The Orme Academy
PSHE Year 9 Learning Journey

The Orme Academy — EMPOWERING LEARNERS FOR LIFE

Shaw Education Trust

Your journey continues: Year 10 PSHE

HSBC — Financial skills for work

Accessing support and preparing for the future

Top tips for employability

Constructive feedback

Managing online reputation and 'personal brand'

Setting aspirational goals

Managing family changes

Accessing support

Skills for enterprise and employability

Living in the Wider World: Employability skills

Homelessness amongst young people

Conflict and its causes

Conflict resolution

Emergency first aid

Different types of families

Positive relationships

Relationships: Respectful relationships

Testicular cancer and self-examination

Taking responsibility

Making informed healthy eating choices

Body image

Lifestyle and wellbeing

Independent health choices

Consequence

Importance of sleep

Portrayal of relationships in the media

Pregnancy

Consequences of unprotected sex

Health and Wellbeing: Healthy lifestyle

Pornography and expectations

Consent

Sexual health check

Periods and wellbeing products

Understanding vulval health

Understanding penile health

Showcasing personal strengths

Relationships: Intimate relationships

Your choices

Options: GCSE's and beyond

Career sectors

Labour market information (LMI)

Knife crime

Personal skills and qualities

Living in the Wider World: Setting goals

Gangs – managing risks

Friendships – healthy and unhealthy

Addiction and dependence

Gang exploitation

Gangs and influence

Drugs and alcohol – exploring attitudes

Drugs and their effects

Managing influence

Drugs, the law and managing risks

Health and Wellbeing: Peer influence, substance use and gangs

pshe Personal Social Health Education

Your Year 9 PSHE journey starts here!