Ridgeway Leisure Centre

POOL TIMETABLE 2026

DAY	POOL SESSION	TIME
MONDAY	**Lengths**	**18:00 – 19:00**
	Ladies Only (Deep End)	**19:00 – 20:00**
WEDNESDAY	**Lengths** **(Cancelled first Wednesday of every month for lifeguard training)**	**19:00 – 20:00**
THURSDAY	**Casual (1 lane)**	**18:00 – 19:00**
	Lengths	**19:00 – 20:00**
SATURDAY	**Family session (full pool)**	**12:30 – 13:30**
	Booking advised for Family swim. Please call reception after 5pm on Friday	
SUNDAY	**Lengths**	**08:00 – 09:00**
	Casual (1 lane)	**09:00 – 10:00**
	Family session (full pool)	**10:00 – 12:00**
	Booking advised for Family swim. Please call reception after 5pm on Friday	

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