

## TA2 Person Centred Values

### **Person-Centred Values:**

- Individuality
- Independence
- Choice
- Rights
- Dignity
- Respect
- Partnership
- Privacy
- Encouraging decision making

### **The 6 C's**

*Remember these are skills or quality that a service provider should show through their work.*

- Care
- Compassion
- Competence
- Commitment
- Courage
- Communication

### **Benefits of applying person centred values for service provider:**

- Improves job satisfaction
- Maintains or improve quality of life
- Supports the rights of choice and consultation
- Supports practitioners to develop their skills
- Enables sharing of good practice

### **Benefits of applying person centred values for service user:**

- Ensures standardisation of care
- Improves quality of care being given
- Maintains or improves quality of life
- Supports service users to develop their strengths

### **Exam tip:**

*Always remember to refer to the care setting within the question. For example, if the question is asking about a hospital your answer must be relevant to this setting.*

### **Effects of service users' if values are not applied:**

#### **Physical:**

- Pain
- Illness gets worse
- Malnutrition/ dehydration
- Injury

#### **Intellectual:**

- Lack of progress/ skill development
- Failure to achieve potential
- Loss of concentration
- Lack of mental stimulation

#### **Emotional:**

- Depression
- Feeling upset
- Low self-esteem
- Anger/ frustration
- Stress

#### **Social**

- Feeling excluded
- Feeling lonely
- Lack of social interactions/ social skills
- Being withdrawn