



The Ridgeway School & Sixth Form College

...Inspiring Learners For Their Future

*'Our shared vision is that our students, colleagues and families will be part of a **FAIR** community.'*

*We will support our school **Family** to **Achieve** their potential, and **Inspire** students to **Reach** the very best destinations.'*



Health & Social Care Curriculum Overview

RESPECT | HONESTY | ENDEAVOUR | CREATIVITY | COMMUNITY

KS4 Curriculum Overview – Health and Social Care

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	<p>A1 – PIES <i>Early childhood and PIES</i> <i>Adolescence and PIES</i> <i>Early adulthood</i> <i>Middle adulthood and PIES</i> A1 Factors affecting health and wellbeing How factors can affect an individual's health and wellbeing positively or negatively.</p>	<p>A2 – Growth and Development <i>Lifestyle factors</i> <i>Genetic Inheritance</i> <i>Emotional Factors</i> <i>Cultural Factors</i> <i>Environmental Factors</i></p> <p>A1 Lifestyle factors that can have positive or negative effects on health and wellbeing: o nutrition o physical activity – smoking, alcohol & substance misuse.</p>	<p>B1&2 – Life Events <i>Health and Well Being</i> <i>Relationships</i> <i>Life Events</i></p> <p>A1 Social and Cultural factors that can have positive or negative effects on health and wellbeing:</p>	<p>Set Assessment</p> <p>A1 Economic and Environmental factors that can have positive or negative effects on health and wellbeing</p>	<p>B 1 Lifestyle</p> <p>A1 Health Conditions Secondary Care</p> <p>A1 The impact on physical, intellectual, emotional and social health and wellbeing of different types of life event:</p>	<p>C1 Person Approach</p> <p>Social Model of Desirability Physical Barriers Mental Barriers Geographical Barriers</p> <p>B1 How physiological indicators are used to measure health.</p>

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 11	<p>B1 Skills and attributes in health and social care</p> <p>B2 explore how lifestyle choices determine physical health. Interpretation of lifestyle data according to published guidelines: o nutrition – the Eatwell Guide o physical activity – UK Chief Medical Officers’ Physical Activity Guidelines -smoking – UK Chief Medical Officers’ Smoking Guidelines, alcohol – UK Chief Medical Officers’ Alcohol Guidelines, substance misuse</p>	<p>B2 Values in health and social care Learners will explore the values that are required when planning and delivering care.</p> <p>C1 The Person Centred Approach – needs, wishes and circumstances.</p>	<p>B3 The obstacles individuals requiring care may face Learners will explore the personal obstacles that individuals requiring and receiving care may face. Potential obstacles and their impact on the individual:</p> <p>C2 Recommendations and actions to improve health and wellbeing</p>	<p>B4 The benefits to individuals of the skills, attributes and values in health and social care practice Learners will explore how skills, attributes and values benefit individuals when receiving care.</p> <p>C3 Barriers and obstacles to following recommendations</p>	Revision	N/A