

- Character Virtues
- Cross Curricular Links
- Assessment Points
- Subject Specific Skills
- CEIAG Links
- Underlined = Deeper development of earlier skills / knowledge

Physiotherapist
Sports Therapy
Sports Commentator
Sports Reporter

Question: How can sport have an impact on the media both in a positive and negative way?

Examples of sport in the media
Positive/Negative effects of sports in the media



INSPIRE
BELIEVE
ACHIEVE

PE Curriculum Map

Progression to next stage of learning:
A Level PE
BTEC

Contemporary Issues in Sport R184



Resilience
Teamwork
Problem solving

Question: How can I demonstrate my competence in 2 sports?
Pupils will show their confidence in a sport through teacher witness statement, videos and sporting evidence.



Question: What needs to be in a successful Sport session?
Pupils will plan their own sport session and deliver to group of pupils.



Warm up
Skill introduction
Skill development
Conditioned game

Warm up
Skill introduction
Skill development
Conditioned game

Core P.E and well-being

Core P.E and well-being

Sport in the Media R186

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Question: How do I evaluate my sporting performance?
Pupils will look at their strengths and weaknesses in a specific activity.

Question: What are the Current Issues in Sport? How does this influence or affect the sport?
Pupils will cover 4 Learning Outcomes to identify issues in Sport and its impact

User groups and barriers to participation
Sporting Values
Hosting major sporting Events
NGB's

Fitness Instructor
Coach
Sportsman/
Sportswoman

Teamwork and resilience

Tuck pike
straddle
Front
Seat landing with progressions

Long/High jump, short sprint, long distance shot discus javelin

Peer evaluation to adapt technique

Leadership in Sport R185

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Athletics Cricket



Netball

Target Games

OAA

Floorball

Trampoline

Invasion Games

Strengths
Weaknesses
Practices to improve
Measuring improvement.

English- Strengths and weaknesses extended writing

Fitness Instructor
Coach
Sportsman/
Sportswoman

Teamwork and resilience

QMF and QMS for each sporting activity

QMF and QMS for each sporting activity

Conditioned games
Tactical games
Doubles tactics

Interval and fartlek training
Circuits
Boxercise combinations

Long/High jump, short sprint, long distance shot discus javelin

Adapt technique to improve

Batting fielding throwing catching

Long barrier field
Bowling technique



Athletics Cricket

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Football Badminton

Basketball Health and Fitness

QMF and QMS for each sporting activity

QMF and QMS for each sporting activity



Question: How can we apply tactics in striking and fielding games to gain an advantage?
Pupils will recap key skills learnt in Year 7 then apply them tactically to gain an advantage

QMF and QMS for each sporting activity

Lofted pass
Spatial awareness

Teamwork and resilience

Question- How can we exercise to improve our fitness?
Pupils will have experienced a range of fitness methods and apply to improve

Somersault
Back landing progression
Serve Set
Dig Smash
Block
Science- Effects of exercise on the body

Question: How can we adapt our performance to improve our sequence?
Pupils will recap key skills learn in the activities and use peer feedback to improve performance.

Tuck Pike
Straddle ½ twist
and full seat landing

Front landing
½ twist in to front and progressions

Teamwork and resilience

QMF and QMS for each sporting activity

Question: What key skills can be used to outwit an opponent/ opposition in an activity?
Pupils will recap skills learnt in Year 7, however try to apply them more against opposition to outwit and gain an advantage.

QMF and QMS for each sporting activity



Question-How can we create a sequence?
Pupils will recap trampoline skills from previous unit but look to create sequence.



QMF and QMS for each sporting activity

Invasaion Games

Trampoline

Basketball Dance

Football Badminton



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Question: What key skills are needed to be successful in an activity?
Pupils will explore and practice the different skills needed in the activity. They will practice in both drill, conditioned and full game scenarios

Cooper run
Circuits
Heart rate
Changes during exercise

Tuck pike
straddle
seat landing
½ full twist

Science- Changes to the body during exercise

QMF and QMS for each sporting activity

Passing Shooting Heading
Tackling Defending Dodging
Serve Rally Overhead Clear