

The Orme Academy PSHE Year 7 Learning Journey







Delivered in Technology (food) - healthy eating



Your journey continues: Year 8 PSHE











HSBC

Making safe financial decisions



Saving and managing money



Living in the Wider World: Financial decision making



relationships



Assertiveness and consent





On screen relationships Challenging media stereotypes



Respectful relationships



Self-worth



Relationships: **Building relationships**



Personal hygiene and health







Understanding drugs and managing pressure Caffeine





Smoking

FGM

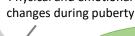
Alcohol

Vaping

SAY NO

TO VAPING







and equality of opportunity

Challenging stereotypes



Enterprise skills

Health and Wellbeing: Health and puberty



information (LMI)

Local and national labour market information (LMI)



Personal skills and qualities



work



aspirations

Understanding careers



Living in the Wider World:

Developing skills and aspirations



Transition to

secondary school

Challenging prejudice, stereotypes and discrimination



Bullying (including online bullying)



Dealing with conflict







Good habits: study skills



Controlling emotions



Personal strengths



Forming positive relationships

Managing friendships

Relationships: Diversity







Introduction to PSHE



Health and Wellbeing:

Transition and safety

Your Year 7 PSHE journey starts here!



Personal safety strategies

