



# Ridgeway

Leisure Centre



## POOL TIMETABLE 2024

DAY	POOL SESSION	TIME
MONDAY	Lengths *	18:00 - 19:00
	Ladies only (Deep End)	19:00 - 20:00
WEDNESDAY	Lengths * (Cancelled first Wednesday of every month for Lifeguard training)	19:00 - 20:00
THURSDAY	Casual	18:00 - 19:00
	Lengths *	19:00 - 20:00
SATURDAY	Family session (no lane swim)	12:30 - 13:30
	Booking recommend please phone reception.	
SUNDAY	Lengths*	08:00 - 09:00
	Casual	09:00 - 10:00
	Family session (no lane swim)	10:00 - 12:00
	Booking recommend please phone reception.	
*All swimmers attending a Length session must be able to swim a minimum of 25m without stopping.		

Ridgeway Leisure Centre

Inverary Road, Wroughton  
Swindon, Wiltshire, SN4 9DJ

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## CLASSES TIMETABLE

### 2024

DAY	CLASS SESSION	TIME
MONDAY	Aquafit	19:00 - 19:45pm
TUESDAY	Kettlebells	18:15 - 19:00pm
WEDNESDAY	Muscle Madness	18: 15 - 19:00pm
Friday	Aqua Fit	16:45—17:30pm

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