## **Health & Social Care - Long term plan**



	YEAR 10	YEAR 11
Autumn A Topic	RO33: Supporting Individuals through life events	RO32 (Exam): Principles of care in health and social care settings
Autumn A Knowledge	Life Stages and key milestones     PIES development across the life stages     Factors affecting growth and development across the life stages     Growth and development of individuals.  Topic Area 2 (TA2): Impacts of Life Events      Expected and unexpected life events.     Impacts that life events have on individuals.  Identifying individuals needs based on the impacts of life events.	<ul> <li>Topic Area 3 (TA3): Effective communication in health and social care settings</li> <li>The importance of verbal communication in health and social care setting</li> <li>The importance of non-verbal communication in health and social care setting</li> <li>The importance of active listening in health and social care settings</li> <li>The importance of special methods of communication in health and social care settings</li> <li>The importance of effective communication in health and social care settings</li> </ul>
Autumn A Skills	Performance Objectives  PO2, PO3, PO4 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.  Transferable skills  Communication Researching Topics Planning Time management Creating Presenting to a group Interviewing skills	Performance Objectives  PO1 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.  Skills  Recall knowledge and show understanding



Autumn A		✓ Class assessment for Topic areas 1, 2 and 3
Assessment	Written report for TA1.	
opportunity	2. Written report for TA2.	
Autumn B Topic	RO33: Supporting Individuals through life events	RO32 (Exam): Principles of care in health and social care settings
Autumn B Knowledge	Topic Area 3 (TA3): Sources of support	Topic Area 4 (TA4): Protecting service users and service providers in health and social care settings
	<ul> <li>Sources of support.</li> <li>The roles of practitioners in providing support.</li> <li>The roles of informal care givers in providing support.</li> <li>How practitioners meet individuals needs.</li> <li>Research and recommend personalised support based on individual needs.</li> </ul>	<ul> <li>Safeguarding</li> <li>Infection prevention</li> <li>Safety procedures and measures</li> <li>How security measures protect service users and staff</li> </ul>
Autumn B Skills	Performance Objectives  PO2, PO3, PO4 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.	Performance Objectives  PO1 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.
	Transferable skills	<u>Skills</u>
	<ul> <li>Communication</li> <li>Researching Topics</li> <li>Planning</li> <li>Time management</li> <li>Creating</li> <li>Presenting to a group</li> <li>Interviewing skills</li> </ul>	Recall knowledge and show understanding
Autumn B Assessment opportunity	Written report for TA3.	✓ Full H&SC past papers to test knowledge
Spring A Topic	RO35: Health promotion campaigns	FINAL EXAM WILL BE SAT EITHER IN <u>JANUARY</u> OR <u>JUNE</u> (AT THE TEACHERS DISCRETION).
Spring A Knowledge	Topic Area 1 (TA1): Current public health issues and the impact on society	



	<ul> <li>The importance of a healthy society</li> </ul>	
	Public health challenges for society	
	<ul> <li>Current health promotion campaigns and their benefits</li> </ul>	
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	Topic Area 2 (TA2): Factors influencing health	
	Factors influencing health and wellbeing	
	Leading a healthy lifestyle	
	Barriers to leading a healthy lifestyle.	
Spring A	Performance Objectives	
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Skills	PO2, PO3, PO4 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.	
	Transferable skills	
	Communication	
	Researching Topics	
	Planning	
	Time management	
	Creating	
	Presenting to a group	
	Interviewing skills	
Spring A		
Assessment	✓ Topic Area 1 assignment (Task 1a)	
opportunity	✓ Topic Area 2 assignment (Task 1b)	
	RO35: Health promotion campaigns	
Spring B	KO35. Health promotion campaigns	
Topic		
Spring B	Topic Area 3 (TA3): Plan and create a health promotion	
Knowledge	campaign campaign	
	How to plan a health promotion campaign	
	Topic Area 4 (TA4): Deliver and evaluate a health promotion	
	campaign	
	ouripulgit	
	How to deliver a health promotion compaign	
	How to deliver a health promotion campaign	
	How to evaluate your own performance	



Spring B Skills	Performance Objectives	
Spring D Skills		
	PO2, PO3, PO4 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.	
	performance Objectives (FO) descriptors.	
	<u>Transferable skills</u>	
	Communication	
	Researching Topics	
	Planning	
	Time management     Creating	
	<ul><li>Creating</li><li>Presenting to a group</li></ul>	
	Interviewing skills	
Spring B		
Assessment	✓ Topic Area 3 assignment (Task 2 – Plan a campaign)	
opportunity	✓ Topic Area 4 assignment (Task 3 – Student	
,	presentation/TOR) ✓ Topic Area 4 assignment (Task 4 – Evaluate your	
	performance of your presentation)	
Summer A	RO32 (Exam): Principles of care in health and social care	
Topic	settings	
Summer A	Topic Area 1 (TA1): The rights of service users in health and	
Knowledge	social care settings	
	Types of Care settings	
	Types of Care settings     The rights of service users	
	The benefits to service users health and wellbeing when	
	their rights are maintained.	
Summer A	Performance Objectives	
Skills		
	PO1 (See appendix at the bottom of the document for	
	performance Objectives (PO) descriptors.	
	Skills	
	Recall knowledge and show understanding	



Summer A Assessment opportunity	✓ Class assessment for Topic Area 1.	
Summer B Topic	RO32 (Exam): Principles of care in health and social care settings	
Summer B Knowledge	<ul> <li>Person-centred values</li> <li>Person-centred values and how they are applied by service providers</li> <li>Benefits of applying the person-centred values</li> <li>Effects on service users health and wellbeing if person centred values are not applied.</li> </ul>	
Summer B Skills	Performance Objectives  PO1 (See appendix at the bottom of the document for performance Objectives (PO) descriptors.  Skills  Recall knowledge and show understanding	
Summer B Assessment opportunity	✓ Class assessment for Topic areas 1 and 2.	



## <u>Appendix</u>

## **Performance Objectives**

- PO1 Recall knowledge and show understanding of Health and Social Care concepts.
- PO2 Apply knowledge and understanding of Health and Social Care concepts.
- PO3 Analyse and evaluate knowledge, understanding and performance.
- PO4 Demonstrate and apply sporting skills and processes relevant to Health and Social Care.

