

Curriculum Intent

Our intent is that the **PSHE Programme** encourages students to:

| | |
|---|--|
|  | <ul style="list-style-type: none">• believe they can achieve goals and that in order to achieve those goals, they must stick at the tasks despite the challenges they may face• within the law, be well equipped to make decisions for themselves about how to live their own lives in the future, whilst respecting the right of others to make their own decisions and hold their own beliefs.• understand the benefits of healthy relationships to their mental wellbeing and self-respect• gain knowledge of what a healthy relationship is like, to ensure that they can be empowered to identify when relationships are unhealthy |
|  | <ul style="list-style-type: none">• distinguish between content and experiences that exemplify healthy relationships and those that are distorted or harmful• understand the facts and the law about sex, sexuality, sexual health, and gender identity in an age-appropriate and inclusive way• recognise when relationships (including family relationships) are unhealthy or abusive (including the unacceptability of neglect, emotional, sexual, and physical abuse and violence including honour-based violence and forced marriage) and strategies to manage this or access support for themselves or others at risk |
|  | <ul style="list-style-type: none">• understand that unhealthy relationships can have a lasting, negative impact on mental wellbeing• recognise risks, harmful content, and contact, and how and when to report issues to keep them safe online• value and welcome the contribution of guest speakers and experts within their field to enhance the PSHE curriculum and their learning and personal development journey |