



28<sup>th</sup> November 2022

Dear all,

We hope you are all keeping well. We have a few reminders and notes on upcoming events.

### **Ofsted Monitoring Visit**

We are very pleased to say that we had our first Ofsted monitoring visit in October to assess the progress we have made in setting up the college. You can see the full report on our website.

### **Children in Need**

Thanks to all of you who donated for Children in Need last week. We raised £30.

### **Attendance and punctuality Reminder**

If students are going to be absent, please encourage them or yourself to call the office before 9am. We call all families to check in with you when students are absent or late. Please make sure students arrive at college on time and not before 8:45am.

### **Appointments.**

If students have medical appointments, please try to make them at the start or end of the day so that they can attend college before or after their appointment. We understand some appointments cannot be changed.

### **Sleep well**

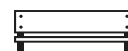
At any given time up to 40% of adults (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Sleep problems can leave people feeling isolated and lonely. Sleep is essential to brain function, by helping people to sleep better, we can help them to succeed in college. The National Sleep Helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. You can read more here:  
<https://thesleepcharity.org.uk/national-sleep-helpline/>

### **Second Hand Sale and food Bank Collection**

If you have any items to donate to our 2nd hand stall do send them in with students beforehand. Please also feel free to send in items for our Food bank collection where one of our students volunteers weekly.

### **Careers Talks**

As part of our careers programme we have people coming into college regularly. If you or someone you know would like to come in to talk to the students about your job/ career please do get in touch at [office@theparkcollege.org](mailto:office@theparkcollege.org). We are also looking for more work experience for our students so if you know of any businesses that would be willing to have our students take part in work experience/ volunteering roles at their work place please do let us know.





### Upcoming events

Please see some upcoming events below. You are invited to our regular coffee mornings held by one of the parents on Tuesday and Wednesday mornings.

We would like you join us for our Winter Fair on Friday 9<sup>th</sup>, Students can bring in money that day to spend at the fair. We will have craft stalls, 2<sup>nd</sup> hand stall, food, a student choir and karaoke.

November 28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>	December 1 <sup>st</sup>	2 <sup>nd</sup>
Event: MHFA Training course: 16 people	Event MHFA Training course:16  Parent/carer Coffee morning's – Café 10-12pm  Career Talk: Yoga Instructor 10-10:30	Career Talk: Photographer 2-2:30pm	Parent/carer Coffee morning's – Café 10-12pm	
December 5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>
	Parent/carer Coffee morning's – Café 10-12pm  Event: LSTH: 30 people		Parent/carer Coffee morning's – Café 10-12pm  Christmas Jumper Day - £1	Winter Fair, Choir, Karaoke 1-2pm- parents invited
December 12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
	Parent/carer Coffee morning's – Café 10-12pm  Winter Celebration meal 12-2pm	Autism Voice Craft Fair 11-2pm Parents/carers invited to Clapham Event: 30 people	Parent/carer Coffee morning's – Café 10-12pm	Film Club Disco 1-2pm  Christmas holidays 2pm
<b>College Holidays</b>				
Winter/Christmas holidays: 19 Dec 2022 3rd Jan 2023 Staff return 3 <sup>rd</sup> Jan, Students return 4 <sup>th</sup> Jan 2023				

*Catrina Guyler-Kone*

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Acting Principal

