



The Ridgeway School & Sixth Form College

...Inspiring Learners For Their Future

*'Our shared vision is that our students, colleagues and families will be part of a **FAIR** community.'*

*We will support our school **Family** to **Achieve** their potential, and **Inspire** students to **Reach** the very best destinations.'*



PSHE/RSE

Curriculum Overview

2024/25

RESPECT | HONESTY | ENDEAVOUR | CREATIVITY | COMMUNITY

Year 7 PSHE/RSE Curriculum Overview 2024/25

Year 7	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Relationships	Health & Wellbeing	Living in the Wider World	Relationships	Health & Wellbeing	
	<u>Respectful Relationships</u> 1. Bullying and Banta 2. Good Friendships 3. Positive and healthy friendships 4. Safe Relationships 5. Falling in love 6. Healthy lifestyle 7. Ending friendships and relationships	<u>Changing adolescent bodies</u> 1. Exploring puberty 2. Hygiene and dental health 3. Menstrual health 4. Menstrual health 5. First sexual feelings 6. Healthy Communication 7. Gender Identity and Sexuality	<u>Online and Media</u> 1. Opportunities Online 2. Digital Citizenship 1 3. Digital Citizenship 2 4. Digital Footprint 5. Cyberbullying 6. Social Media	<u>Citizens of a Wider World</u> 1. Prejudice 2. Discrimination 3. Hate Crimes 4. Radicalisation 5. Personal Identity 6. Anti-Racism	<u>Healthy Relationships in the family</u> 1. Families 2. Wider families 3. Respecting differences 4. Boundaries, privacy & consent 5. Family Conflict and Conflict and reconciliation	<u>Personal safety and boundaries</u> 1. Permissions 2. Sexting and dangers 3. Living Healthier 4. Healthy eating 5. Physical Health 6. Mental Wellbeing 7. Sun and water safety

Year 8 PSHE/RSE Curriculum Overview 2024/25

Year 9	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Health & Wellbeing	Living in the Wider World	Health & Wellbeing	Relationships	Living in the Wider World	Relationships
	<u>Self-esteem and Confidence</u> 1. Self Esteem 2. Self Confidence 3. Body Image 1 4. Body Image 2 5. Body shaming 6. Personal Hygiene 7. Core Values and Attributes	<u>Online and Media</u> 1. Online risks 2. Screen time 3. Harmful material online 4. Risks of unknown people online 5. Unhealthy comparisons	<u>Drugs and Alcohol</u> 1. Drugs, the law and managing risk 2. Alcohol and Cannabis 3. Managing influence 4. Prescription drugs and legal highs	<u>Families being safe and reporting concerns</u> 1. Safe family R/S 2. Trustworthy information 3. Recognising unsafe R/S 4. Recognising our own unsafe R/S	<u>Human Rights and Crime</u> 1. Human Rights and Charity 2. Human Rights abused 3. Child Exploitation 4. Knife Crime	<u>Sexual health and Safety</u> 1. Sexual Consent 2. Harassment and Rape 3. Grooming 4. Contraception 5. STI's 6. Choices in Pregnancy

		6. Understanding online information 7. Explicit material online	5. Caffeine consumption 6. Energy drinks 7. Vaping / smoking	5. Communication Skills 6. FGM	5. Law and Young Offenders	7. First Aid
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Year 9 PSHE/RSE Curriculum Overview 2024/25

Year 9	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Living in the Wider World	Health & Wellbeing	Health & Wellbeing	Living in the Wider World	Relationships	Living in the Wider World
	<u>Safety off and online</u> 1. The Law 2. Issues and scenarios 3. Reporting and penalties 4. Sexualised material 5. Sexually explicit material 6. Social media and loneliness 7. Child sexual exploitation	<u>Seep and Healthy Routines</u> 1. Quality of sleep 2. Sleep strategies 3. Impact of poor sleep 4. Devices to sleep 5. Emotional Wellbeing 6. Mental Wellbeing 7. Physical health	<u>Drugs and Alcohol</u> 1. Substances 2. Alcohol Short Term 3. Alcohol Long Term 4. Tobacco 5. Drugs and the Law 6. Acid Attacks	<u>Extremism</u> 1. Anti Racism and tolerance 2. Prejudice and Discrimination 3. Extreme groups 4. Leaders of extreme groups 5. Extremism 6. Religion and Extreme groups	<u>Sexual health and Safety</u> 1. Delaying Sex 2. Healthy communication 3. Pornography 4. Revenge Porn 5. Harassment	<u>Preparing for Work</u> 1. Self attributes and goals 2. How to achieve 3. Workplace skills 4. Enterprises 5. Work skills 6. Employability 7. Navigating Financial Institutions

Year 10 PSHE/RSE Curriculum Overview 2024/25

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
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Year 10	Relationships	Health & Wellbeing	Living in the Wider World	Living in the Wider World	Health & Wellbeing	Living in the Wider World
	<u>Harmful behaviours in relationships</u> 1. Sexual consent 2. Alcohol, drugs and sex 3. Issues of consent 4. Sexual coercion 5. Harassment, abuse and rape 6. Stalking 7. Domestic abuse	<u>Sexual relationships</u> 1. Contraception 2. Barrier methods 3. Hormonal devices and NFP 4. Introduction to STIs 5. The main STIs and HIV 6. Healthy communication 7. Forced marriage	<u>Finances</u> 1. Personal Budgets 2. Wants and Needs 3. Financial Products 4. Financial Transactions 5. Shop Ethically 6. Savings and Debt	<u>Preparing for Work</u> 1. Preparing for Work Experience 2. Rights and Responsibilities in the work place 3. Right career choice 4. Writing a CV 5. STEM 6. First Aid	<u>Healthy Relationships</u> 1. Sexism and gender prejudice 2. Conflict management 3. Same Sex R/S 4. Gender and trans Identity 5. Community Cohesion	<u>Social Dangers</u> 1. Fake News 2. Criminal Justice system 3. Anti-social behaviour 4. Gangs 5. Racism 6. Extremism 7. Money Laundering

Year 11 PSHE/RSE Curriculum Overview 2024/25

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 11	Living in the Wider World	Health & Wellbeing	Health & Wellbeing	Relationships	Health & Wellbeing	N/A
	<u>Internet safety and harms- online relationships and harmful behaviour</u> 1. Online grooming 2. Obsessive online behaviours 3. Catfishing 4. Honour-based violence 5. FGM	<u>Mental wellbeing- recognising problems and seeking support</u> 1. Coping with anxiety 2. Panic disorder and panic attacks 3. PTSD 4. Suicidal thoughts 5. SAD	<u>Exam Preparation</u> 1. Exam Stress 2. Importance of sleep 3. Perseverance 4. Managing Time 5. Study Skills 6. Happiness	<u>Healthy Relationships</u> 1. Happiness in myself 2. Healthy relationships 3. Safe Sex 4. What is Good Sex 5. Consent 6. Healthy break ups	<u>Future Planning</u> 1. Fertility 2. Pregnancy and Miscarriage 3. Choices in Pregnancy 4. Long term commitments 5. Parenting	

	6. County lines and Gangs 7. Pornography	6. Maintaining positive mental health into adulthood 7. First Aid				
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Unit Summary Sheet

Unit title	Year 7 Term 1: Respectful Relationships- Friendships and Romantic		
Links to other units	<ul style="list-style-type: none"> Relationships in year 7 term 5 Relationships; families; year 8 term 4 and term 6; sexual relationships Relationship's year 9 term 5; sexual relationships Relationships in year 10 term 1; harmful behaviours Relationships in year 11 term 4, healthy relationships within ourselves and others 		
Key prior knowledge	<ul style="list-style-type: none"> Friendships and boundaries What is healthy and unhealthy in relationships Harmful behaviours How to identify and seek help 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect 		
Core knowledge	<ul style="list-style-type: none"> Features of a healthy friendship How to respect privacy Why we should respect boundaries What is consent How to resolve conflict Wider family relationships Ending friendships and relationships 	Core vocabulary	<ul style="list-style-type: none"> Friendships Relationships Positive Consent Personal space Privacy Conflict Reconciliation
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Matched to the needs of the school- manners and personal awareness Supported by the mentoring programme themes- Ridgeway Family Core values 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check 		

Unit title	Year 7 Term 2: Changing adolescent body- puberty and menstrual wellbeing		
Links to other units	<ul style="list-style-type: none"> ● This unit links to puberty in KS2. ● Year 8 term 1 body image and self esteem ● Year 9 term 1, physical health ● Year 11; physical and mental health 		
Key prior knowledge	<ul style="list-style-type: none"> ● Physical and emotional changes in puberty (primary school) ● Self-awareness ● Primary teaching of topic 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> ● What is puberty ● What are the physical changes that take place for boys and girls ● How do hormones cause attraction ● How can I manage risk and my emotions ● Why is hygiene important during puberty ● What is the typical cycle length of periods ● What different period products are available 	Core vocabulary	<ul style="list-style-type: none"> ● Puberty ● Period ● Wet dreams ● Oestrogen and testosterone ● Attraction ● Masturbation ● Hygiene ● Discharge ● Cystitis ● Smegma ● Foreskin ● Uterus ● Sanitary towel ● Tampon ● Menstrual cup
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Healthy Lifestyles 		

Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 7 Term 3: Online and Media – rights, responsibilities and keeping safe		
Links to other units	<ul style="list-style-type: none"> This unit links to Online and Media in Y8 term 2; staying safe and media use Year 9 online and media; pornography and other dangers Year 10 term 6, fake news Year 11 term 1, internet safety and behaviours 		
Key prior knowledge	<ul style="list-style-type: none"> Online behaviours including bullying KS2 safety and PSHE programme Using media and its dangers 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> What are the benefits to being online How might we use the internet as we get older What is a digital citizen What rights and responsibilities do we have online What is trolling and how can it be harmful? What is a digital footprint? Social media and reality Real life friendships vs. online friendships 	Core vocabulary	<ul style="list-style-type: none"> The internet Social media A digital citizen Respectful Digital footprint Cookies Cyberbullying Discrimination Cyber space Prejudice
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		

Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- online media and young people Matched to the needs of the school- personal awareness
Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 7 Term 4: Citizens of the Wider World		
Links to other units	<ul style="list-style-type: none"> This unit links to Online and Media in Y8 term 2; staying safe and media use Year 9 Term 1, Living in the wider world Year 10 term 6, fake news Year 11 term 1, internet safety and behaviours 		
Key prior knowledge	<ul style="list-style-type: none"> Prejudice and Discrimination KS2 safety and PSHE programme Using media and its dangers Personal identity and responsibilities 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> What is prejudice and discrimination The causes and the effects of prejudice and discrimination What rights and responsibilities do we have? Hate crimes Radicalisation Anti-Racism How to be a better global citizen 	Core vocabulary	<ul style="list-style-type: none"> Respectful Discrimination Cyber space Prejudice Hate crimes Radicalisation Anti-Racism Racism Responsibilities

Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- online media and young people • Matched to the needs of the school- personal awareness 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 7 Term 5: Relationships in the Family		
Links to other units	<ul style="list-style-type: none"> • Relationships; families; year 8 term 4 and term 6; sexual relationships • Relationship's year 9 term 5; sexual relationships • Relationships in year 10 term 1; harmful behaviours • Relationships in year 11 term 4, healthy relationships within ourselves and others 		
Key prior knowledge	<ul style="list-style-type: none"> • Friendships and boundaries • What is healthy and unhealthy in relationships • Harmful behaviours • How to identify and seek help 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Empathy • Respect 		
Core knowledge	<ul style="list-style-type: none"> • What does consent mean and why is it so important • How can you recognise when a person is consenting and when they are not 	Core vocabulary	<ul style="list-style-type: none"> • Consent • Communication • Clarity • Empathy • Grooming

	<ul style="list-style-type: none"> ● How can I express myself clearly, share feelings openly and listen to others ● Family conflict and how to respond to it ● Recognising healthy and unhealthy relationships within the family and how to respond 		<ul style="list-style-type: none"> ● Sexual abuse ● Consent ● Personal space ● Privacy ● Conflict ● Reconciliation
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- awareness of behaviours ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> ● None; teacher to learning review in lesson and through book check 		

Unit title	Year 7 Term 6: Mental Wellbeing and Healthy Lifestyles		
Links to other units	<ul style="list-style-type: none"> ● Year 7 term 2, Puberty and changing bodies ● Year 9 term 1, physical health ● Year 11; physical and mental health 		
Key prior knowledge	<ul style="list-style-type: none"> ● KS2 safety and PSHE programme ● Using media and its dangers ● Healthy lifestyles ● Physical and Mental health and Wellbeing 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		

Core knowledge	<ul style="list-style-type: none"> • What is mental wellbeing • What factors impact positive wellbeing • What are the best ways to look after your mental wellbeing • What positive strategies can I use to manage difficult emotions • How can change, including loss and bereavement, affect people in different ways • Dealing with loneliness • What strategies and support are available to help people manage • Healthy eating • Labels and nutrition • Sun and water safety 	Core vocabulary	<ul style="list-style-type: none"> • Mental wellbeing • Emotions • Grief • Bereavement • Loneliness • Healthy eating • Nutrition • Relationships • Positive • Consent • Personal space • Privacy • Conflict • Reconciliation • mindfulness
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- post covid resilience • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 8 Term 1: Self Esteem and Confidence		
Links to other units	<ul style="list-style-type: none"> • Year 7 term 2, Puberty and changing bodies • Year 9 term 1, physical health • Year 11; physical and mental health 		
Key prior knowledge	<ul style="list-style-type: none"> • KS2 safety and PSHE programme • Using media and its dangers • Healthy lifestyles • Physical and Mental health and Wellbeing 		

Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> ● What is Self Esteem ● Self confidence and how to develop it ● Healthy body images and how to identify unhealthy attitudes and here to seek support ● Personal hygiene ● Core values and attributes ● Body shaming, what it is and how to prevent it. 	Core vocabulary	<ul style="list-style-type: none"> ● Mental wellbeing ● Emotions ● Grief ● Bereavement ● Loneliness ● Self-esteem ● Body image ● Appearance ideals ● Body shaming Relationships ● Positive ● Consent ● Personal space ● Privacy ● Conflict ● Reconciliation ● Mindfulness
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- post covid resilience ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	None; teacher to learning review in lesson and through book check		
Unit title	Year 8 Term 2: Online and the Media in the wider world		
Links to other units	<ul style="list-style-type: none"> ● This unit links to Online and Media in Y8 term 2; staying safe and media use ● Year 9 online and media; pornography and other dangers ● Year 10 term 6, fake news ● Year 11 term 1, internet safety and behaviours 		

Key prior knowledge	<ul style="list-style-type: none"> ● Online behaviours including bullying ● KS2 safety and PSHE programme ● Using media and its dangers ● 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> ● Online risks ● Screen time; the effects of and what is healthy ● Sharing and removing material online ● Risks of unknown people online ● Unhealthy comparisons ● Understanding online information ● Explicit material online ● Where to seek support and help 	Core vocabulary	<ul style="list-style-type: none"> ● The internet ● Social media ● A digital citizen ● Respectful ● Digital footprint ● Cookies ● Cyberbullying ● Discrimination ● Cyber space ● Prejudice
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- online media and young people ● Matched to the needs of the school- personal awareness 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	None; teacher to learning review in lesson and through book check		

Unit title	Year 8 Term 3: Drugs and Alcohol
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Links to other units	<ul style="list-style-type: none"> • This unit links to drugs and alcohol in in Y9 term 3 • Year 10 term 1 and how substances affect sexual relationships 		
Key prior knowledge	<ul style="list-style-type: none"> • Awareness of risks and substances • The laws 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Empathy • Respect • Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> • What do the legal terms ‘possession’, ‘supply’ and ‘intent to supply’ mean in relation to drugs. • What are the short and long-term consequences of being found in possession of, using, selling or supplying different classes of drugs. • What are some of the health risks associated with occasional and problematic substance use. • What are the physical, emotional and social consequences that substance use might have for individuals. • What support is available to people who are concerned about substance use. • What are the effects of caffeine consumption? Are there any particular risks associated with caffeine consumption? What strategies could be successful in reducing caffeine consumption? • Prescription drugs and legal highs • 	Core vocabulary	<ul style="list-style-type: none"> • Possession • Supply • Intent to supply • Alcohol • Unit • Cannabis • Pressure • Caffeine consumption • Prescription drugs • Legal highs • Energy drinks
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- awareness of behaviours • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		

Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check
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Unit title	Year 8 Term 4: Families being safe		
Links to other units	<ul style="list-style-type: none"> Relationships; families; year 8 term 4 and term 6; sexual relationships Relationship's year 9 term 5; sexual relationships Relationships in year 10 term 1; harmful behaviours Relationships in year 11 term 4, healthy relationships within ourselves and others 		
Key prior knowledge	<ul style="list-style-type: none"> Friendships and boundaries What is healthy and unhealthy in relationships Harmful behaviours How to identify and seek help 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect 		
Core knowledge	<ul style="list-style-type: none"> Why are good family relationships important What different family types are there How can safe family relationships help to overcome issues How can we determine trustworthy/untrustworthy information What are the key characteristics of harmful familial relationships Why might family members behave in unhealthy ways Where can I go for help and advice 	Core vocabulary	<ul style="list-style-type: none"> Family Positive relationships Safe relationships Trustworthiness Conflicting information Intentions One-sided Unhealthy families Unsafe families Toxic relationships
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- behaviours Matched to the needs of the school- personal awareness Supported by the mentoring programme themes- Ridgeway Family 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) 		

	<ul style="list-style-type: none"> All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 8 Term 5: Human Rights and Crime		
Links to other units	<ul style="list-style-type: none"> This unit links to Online and Media in Y7 term 3 Year 9 term 4; Extremism Year 10 term 6, fake news Year 11 term 1, internet safety and behaviours 		
Key prior knowledge	<ul style="list-style-type: none"> Online behaviours including bullying KS2 safety and PSHE programme Using media and its dangers 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> Human rights; what they are and the history of them Where, why and why human rights have been abused United nations and its purpose and evaluating the effect of Charities and how they work around the world to support Human Rights Knife crime The Law and young offenders Crime; causes and effects Punishments including prison 	Core vocabulary	<ul style="list-style-type: none"> Mental wellbeing Overwhelming Insomnia Routines Optimism Coping strategies Digital resilience
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- post covid resilience Matched to the needs of the school- personal awareness Supported by the mentoring programme themes- Healthy Lifestyles 		

Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 8 Term 6: Sexual Health and Being safe		
Links to other units	<ul style="list-style-type: none"> Relationships; families; year 8 term 4 and term 6; sexual relationships Relationship's year 9 term 5; sexual relationships Relationships in year 10 term 1; harmful behaviours Relationships in year 11 term 4, healthy relationships within ourselves and others 		
Key prior knowledge	<ul style="list-style-type: none"> Friendships and boundaries What is healthy and unhealthy in relationships Harmful behaviours How to identify and seek help 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Empathy Respect 		
Core knowledge	<ul style="list-style-type: none"> What is meant by the term 'consent' What are the myths and stereotypes about consent How should consent be communicated and withdrawn What is the law relating to harassment, abuse and rape What is contraception What types are available and how do they work What different types of STIs are there What are the cause and effects of them and how can they be treated What choices are available if a woman falls pregnant and what factors may impact their choice. Where can you go to access further support. 	Core vocabulary	<ul style="list-style-type: none"> Consent The law Withdrawal Harassment Abuse Rape Exploitation Coercion County Lines Knife Crime Contraception STI Responsibility Consequences Abortion Adoption

Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- increase in sexualised language/behaviours/understanding nationally ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Healthy Lifestyles
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	None; teacher to learning review in lesson and through book check

Unit title	Year 9 Term 1: Safety Online and Media		
Links to other units	<ul style="list-style-type: none"> ● This unit links to Online and Media in Y7 term 3 ● Year 8 term 2; Staying safe online ● Year 10 term 6, fake news ● Year 11 term 1, internet safety and behaviours 		
Key prior knowledge	<ul style="list-style-type: none"> ● Online behaviours including bullying ● KS2 safety and PSHE programme ● Using media and its dangers ● 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> ● What is an indecent image? What are the laws surrounding use of indecent images ● What are the reasons young people take nude images ● What are the dangers of sharing images ● Where can a victim get help and support ● What are the punishments for image sharing ● How can an individual report indecent image sharing 	Core vocabulary	<ul style="list-style-type: none"> ● Indecent ● Sexting/nudes ● Coercion ● Encryption ● Criminalised ● Deceptive ● Child sexual exploitation

	<ul style="list-style-type: none"> • Child sexual exploitation 		
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- increase in sexualised language/behaviours /understanding nationally • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 9 Term 2: Sleep and routines		
Links to other units	<ul style="list-style-type: none"> • Year 7 term 2, Puberty and changing bodies • Year 8 term 1, physical health and self confidence • Year 11; physical and mental health • Year 11 term 3 and 4 coping with stress and exam preparation 		
Key prior knowledge	<ul style="list-style-type: none"> • KS2 safety and PSHE programme • Using media and its dangers • Healthy lifestyles • Physical and Mental health and Wellbeing • 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Empathy • Respect • Self-reflection and awareness 		
Core knowledge	<ul style="list-style-type: none"> • How much time should we spend asleep • What factors can reduce quality of sleep • How can breathing techniques help with good quality sleep 	Core vocabulary	<ul style="list-style-type: none"> • Sleep • Caffeine • Sleep deprivation • Leptin • Blue light filter • Stress • Anxiety

	<ul style="list-style-type: none"> ● Why should caffeine be avoided before bed ● What are the healthiest bedtime habits to create ● How can poor sleep affect our growth and development ● What is the impact on weight, mood and our ability to learn ● How can devices impact on our sleep ● What strategies can help to manage device use 		<ul style="list-style-type: none"> ●
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- awareness of behaviours ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> ● None; teacher to learning review in lesson and through book check 		
Unit title	Year 9 Term 3: Drugs and Alcohol		
Links to other units	<ul style="list-style-type: none"> ● This unit links to drugs and alcohol in in Y9 term 3 ● Year 10 term 1 and how substances affect sexual relationships 		
Key prior knowledge	<ul style="list-style-type: none"> ● Awareness of risks and substances ● The laws 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Empathy ● Respect ● Self-reflection and awareness 		

Core knowledge	<ul style="list-style-type: none"> ● How can we define a drug ● How are drugs categorised and what are the effects of these drugs ● What are the short-term effects of alcohol misuse ● What is binge drinking and how does it link to risky behaviours ● What are the dangers of alcohol poisoning? ● How is tobacco used ● How harmful is vaping and e-cigarettes ● What are the different effects of using tobacco ● The impact of vaping ● Acid Attacks 	Core vocabulary	<ul style="list-style-type: none"> ● Drug ● Stimulant ● Depressant ● Hallucinogen ● Binge drinking ● Alcohol poisoning ● E-cigarette ● Tobacco ● Vaping
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- increase in behaviours ● Matched to the needs of the school- personal awareness, community and wider community engagement ● Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> ● None; teacher to learning review in lesson and through book check 		

Unit title	Year 9 Term 4: Living in the Wider World; Extremism		
Links to other units	<ul style="list-style-type: none"> ● This unit links to Online and Media in Y7 term 3 ● Year 8 term 5; Human Rights and Crime ● Year 10 term 6, fake news ● Year 11 term 1, internet safety and behaviours 		
Key prior knowledge	<ul style="list-style-type: none"> ● Online behaviours including bullying ● KS2 safety and PSHE programme ● Using media and its dangers 		

	<ul style="list-style-type: none"> • 			
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Empathy • Respect • Self-reflection and awareness 			
Core knowledge	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> • Anti Racism and tolerance • How to prevent racism and where to report it • The law and punishments for racism • Prejudice and discrimination; what it is and how to prevent it • Extreme groups • Leaders of extreme groups • How and why people lead to extremism • Religion and extreme groups </td> <td style="width: 10%; text-align: center; vertical-align: middle;">Core vocabulary</td> <td style="width: 40%; vertical-align: top;"> <ul style="list-style-type: none"> • Anti-Racism • Prejudice • Discrimination • Terrorism • Respectful • Hate crimes • Radicalisation • Anti-Racism • Racism • Responsibilities • Tolerance </td> </tr> </table>	<ul style="list-style-type: none"> • Anti Racism and tolerance • How to prevent racism and where to report it • The law and punishments for racism • Prejudice and discrimination; what it is and how to prevent it • Extreme groups • Leaders of extreme groups • How and why people lead to extremism • Religion and extreme groups 	Core vocabulary	<ul style="list-style-type: none"> • Anti-Racism • Prejudice • Discrimination • Terrorism • Respectful • Hate crimes • Radicalisation • Anti-Racism • Racism • Responsibilities • Tolerance
<ul style="list-style-type: none"> • Anti Racism and tolerance • How to prevent racism and where to report it • The law and punishments for racism • Prejudice and discrimination; what it is and how to prevent it • Extreme groups • Leaders of extreme groups • How and why people lead to extremism • Religion and extreme groups 	Core vocabulary	<ul style="list-style-type: none"> • Anti-Racism • Prejudice • Discrimination • Terrorism • Respectful • Hate crimes • Radicalisation • Anti-Racism • Racism • Responsibilities • Tolerance 		
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 			
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- increase in behaviours/understanding nationally • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 			
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 			
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 			

Unit title	Year 9 Term 5: Sexual Health and Safety
Links to other units	<ul style="list-style-type: none"> • This unit links to respectful relationships in Y7 • Year 8 term 1 and term 3; Self esteem and confidence and Families • Term 6 year 8; sexual relationships

	<ul style="list-style-type: none"> Year 10 term 1 and year 11 term 4; harmful relationships and healthy relationships 				
Key prior knowledge	<ul style="list-style-type: none"> Positive and healthy friendships Boundaries, privacy and consent 				
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) 				
Core knowledge	<table border="1"> <tr> <td style="background-color: #d9e1f2;">Core knowledge</td> <td> <ul style="list-style-type: none"> The importance of readiness for intimacy as an individual and couple The role that communication and respect play in healthy relationships Why do individuals rush into a sexual relationship How to make an informed choice The laws on pornography Why do young people access porn The impact of viewing pornography What is revenge pornography, what are the laws and what impact can it have on the victim Sources of support </td> <td style="background-color: #d9e1f2;">Core vocabulary</td> <td> <ul style="list-style-type: none"> Domestic abuse Healthy Manipulative Coercive control Exploitation Sexual harassment Sexual violence Masculinity Toxic masculinity Misogyny Pornography Revenge porn Cookies Online footprint </td> </tr> </table>	Core knowledge	<ul style="list-style-type: none"> The importance of readiness for intimacy as an individual and couple The role that communication and respect play in healthy relationships Why do individuals rush into a sexual relationship How to make an informed choice The laws on pornography Why do young people access porn The impact of viewing pornography What is revenge pornography, what are the laws and what impact can it have on the victim Sources of support 	Core vocabulary	<ul style="list-style-type: none"> Domestic abuse Healthy Manipulative Coercive control Exploitation Sexual harassment Sexual violence Masculinity Toxic masculinity Misogyny Pornography Revenge porn Cookies Online footprint
Core knowledge	<ul style="list-style-type: none"> The importance of readiness for intimacy as an individual and couple The role that communication and respect play in healthy relationships Why do individuals rush into a sexual relationship How to make an informed choice The laws on pornography Why do young people access porn The impact of viewing pornography What is revenge pornography, what are the laws and what impact can it have on the victim Sources of support 	Core vocabulary	<ul style="list-style-type: none"> Domestic abuse Healthy Manipulative Coercive control Exploitation Sexual harassment Sexual violence Masculinity Toxic masculinity Misogyny Pornography Revenge porn Cookies Online footprint 		
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 				
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- increase in behaviours/understanding nationally Matched to the needs of the school- personal awareness Supported by the mentoring programme themes- Healthy Lifestyles 				
Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 				
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check 				

Unit title	Year 9 Term 6: Preparing for Work		
Links to other units			
Key prior knowledge	•		
Key Prior skills			
Core knowledge	•		•
Core skills	•		
Hinterland / cultural knowledge opportunities	•		
Enrichment/ careers opportunities	•		
Assessment	• None; teacher to learning review in lesson and through book check		

Unit title	Year 10 Term 1: Being safe and harmful relationships		
Links to other units	<ul style="list-style-type: none"> • Relationships; families; year 8 term 4 and term 6; sexual relationships • Relationship's year 9 term 5; sexual relationships • Relationships in year 11 term 4, healthy relationships within ourselves and others 		
Key prior knowledge	<ul style="list-style-type: none"> • Friendships and boundaries • What is healthy and unhealthy in relationships • Harmful behaviours • How to identify and seek help 		

Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Empathy • Respect 		
Core knowledge	<ul style="list-style-type: none"> • What is meant by the term 'consent' • What are the myths and stereotypes about consent • How should consent be communicated and withdrawn • What is the law relating to harassment, abuse and rape • How can these acts affect an individual's future • Where can you go for support and advice • What is the law relating to domestic abuse • What are the 'red flags' that someone may be in an abusive relationship • Grooming, exploitation and coercion • Where can you go for support and to report concerns 	Core vocabulary	<ul style="list-style-type: none"> • Consent • The law • Withdrawal • Harassment • Abuse • Rape • Domestic violence • Grooming • Exploitation • Coercion • County Lines • Knife Crime • Contraception
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- increase in sexualised language/behaviours/understanding nationally • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 10 Term 2: Intimate sexual relationships - Contraception and STIs		
Links to other units	<ul style="list-style-type: none"> ● This unit links to contraception in Year 8, term 6 ● Year 9, Term 5; Sexual Health and Safety ● Year 11 Term 6 		
Key prior knowledge	<ul style="list-style-type: none"> ● Contraception ● Barrier method ● Hormonal pill and device method 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Self-awareness and Reflection ● Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> ● Introduction to contraception (barrier methods) ● Contraception (hormonal pill methods) ● Contraception (hormonal devices and NFP) ● Introduction to STIs ● The main STIs- causes, symptoms and treatments ● HIV/AIDS 	Core vocabulary	<ul style="list-style-type: none"> ● Contraception ● Barrier methods ● Hormonal pill methods ● Hormonal device methods ● Natural family planning ● Emergency pill ● Testosterone ● Progesterone ● Oestrogen ● Gonadotropin ● STI ● HIV
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Contextual to current affairs- understanding nationally ● Matched to the needs of the school- personal awareness ● Supported by the mentoring programme themes- Relationships 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		

Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check

Unit title	Year 10 Term 3: Finances		
Links to other units	<ul style="list-style-type: none"> • Links to year 10 Term 4; work experience • Year 9 Preparing for work in Term 6 		
Key prior knowledge	<ul style="list-style-type: none"> • Money • Shopping • Globalisation and exploitation 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Self-awareness and Reflection • Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> • Personal budgets • Wants and needs • Financial products including types of loans and credit cards • Financial transactions • Shopping ethically • Savings and debt • Bank account and the different types • Where to get support and advice from 	Core vocabulary	<ul style="list-style-type: none"> • Cred card • Investment • Current account • Sustainability • Ethical • Exploitation • Expenditure • Outgoings • Globalisation
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- understanding nationally • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Relationships 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) 		

	<ul style="list-style-type: none"> All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 10 Term 4: Preparing for Work Experience		
Links to other units	<ul style="list-style-type: none"> Links to year 10 Term 4; work experience Year 9 Preparing for work in Term 6 		
Key prior knowledge	<ul style="list-style-type: none"> Employability Finances Globalisation and exploitation 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Self-awareness and Reflection Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> How to prepare for work experience and finding a placement Minimum pay and wages Rights and responsibilities in work Right career choices and where to find help and advice Writing a good CV STEM First Aid 	Core vocabulary	<ul style="list-style-type: none"> Employability Private sector Tertiary Primary CV Responsibilities STEM
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- understanding nationally Matched to the needs of the school- personal awareness Supported by the mentoring programme themes- Relationships 		

Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 10 Term 5: Identities and Social Cohesion		
Links to other units	<ul style="list-style-type: none"> This unit links to internet safety Y8 and harmful behaviours in Y10 . Year 9 term 1 and Year 8 Term 2 and Year 7 Term 3; online safety Healthy relationships within each year 		
Key prior knowledge	<ul style="list-style-type: none"> Harmful behaviours Healthy relationships The Law Online Safety 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Self-awareness and Reflection Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> Sexism and gender prejudice; what it looks like and how to prevent it Reporting abuse Conflict management Same sex relationships Gender and trans identity Community cohesion The law Where to seek support and help if needed 	Core vocabulary	<ul style="list-style-type: none"> Exploitation Prejudice Discrimination Feminism Homosexuality Homosexual LGBTQ+
Core skills	<ul style="list-style-type: none"> Use communication effectively through Turn and Talk and Cold Calling Use literacy skills and key words to create developed responses to scenarios and questions 		

Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> Contextual to current affairs- understanding nationally Matched to the needs of the school- personal awareness Supported by the mentoring programme themes- Relationships
Enrichment/ careers opportunities	<ul style="list-style-type: none"> Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes
Assessment	<ul style="list-style-type: none"> None; teacher to learning review in lesson and through book check

Unit title	Year 10 Term 6: Living in the Wider World		
Links to other units	<ul style="list-style-type: none"> This unit links to internet safety Y8 and harmful behaviours in Y11 Year 9 term 1 and Year 8 Term 2 and Year 7 Term 3; online safety Healthy relationships within each year 		
Key prior knowledge	<ul style="list-style-type: none"> Harmful behaviours Healthy relationships The Law Online Safety 		
Key Prior skills	<ul style="list-style-type: none"> Communication (verbal and non-verbal) Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> What fake news is and how to spot it and report it Criminal justice system in the UK Anti-social behaviour The Law in the UK Crime and punishment Gangs; what they are, how they operate and how to avoid becoming part of one Racism; how to identify it and prevent it Extremism 	Core vocabulary	<ul style="list-style-type: none"> Justice Prejudice Discrimination Racism Punishment Consequence Extremism Laundering Exploitation Grooming

	<ul style="list-style-type: none"> • Money laundering 		
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- understanding nationally • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Relationships 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 11 Term 1: Internet safety and harms- online relationships and harmful behaviour		
Links to other units	<ul style="list-style-type: none"> • This unit links to internet safety Y8 and harmful behaviours in Y10 . • Year 9 term 1 and Year 8 Term 2 and Year 7 Term 3; online safety • Healthy relationships within each year 		
Key prior knowledge	<ul style="list-style-type: none"> • Harmful behaviours • Healthy relationships • The Law • Online Safety 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Respect and Tolerance 		
Core knowledge	<ul style="list-style-type: none"> • What is grooming and how does it link to exploitation and coercion • What are the signs of grooming? • How can grooming affect a victim in the short and long term 	Core vocabulary	<ul style="list-style-type: none"> • Grooming • Exploitation • Coercion • The grooming line • Trafficked

	<ul style="list-style-type: none"> • What is honour-based violence • What can be done to prevent/stop HBV • FGM • Sources of support • County Lines and Gangs • Pornography and the dangers 		<ul style="list-style-type: none"> • Honour-based violence • Forced marriage • Female genital mutilation • Breast ironing • Catfishing • Pornography • FGM
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Matched to the needs of the school- increase in behaviours/understanding nationally • Supported by the mentoring programme themes 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 11 Term 2: Mental Wellbeing – recognising problems and seeking support		
Links to other units	<ul style="list-style-type: none"> • This unit links to mental wellbeing in Y7 and Y8. • Year 9 Term 2; Healthy routines and sleep • Year 10 Healthy relationships 		
Key prior knowledge	<ul style="list-style-type: none"> • What is mental wellbeing • Dealing with grief • Promoting emotional wellbeing 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Self Awareness and reflection • Tolerance and Respect 		

Core knowledge	<ul style="list-style-type: none"> • What do we mean by anxiety • What is the impact of anxiety • How can we handle anxiety • What is depression • What are the signs and symptoms of depression • Signs and symptoms of stress • How can you handle symptoms of depression • Why is an eating disorder an unhealthy coping strategy • How can we recognise misconceptions about unhealthy coping strategies- eating disorders and self-harm • Can we identify suitable sources of support • First Aid 	Core vocabulary	<ul style="list-style-type: none"> • Anxiety • Depression • Stress • Self-harm • Eating disorder • Mental Wellbeing • Mindfulness
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Contextual to current affairs- post covid resilience • Matched to the needs of the school- personal awareness • Supported by the mentoring programme themes- Healthy Lifestyles 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 11 Term 3: Exam Preparation and Stress		
Links to other units	<ul style="list-style-type: none"> • This unit links to Mental Health SOL in Y7, Y8 and Y9. • Preparing for work in year 9 Term 6 • Year 10 finances and preparing for work experience 		
Key prior knowledge	<ul style="list-style-type: none"> • Awareness of the importance of mental health, different mental health conditions and the signs/symptoms and sources of support 		

Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Self-reflection and Awareness 		
Core knowledge	<ul style="list-style-type: none"> • Exam stress; how to identify it and reduce it • Coping strategies • Revision strategies • Importance of sleep • Managing time • Study skills and how best to retain information • The way our memory works • Learning styles and how to optimise them • Happiness after school and how to ensure we have good mental health 	Core vocabulary	<ul style="list-style-type: none"> • Anxiety • Panic disorder • Panic attacks • Loneliness • Long term memory • Short term memory • Retaining • Cognitive • Kinaesthetic • Visual • Auditory • Mental wellbeing • Mindfulness
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Matched to the needs of the school- increase in behaviours/understanding nationally • Supported by the mentoring programme themes 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 11 Term 4: Healthy Relationships
Links to other units	<ul style="list-style-type: none"> • Relationship; healthy and unhealthy throughout year group • Sexual Health and Sexual Relationships in each year group

Key prior knowledge	<ul style="list-style-type: none"> • Awareness of the importance of mental health, different mental health conditions and the signs/symptoms and sources of support 		
Key Prior skills	<ul style="list-style-type: none"> • Communication (verbal and non-verbal) • Self-reflection and Awareness 		
Core knowledge	<ul style="list-style-type: none"> • Happiness in myself • Self esteem and how to improve it • Healthy relationships; romantic, sexual and at home • Safe sex and contraception • Consent and the importance of it • Where to get support and advice • What is healthy sex • Healthy break ups 	Core vocabulary	<ul style="list-style-type: none"> • Contraception • Relationships • Monogamy • Polygamy • Adultery • Self esteem • Confidence • Communication • Empathy
Core skills	<ul style="list-style-type: none"> • Use communication effectively through Turn and Talk and Cold Calling • Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> • Matched to the needs of the school- increase in behaviours/understanding nationally • Supported by the mentoring programme themes 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> • Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) • All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		
Assessment	<ul style="list-style-type: none"> • None; teacher to learning review in lesson and through book check 		

Unit title	Year 11 Term 5: Intimate sexual relationships- parenting and the legal status of marriage		
Links to other units	<ul style="list-style-type: none"> ● Relationship; healthy and unhealthy throughout year group <p style="text-align: center;">Sexual Health and Sexual Relationships in each year group</p>		
Key prior knowledge	<ul style="list-style-type: none"> ● Relationship; healthy and unhealthy throughout year group ● Sexual Health and Sexual Relationships in each year group 		
Key Prior skills	<ul style="list-style-type: none"> ● Communication (verbal and non-verbal) ● Self reflection and Awareness ● Respect and tolerance 		
Core knowledge	<ul style="list-style-type: none"> ● What are the long-term options available to people who wish to make a long-term commitment ● How can a long-term relationship become legally binding ● What support is available for someone at risk of a forced marriage ● The legal status of different types of relationships, including marriage and civil partnerships ● Why do people choose to form such a commitment ● The responsibilities of being a parent ● How committed, stable relationships can be important for bringing up children ● 	Core vocabulary	<ul style="list-style-type: none"> ● Long-term commitment ● Respect ● Marriage ● Co-habitation ● Forced marriage ● Parenting ● Adultery ● Communication ● Commitment ● Monogamy ● Polygamy
Core skills	<ul style="list-style-type: none"> ● Use communication effectively through Turn and Talk and Cold Calling ● Use literacy skills and key words to create developed responses to scenarios and questions 		
Hinterland / cultural knowledge opportunities	<ul style="list-style-type: none"> ● Matched to the needs of the school- increase in behaviours/understanding nationally ● Supported by the mentoring programme themes 		
Enrichment/ careers opportunities	<ul style="list-style-type: none"> ● Supported by an enrichment programme which is rich and diverse and includes activities such as – Culture club, Geogblog, current affairs quiz, Reading for Pleasure, Learning a new skill (knitting, workshop) ● All lessons are supported by a careers programme that develops personal skills and understanding of how skills match to future careers prospects through Unifrog and external FE and study higher programmes 		

Assessment

- None; teacher to learning review in lesson and through book check

