way to meet other young people interested in health
- All expenses are covered travel, food, drinks

