The Orme Academy
PSHE Year 8 Learning Journey

The Orme Academy — EMPOWERING LEARNERS FOR LIFE

Shaw Education Trust

Launch Your Career

Your journey continues: Year 9 PSHE

Thorpe Park – enterprise challenge

Employment and the law: children and working hours

Children at work: coco

Children at work: Bollywood

Children at work: football

Setting aspirational goals

Challenging stereotypes and discrimination in relation to work and pay

Introduction to contraception

Sexting and sharing sexual images

Living in the Wider World: Community and careers

Consent

Sexual harassment

Sexual harassment and the workplace

Gender identity and sexual orientation

Healthy relationships

Positive social norms and attitudes

Relationships: Identity and relationships

Assessing risks: nicotine and tobacco

Myths and facts: alcohol

Habit and dependence

Managing influence

Assessing risks: alcohol

Energy drinks

Prescription drugs

Self-worth and confidence

Relationships and bullying

Racism and religious discrimination

Health and Wellbeing: Drugs and alcohol

Challenging stereotypes and discrimination

Discrimination and the law

Hate crime

Gender-based discrimination

Prejudice and discrimination

Managing challenging content

Online grooming

Relationships: Discrimination

Online content

Propaganda

Online gaming and addiction

Safety and social media

Staying safe online

Accessing support

Body image

Living in the Wider World: Digital literacy

Social media and mental health

Managing emotions

Healthy coping strategies

Building resilience

Dealing with stress

Unhealthy coping strategies

Attitudes towards mental health

Developing digital resilience

Promoting emotional wellbeing

Health and Wellbeing: Emotional wellbeing

pshe Personal Social Health Education

Your Year 8 PSHE journey starts here!