



## PSHE Policy

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| Policy Lead:        | <b>Assistant Headteacher (EA)</b> |
| Last Review Date:   | September 2026                    |
| Next Review Date:   | September 2028                    |
| Approval needed by: | <b>Headteacher</b>                |



THE **LEARNING** PARTNERSHIP

## Revisions Log

| Date    | Pages/Whole Document | Description of Change                                         | Origin of Change (e.g. Routine Update, request for Review) |
|---------|----------------------|---------------------------------------------------------------|------------------------------------------------------------|
| 29/8/23 | Whole                | Amendments to the intent, implementation and impact           | Routine update                                             |
| 17.9.24 | 5-8                  | Changes to the curriculum content                             | Routine update                                             |
| 1.9.26  | Whole                | Changes to curriculum content to reflect updated Dfe guidance | Routine change                                             |

## Intent

At The Oaks Academy Personal Development is at the core of what we do and enables our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually. Through our whole-school approach to Personal Development, it is our belief that excellence in these areas will lead to excellence across the curriculum and beyond in later life. To support our clear message around personal growth The Oaks defines this as the CHARACTER curriculum.

Careers & Finance

Health

Aspirations

Responsibility

Active Citizenship

Community

Tolerance

Emotional intelligence

Relationships

PSCHE lessons form one element of the Personal Development curriculum. This curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. With an ever-changing society, we

are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.

### **Statutory obligations to deliver Relationships and Sex Education (RSE)**

Please see our RSE Policy for further information.

## **Implementation**

All students in Years 7 to 9 receive two dedicated Character and Personal Development lessons across a two-week timetable, whilst students in Years 10 and 11 receive one lesson per fortnight. These lessons are delivered primarily by form tutors through a carefully planned and sequenced programme of learning that incorporates statutory Relationships, Sex and Health Education (RSHE), wider PSHE education, British Values, careers education and character development. The curriculum is mapped across all year groups to ensure progression in knowledge, skills and understanding. It is further supported by a structured form-time and assembly programme, aligned to safeguarding priorities, national awareness events and the school's inclusion calendar.

The strategic leadership of PSHE, RSHE and Personal Development is the responsibility of the Senior Leadership Team Lead for Community and Personal Development. This leader oversees curriculum design, implementation, monitoring and evaluation to ensure that provision meets statutory requirements and responds to the needs of students. Staff are provided with appropriate training, resources and ongoing professional development to enable them to deliver high-quality learning experiences. External speakers and agencies are used to complement and enrich the curriculum through the provision of specialist knowledge and expertise; however, responsibility for curriculum planning, content and quality assurance remains with the school. Assemblies and form-time activities are planned collaboratively with Key Stage Directors to reinforce key themes and promote the school's CHARACTER values and ethos.

At Key Stage 3, students build upon the knowledge, understanding, skills, attributes and values developed during their primary education. The curriculum supports students through the transition to secondary school, the challenges of adolescence and increasing independence. Students develop the knowledge and skills required to make informed decisions about their health, wellbeing, relationships and future pathways. They learn how to establish and maintain positive relationships, understand consent and personal boundaries, respect diversity and the protected characteristics outlined in the Equality Act 2010, uphold British Values, and develop resilience and emotional wellbeing. Students also learn how to navigate their online lives safely and responsibly, critically evaluate information and media sources, and understand the influence of peers, social media and wider societal pressures. High-quality teaching prepares pupils for the opportunities, responsibilities and experiences of adult life.

At Key Stage 4, students deepen and extend the knowledge, understanding and skills developed during Key Stage 3. The curriculum reflects students' growing independence and prepares them for adulthood, further education, employment and active citizenship. Students explore increasingly complex issues related to relationships, physical and mental health, personal safety, financial decision-making, equality, employability and the wider world. They are

encouraged to reflect on their own attitudes and values, make informed and responsible choices, and develop the confidence, resilience and character needed to contribute positively to society and thrive in modern Britain

### **The Role of teaching staff**

The role of teaching staff will be to adapt and deliver the planned curriculum, to suit the needs of their individual classes; this is available for them at the beginning of the academic year. Staff are encouraged to be creative during these lessons. Discussion and debating will be encouraged and facilitated by staff in order to develop the oracy skills of our students and support respect.

To support children with SEND staff are expected to:

- Break down the learning outcomes into smaller steps so that they form the basis of a lesson or series of lessons.
- Re-visit, re-enforce, consolidate and generalise previous learning, as well as introducing new concepts, knowledge and skills.
- Focus on one aspect or a limited number of aspects within each stage.
- Re-visit content through cross-curricular learning and/or through other activities in school.
- Offer both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence (where applicable).
- Include different sensory experiences at the 'encountering' level tailored to individual pupils, in addition to responding to adult prompting.
- Provide opportunities both in and out of school to promote physical, social and emotional understanding as pupils move from the primary phase through to the secondary phase.
- Use the learning outcomes in the curriculum plans to support targets and identified areas of need in a pupil's Education, Health and Care plan (EHCP) or SEND Support plan.

### **Role of support staff**

Support staff will be on hand to support our more vulnerable pupils during PSHCE lessons and there will be other opportunities for student who access The Hub to explore and develop ideas that are being discussed in PSCE. This will be under the direction of Helen Holland (SENCO).

### **PSCE lesson implementation**

There are 7 spiral themes to the CHARACTER programme which run across year 7-11.

1. Life Beyond School
2. Equality Diversity & British Values
3. Modern dangers online & offline
4. Healthy Bodies and Emotional Wellbeing
5. Personal Safety & Digital Awareness
6. Relationships & Sex Education
7. RESPECT = Behaviour Curriculum

## CHARACTER Curriculum 2026 2027

| Life Beyond School                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                            |
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| Year 7                                                                                                                                                                                                                                                                                                                                                  | Year 8                                                                                                                                                                                                                                                                                                                                                                                            | Year 9                                                                                                                                                                                                                                                                                                                                                                                  | Year 10                                                                                                                                                                                                                                                                                                                                                        | Year 11                                                                                                                                                                                                                                                                                                                                                                    |
| PSCHE lessons                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                            |
| Careers & Your Future<br>Transition points in your life                                                                                                                                                                                                                                                                                                 | Year 8 will cover this through the form time and assembly programme which reinforces whole school messages                                                                                                                                                                                                                                                                                        | Year 9 will cover this through the form time and assembly programme which reinforces whole school messages                                                                                                                                                                                                                                                                              | What is a CV?<br>CV Writing                                                                                                                                                                                                                                                                                                                                    | Year 11 will cover this through the form time and assembly programme which reinforces whole school messages                                                                                                                                                                                                                                                                |
| Form time Programme                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                            |
| Who am I?<br>KS3 Autonomous Learning<br>Unifrog – 101 course<br>Exploring possibilities - dream jobs<br>Unifrog - Interest profile quiz<br>Skills Builder<br>What is a career?<br>What is an entrepreneur?<br>Unifrog - Takings skills profile quiz<br>What is work life balance?<br>Careers and the future<br>Preparing for drop down<br>CHARACTER Day | What are my interests<br>KS3 Autonomous Learning<br>Unifrog – 101 course<br>Job applications - super hero CV<br>Unifrog - Interest profile quiz<br>Careers - Challenges and rewards of work<br>Creating the life you want: making a vision board<br>Unifrog - Takings skills profile quiz<br>What does success mean to me?<br>Careers and the climate<br>Preparing for drop down<br>CHARACTER Day | Careers - What are my skills<br>KS3 Autonomous Learning<br>Unifrog – 101 course<br>Careers - What comes after school: main learning pathways<br>Unifrog - Interest profile quiz<br>Careers - Decision making: choosing what to study at KS4<br>Taking control of your career journey<br>Working and earning and managing your money<br>What is the labour market & why is it important? | Careers - Reflecting on my career journey<br>Unifrog 101 course<br>Introducing work experience<br>Exploring employer profiles<br>Unifrog: Recording your post 16 intentions<br>Post 16 applications: Are Btecs right for me?<br>Careers - What type of career is best for me?<br>Unifrog- Taking the skills profile quiz<br>Preparing to go on work experience | What are my employability skills<br>Unifrog 101 course<br>Post 16 application support, opportunities & deadlines<br>Careers - Post-16 choices<br>Unifrog: Recording your post 16 intentions<br>Post 16 applications: Using the College / Sixth Form tool to find the best fit<br>Decision making: choosing your post 16 pathway<br>Unifrog: Taking the skills profile quiz |

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| Leaving a Positive Legacy<br>Looking Ahead: Goals, Values and Aspirations<br>Cultural Capital<br>Skills Builder                                                                                          | Leaving a Positive Legacy<br>Looking Ahead: Goals, Values and Aspirations<br>Cultural Capital<br>Skills Builder                                                                                          | Preparing for drop down<br>CHARACTER Day<br>Leaving a Positive Legacy<br>Looking Ahead: Goals, Values and Aspirations<br>Cultural Capital<br>Skills Builder                                                                   | Planning and organising: revising effectively<br>Wellbeing in the workplace<br>Unifrog - Taking the skills profile quiz<br>In person, hybrid and remote what works best?<br>Preparing for drop down<br>CHARACTER Day<br>Leaving a Positive Legacy<br>Looking Ahead: Goals, Values and Aspirations<br>Autonomous Learning<br>Skills 4 Life | Researching volunteering and paid work<br>Unifrog - Quick task: Recording an application<br>Money talks: apprenticeship v higher education                                       |
| Assembly Programme                                                                                                                                                                                       |                                                                                                                                                                                                          |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                  |
| International Literacy Day<br>Oracy / Unifrog launch<br>Satchel<br>Celebration<br>National Apprenticeship Week<br>National Careers Week<br>Earth Day<br>Student leadership<br>Speeches and new SL launch | International Literacy Day<br>Oracy / Unifrog launch<br>Satchel<br>Celebration<br>National Apprenticeship Week<br>National Careers Week<br>Earth Day<br>Student leadership<br>Speeches and new SL launch | International Literacy Day<br>Oracy / Unifrog launch<br>Duke of Edinburgh<br>Celebration<br>Options<br>National Apprenticeship Week<br>National Careers Week<br>Earth Day<br>Student leadership<br>Speeches and new SL launch | International Literacy Day<br>All Achieve / Unifrog launch<br>Duke of Edinburgh<br>Celebration<br>Post 16<br>National Apprenticeship Week<br>National Careers Week<br>Earth Day<br>Student leadership<br>Speeches and new SL launch                                                                                                       | International Literacy Day<br>All Achieve / Unifrog launch<br>Celebration<br>Post 16<br>National Apprenticeship Week<br>National Careers Week<br>Earth Day<br>Student leadership |

## Equality, Diversity & British Values

| Year 7                                                                                                                                                                                                                         | Year 8                                                                                                                                                                                                                                     | Year 9                                                                                                                                                                                                                                                | Year 10                                                                                                                                                                                                                                              | Year 11                                                                                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>PSCHE lessons</b>                                                                                                                                                                                                           |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                |
| Getting to know people<br>What is a community<br>Sleep & Relaxation<br>Proud to be me<br>Desert Island Living<br>How laws are made<br>Prisons, Reform & Punishments                                                            | What is your identity<br>Multicultural Britain<br>Breaking down stereotypes<br>Prejudice & Discrimination<br>Challenging Islamophobia                                                                                                      | Equality Act 2010<br>LGBTQ+ What is it?<br>LGBTQ+ Rights across the world<br>Gender Equality<br>Racism & Discrimination in Society                                                                                                                    | Critical thinking & Fake News<br>British Values & Identity<br>Hate crime in the UK                                                                                                                                                                   | Media literacy & digital resilience<br>Moral & ethical decisions                                                                                                                                                                               |
| <b>Form time Programme</b>                                                                                                                                                                                                     |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                |
| What is Diversity?<br>LGBT+ History and Inclusion<br>LGBT+ Voices and Role Models<br>LGBT+ Rights, Respect and Equality<br>LGBT+ Awareness and Challenging Stereotypes<br>LGBT+ How to be an ally<br>Protected Characteristics | Challenging gender stereotypes<br>LGBT+ History and Inclusion<br>LGBT+ Voices and Role Models<br>LGBT+ Rights, Respect and Equality<br>LGBT+ Awareness and Challenging Stereotypes<br>LGBT+ How to be an ally<br>Protected Characteristics | Recognising and preventing discrimination<br>LGBT+ History and Inclusion<br>LGBT+ Voices and Role Models<br>LGBT+ Rights, Respect and Equality<br>LGBT+ Awareness and Challenging Stereotypes<br>LGBT+ How to be an ally<br>Protected Characteristics | Challenging prejudice and discrimination<br>LGBT+ History and Inclusion<br>LGBT+ Voices and Role Models<br>LGBT+ Rights, Respect and Equality<br>LGBT+ Awareness and Challenging Stereotypes<br>LGBT+ How to be an ally<br>Protected Characteristics | Know your rights: the equality act<br>LGBT+ History and Inclusion<br>LGBT+ Voices and Role Models<br>LGBT+ Rights, Respect and Equality<br>LGBT+ Awareness and Challenging Stereotypes<br>LGBT+ How to be an ally<br>Protected Characteristics |
| <b>Assembly Programme</b>                                                                                                                                                                                                      |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                |
| European day of Languages<br>World Food day<br>Anti Bullying week<br>World Religion Day<br>Holocaust memorial Day<br>PRIDE Month                                                                                               |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                |

**Modern Dangers online and offline**

| Year 7                                                                                                                                                                                                                  | Year 8                                                                                                                      | Year 9                                                                                                                                                                     | Year 10                                                                                            | Year 11                                                                                       |
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| PSCHE lessons                                                                                                                                                                                                           |                                                                                                                             |                                                                                                                                                                            |                                                                                                    |                                                                                               |
| Avoiding gangs & Criminal behaviour<br>Online gaming, grooming & addiction<br>Staying safe online<br>Alcohol & Risk<br>Nicotine & Smoking<br>Ecigs, Vaping & Shisha<br>Energy Drinks & Caffeine<br>Knife Crime & safety | County Lines - What is it?<br>Substance abuse<br>Cyberbullying<br>Online grooming<br>Child exploitation & Online Protection | What is a drug?<br>Different types of addiction<br>Cannabis products<br>Drug classification<br>Party drugs & illegal drugs<br>The war on drugs<br>Volatile substance abuse | Honour based violence<br>Online gaming & Gambling<br>Social media validation<br>Modern Day Slavery | Virtual reality & live streaming<br>Vaping why is it on the rise?<br>Festivals & Nitrus Oxide |
| Form time Programme                                                                                                                                                                                                     |                                                                                                                             |                                                                                                                                                                            |                                                                                                    |                                                                                               |
| Managing risk & travelling safely<br>Making safe and Positive Choices                                                                                                                                                   | Managing risk: Looking after your personal safety<br>Making safe and Positive Choices                                       | Social influences: young people and gangs<br>Making safe and Positive Choices<br>Sex and consent online                                                                    | Managing risk: unsafe and emergency situations<br>Making safe and Positive Choices                 | Gambling: risks, consequences and safety<br>Making safe and Positive Choices                  |
| Assembly Programme                                                                                                                                                                                                      |                                                                                                                             |                                                                                                                                                                            |                                                                                                    |                                                                                               |
| Road safety Week<br>Rail Safety<br>Water Safety<br>Summer Safety                                                                                                                                                        |                                                                                                                             |                                                                                                                                                                            |                                                                                                    |                                                                                               |

Healthy Bodies & Emotional Wellbeing

| Year 7                                                                                                                                                   | Year 8                                                                                                                                                         | Year 9                                                                                                                                                                                       | Year 10                                                                                                                                                             | Year 11                                                                                                                                                                   |
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| PSCHE lessons                                                                                                                                            |                                                                                                                                                                |                                                                                                                                                                                              |                                                                                                                                                                     |                                                                                                                                                                           |
| Introduction to puberty<br>Puberty (Girls focus)<br>Puberty (boys focus)<br>Personal hygiene<br>Growing up<br>Self esteem<br>Tooth Decay & Dental Health | Health & Wellbeing<br>What is Mental Health?<br>Positive body image<br>Child Abuse<br>Types of bullying<br>Healthy eating and cholesterol<br>Stress Management | How Self esteem changes<br>What is a Penis?<br>What is a Vulva?<br>Bullying in all its forms<br>Dealing with grief and loss<br>Media & airbrushing<br>Cancer prevention & healthy lifestyles | What is a GP the role of a doctor<br>Menstrual & Gynaecological Health<br>Unhealthy Weight Gain & Risks<br>Masculinity & Misogyny<br>Suicidal (thoughts & feelings) | Fertility & What impacts it<br>Mental health illnesses<br>Teenage pregnancy choices<br>Testicular & prostate cancer<br>Breast & cervical cancer screening<br>Love & abuse |
| Form time Programme                                                                                                                                      |                                                                                                                                                                |                                                                                                                                                                                              |                                                                                                                                                                     |                                                                                                                                                                           |
| What is mental health?<br>Social media & mental health                                                                                                   | Mental health - talking about our emotions<br>Self esteem & confidence                                                                                         | Mental health: developing coping strategies<br>Healthy lifestyles- accessing health services<br>Healthy lifestyles: achieving balance                                                        | Recognising strengths in ourselves and others<br>What is a healthy lifestyle?                                                                                       | Mental health- building resilience<br>Mental health: recognising challenges and identifying support                                                                       |
| Assembly Programme                                                                                                                                       |                                                                                                                                                                |                                                                                                                                                                                              |                                                                                                                                                                     |                                                                                                                                                                           |
| RHS Plants for Wellbeing / World Mental Health Day<br>Positive masculinity                                                                               |                                                                                                                                                                |                                                                                                                                                                                              |                                                                                                                                                                     |                                                                                                                                                                           |

## Personal Safety & Digital Awareness

| Year 7                                                                                                                                                                                              | Year 8                                                                                                                                                                                                                                                                                                                                                                                    | Year 9                                                                                                                                                                                     | Year 10                                                                                                     | Year 11                                              |
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| PSCHE lessons                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                            |                                                                                                             |                                                      |
| Intro to Tax<br>Government & our Taxes<br>Advertising tricks<br>Becoming a responsible citizen<br>How deepfakes are being used in politics<br>How to avoid financial scams<br>Latest UK census Data | Loneliness<br>Is it Bullying or Banter<br>Peer Pressure & Risk Taking<br>Personal Safety<br>Personal Safety in Public Spaces<br>Respect & Women<br>Why Sexist Jokes are Wrong<br>Deepfakes<br>Bullying & Digital media literacy<br>What is AI generated sexual imagery<br>AI & Chat bots<br>Algorithms & content<br>AI - how is it changing the way we think<br>Illegal online behaviours | Conspiracy theories & narratives<br>Forms of Extremism<br>What is terrorism?<br>War & conflict<br>The radicalisation process<br>How does counter terrorism work?<br>Antisemitism in the UK | What is Sextortion<br>Positive male role models & incels<br>Personal Safety<br>Dangers of Virginity testing | Screen addiction & Studying<br>Online misinformation |
| Form time Programme                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                            |                                                                                                             |                                                      |
| Media literacy: becoming a responsible digital citizen                                                                                                                                              | Media Literacy: interpreting information online                                                                                                                                                                                                                                                                                                                                           | Year 9 will cover this through the PSCHE and assembly programme which reinforces whole school messages                                                                                     | Staying safe online: AI, risks and critical thinking                                                        | Staying safe online: harmful content and scams       |
| Assembly Programme                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                            |                                                                                                             |                                                      |
| AI and the future                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                            |                                                                                                             |                                                      |

## Relationships & Sex Education

| Year 7                                                                                                                                                                                                  | Year 8                                                                                                                                                                                           | Year 9                                                                                                                                                                                                                                                                                                                                                 | Year 10                                                           | Year 11                                                                                   |
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| PSCHE lessons                                                                                                                                                                                           |                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                        |                                                                   |                                                                                           |
| Consent and boundaries<br>Respect & Relationships<br>What makes a good friend<br>Friendships & online relationships<br>Being positive<br>Pressure, Influence & friends<br>What does it mean to be a man | Relationships & Sex Education<br>Being Yourself & Self Love<br>Healthy Respectful Relationships<br>Dealing with conflict<br>What is Love?<br>Introduction to contraception<br>Sexual Orientation | Sexual consent and the law<br>FGM and the law<br>Relationships & Partners<br>Domestic Abuse & Domestic Violence<br>Delaying sexual activity<br>Why have sex?<br>Sexual harassment and stalking<br>What are STIs<br>Treating STIs and the clinic<br>Contraception explored<br>Contraception – condoms<br>Contraception explored further<br>HIV and AIDS | Online pornography (myths v reality)<br>Sexualisation & the media | Importance of sexual health<br>Revisiting contraception<br>Respect love and relationships |
| Form time programme                                                                                                                                                                                     |                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                        |                                                                   |                                                                                           |
| Building Positive Relationships with Peers<br>Managing Conflict and Disagreements Respectfully<br>Safeguarding and Unkind Behaviour                                                                     |                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                        |                                                                   |                                                                                           |

## Impact

The impact of the PSHE, RSHE and Personal Development curriculum is evidenced through students' increasing knowledge, understanding, skills and confidence to make informed and responsible decisions about their health, wellbeing, relationships and future aspirations. Students develop the ability to apply their learning to real-life contexts, demonstrate respect for others, understand their rights and responsibilities within society, and contribute positively to the school community.

Learning is assessed through a combination of baseline and end-point reflection activities, retrieval practice, class discussion, questioning, self-assessment and teacher assessment. At the beginning and end of each learning sequence, students evaluate their understanding against clearly identified learning objectives, enabling both students and staff to identify progress over time.

Teachers use ongoing formative assessment to monitor students' understanding and address misconceptions. Assessment focuses on the acquisition of knowledge, understanding and skills rather than students' personal beliefs, attitudes or experiences. Information gathered through assessment is used to inform future planning and ensure that curriculum content remains relevant and responsive to student needs.

The effectiveness of the programme is further evaluated through student voice activities, surveys, focus groups and feedback from staff, parents and external partners. Student leadership groups are regularly consulted to provide insight into students' experiences of personal development, inclusion, careers education, respect, tolerance and belonging within the school community.

Leaders monitor the impact of the curriculum through:

- Student voice and stakeholder feedback.
- Learning walks and quality assurance activities.
- Assessment information and curriculum reviews.
- Attendance, behaviour and safeguarding trends.
- Participation in enrichment, leadership and wider personal development opportunities.

Through this curriculum, students leave The Oaks as respectful, resilient and responsible young people who are equipped with the knowledge, skills and character to flourish in further education, employment and modern society

### **How will parents and carers be involved?**

At The Oaks, we recognise that effective PSHE education is most successful when there is a strong partnership between home and school. Many of the themes explored within PSHE, including relationships, health, wellbeing, careers and personal development, have clear links to students' experiences beyond school. We therefore encourage students to discuss their learning with parents and carers, helping to reinforce key messages and support meaningful conversations at home.

Information about PSHE curriculum content will be shared regularly through newsletters and via the school website, where curriculum overviews are available for parents and carers to access. The school is committed to working openly and collaboratively with families and welcomes any questions or feedback regarding the curriculum.

Parents and carers will be informed of the school's statutory responsibility to deliver Relationships, Sex and Health Education (RSHE). In line with statutory guidance, parents have the right to request that their child be withdrawn from some or all components of sex education that are delivered beyond the statutory science curriculum. Requests for withdrawal should be made in writing to the Headteacher and will be considered in accordance with the school's RSHE policy.