

Relationships and Sex Education Policy

Policy Lead:	Assistant Headteacher (EA)
Last Review Date:	July 2023
Next Review Date:	July 2024
Approval needed by:	Headteacher / Governing Body

Revisions Log

Date	Pages/Whole Document	Description of Change	Origin of Change (e.g. Routine Update, request for Review)
30.7.22	5	Change to the curriculum map	Review of PSCHE curriculum
30.7.22	4	Staffing update	New timetable
29.8.23	4 & 5	Staffing update	New timetable

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1. Aims

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

2. Statutory requirements

As a secondary academy school we must provide RSE to all pupils as per section 34 of the [Children and Social work act 2017](#).

In teaching RSE, we are required by our funding agreements to have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At The Oaks Academy we teach RSE as set out in this policy.

3. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

RSE is not about the promotion of sexual activity.

4. Curriculum

Our curriculum is set out as per Appendix 1, but we may need to adapt it as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

5. Delivery of RSE

RSE is taught within the Personal, Social, Citizenship and Health Education (PSCHE) curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

6. Roles and responsibilities

6.1 The governing board

The governing board will hold the headteacher to account for the implementation of this policy.

6.2 The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from [non-statutory/non-science] components of RSE (see section 8).

6.3 Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the [non-statutory/non-science] components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

The following members of staff teach RSE within our school:

Year 7

Form Name	Staff
7 Webb	Mrs G White
7 Newton	Mr T Barnard
7 Cloughton	Miss A Evans
7 Gresley	Mr J Clegg
7 Stephenson	Miss N Slatford
7 Hardwicke	Miss E Lavens

Year 8

Form Name	Staff
8 Webb	Mr D Murphy
8 Newton	Mrs SJ Williams
8 Cloughton	Miss L Roberts
8 Gresley	Mr R Reddin
8 Stephenson	Miss F Philips
8 Hardwicke	Mr C Dyer

Year 9

Form Name	Staff
9 Webb	Mr Jessup
9 Newton	Miss M Heeley
9 Cloughton	Mrs M Gherghiceanu
9 Gresley	Mr A Carter-Aleksic
9 Stephenson	Mr L Bergain
9 Hardwicke	Ms S Weaver

Year 10

Year 10 Form	Staff
10 A	Mr M Moss
10 B	Mr J Austin
10 C	Olivia Beckett
10 D	Mr L Kirk-Patrick
10 E	Miss C Grimes

Year 11

Year 11 Form	Staff
11 A	Miss L Ellams
11 B	Miss G Smith
11 C	Miss A Carlisle
11 D	Miss H Smith

6.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

7. Parents' right to withdraw

Parents have the right to withdraw their children from the [non-statutory/non-science] components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

Requests for withdrawal should be put in writing using the form found in Appendix 2 of this policy and addressed to the headteacher.

A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from sex education.

8: Monitoring arrangements

The delivery of RSE is monitored by Emily Abberley (Assistant Head: Community & Personal Development) and Joanne McKreth (Deputy Headteacher: Quality of Education). This will be conducted via;

- Learning Walks
- Work Scrutiny
- Pupil Voice

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed by the Headteacher (Peter Kingdom) on a bi-yearly basis. At every review, the policy will be approved by the IEB/Governing Body of the Academy.

Appendix 1 - Curriculum Map

Year 7	Year 8	Year 9	Year 10	Year 11
PSCHE lessons				
Consent and boundaries Respect & boundaries What makes a good friend Friendships & Managing them Being positive & Respectful Pressure & Influence What does it mean to be a man	Introduction to RSE Healthy Relationships Dealing with conflict Gender Identity Introduction to contraception	Sexual consent and the law FGM and the law Delaying sexual activity Why have sex? Why have sex – part 2 What are STIs Contraception Contraception – part 2 Exploring the realities of contraception Sexual harassment and stalking HIV and AIDS	Porn life V Real Life Domestic Abuse Sexual Violence	Peer on Peer bullying Fertility & what impacts it Alcohol and bad choices Importance of sexual health

Appendix 2: Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	