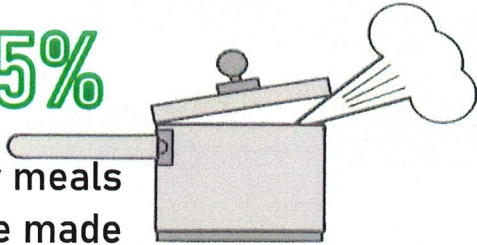


# WHY CHOOSE A CATERLINK SCHOOL MEAL?

95%  
of our meals  
are made  
**FRESH** on site daily




All of our menus are compliant to the **SILVER STANDARD** as a minimum



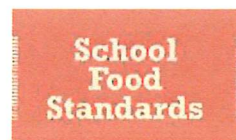
 **QUALITY INGREDIENTS**

such as MSC fish, red tractor meat and RSPCA assured free range eggs

 **NUTRITIOUS & BALANCED** and include a portion of protein, a portion of carbohydrates and two portions of vegetables

Our nutrition team ensure all menus meet the

We offer a **SALAD BAR & FRESHLY BAKED BREAD** for children to help themselves to

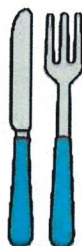


**SCHOOL FOOD STANDARDS**

for dishes and portion sizes

We have increased our range of **SUSTAINABLE OPTIONS** including our Added Plant Power dishes , our vegan dishes  and through encouraging meat free days on menus

Our **DESSERTS** not only contain important nutrients such as calcium and zinc but are also in line with guidance on sugars. Fresh fruit and yoghurt are also offered daily



All of our **PORTION SIZES** are compliant, ensuring that we are not offering children too much or too little food for their **ENERGY** requirements.

## ***Drinks:***

Small Water	45p
Large Water	65p
Juiceburst	£1.00
Viva	60p
Vimto Water	£1.10
Radnor Fizz	70p
Radnor Splash	90p
Sunmagic Carton	65p

## ***Chiller:***

Basic Sandwich	£1.65
Fruit Bag	75p
Fresh Fruit	35p
Dessert Pot	£1.00



# Updated Price List for the Café

## ***Breakfast:***

Cheese Oatcakes	£1.10
Toast	30p
Toasted Bagels	70p
Hash Browns	40p
Waffles	£1.10
Croissants	75p
Fruit	35p
Spicy Wedges	£1.35
Sausage Rolls	£1.20
Half Panini	£1.30
Bacon Bap	£1.50
Sausage, Cheese and Bean Wrap	£1.60

## ***Lunch:***

Main Meal	£2.00
Chilli Nachos	£2.00
Chicken Tikka Naan's	£2.00
Pizza Slice	£1.40
Chicken Burger	£2.00
Beef Burger	£2.00
Chips	£1.35
Chip Baguette	£2.20
Cake	90p
Cake & Custard	£1.00
Meal Deal	£2.60
Build 'A' Baguette	£2.20
Curry & Rice	£2.00
Pasta & Sauce	£2.00
Panini	£2.20
Plain Pasta or Rice	£1.10



**1****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MAIN #1**Macaroni  
Cheese with  
sidesChicken  
Wrap,  
herby  
potato  
cubesCottage  
Pie, Roast  
Potato,  
Vegetables  
and GravyChicken  
Curry, Rice,  
Bombay  
Potato and  
Naan BreadBattered  
Fillet of  
Fish, Served  
with Chips,  
Peas or  
Beans**MAIN #2**Vegetarian  
Spaghetti  
Bolognese  
with Garlic  
Bread & SaladRoasted  
Vegetable  
Stir Fry with  
NoodlesVeggie  
Sausage  
& Mash with  
Onion GravySweet Potato,  
Chickpea &  
Spinach Tikka  
with Rice*NEW* Feta  
&  
Watercress  
Quiche  
with Chips  
& Peas**HANDHELD**Chicken  
BurgersPizza  
Slice or  
Peppered  
Steak  
SlicesBurrito  
or  
Pizza SlicePizza  
Baguette or  
Chicken  
Tikka Folded  
NaanChip  
Portion  
Or  
Chip  
Baguette**MODERN BOWLED****BAKERY OVER**Curry &  
RicePasta with  
Tomato &  
Chorizo  
SauceJacket  
Potato with  
a choice of  
2 FillingsLoaded  
WedgesChip  
PortionHome Baked Cakes, Cake & Custard, Fruit Bags & Fresh Fruit Available Daily.  
Panini Selection Available Daily.**ALLERGIES**PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED  
TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF  
YOUR AVAILABLE CHOICES.



**2****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MAIN #1****Chicken Tikka Masala, Rice and Naan Bread****Lasange, Sweetcorn and Garlic Bread****Sausage and Mash served with Roast Potato and Veg****Chilli, Rice and Nachos****Battered Fillet of Fish served with Chips, Peas or Beans****MAIN #2****Roasted Potato & Winter Veg Medley with Broccoli, Peas & Gravy****Roasted Chickpea and Bean Pitta with Grains & Slaw****Potato Layer Bake with Roast Potatoes, Seasonal Vegetables & Gravy****Vegetable Korma served with Rice & Sambals****Posh Dog with Tater Tots****HANDHELD****Chicken Burgers or Hot Dog****Pizza Slice Or Loaded Wedges****Pepper Steak Slices or Pizza Slice****Burrito or Pizza Baguette****Chip Or Chip Baguette****BOWLED OVER MODERN BAKERY****Herby Tomato Sauce and Pasta****Chill & Rice****Giant Filled Yorkshire Pudding****Jacket Potato with a choice of 2 Fillings****Chips****Home Baked Cakes, Cake & Custard, Fruit Bags & Fresh Fruit Available Daily. Panini Selection Available Daily.****ALLERGIES****PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.**



**3**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MAIN #1**

**Creamy Chicken and Veg Pie topped with Mash**

**Chicken Stir Fry and Noodles**

**Sausage Plait with Mash, Roast Potatos, Veg & Gravy**

**Spaghetti Bolognese with Sweetcorn and Garlic Bread**

**Battered Fillet of Fish served with Chips, Peas or Beans**

**MAIN #2**

**Cheese & Potato Pinwheel with Jacket Wedges & Beans**

**Mexican Vegetables with Rice or Soft Tacos**

**Vegetarian Wellington with Roast Potatoes, Broccoli & Gravy**

**Houmous & Falafel Flatbread with Salads**

**Bean Burger with Chips & Peas**

**HANDHELD**

**Chicken Burgers**

**Pizza Slice or Burritos**

**Peppered Steak Slice or Pizza Slice**

**Chicken Tikka Folded Naan or Pizza Baguette**

**Chips or Chip Baguette**

**MODERN BOWLED BAKERY OVER**

**Chilli and Rice**

**Herby Tomato Sauce and Pasta**

**Curry and Rice**

**Jacket Potato with a Choice of 2 fillings**

**Chips**

**Home Baked Cakes, Cake & Custard, Fruit Bags & Fresh Fruit Available Daily. Panini Selection Available Daily.**

**ALLERGIES**

**PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.**