'Our shared vision is that our students, colleagues and families will be part of a **FAIR** community.

F A I R

We will support our school **Family** to **Achieve** their potential, and **Inspire** students to **Reach** the very best destinations.'

Year 10 Curriculum Overview 2022 - 2023

RESPECT | HONESTY | ENDEAVOUR | CREATIVITY | COMMUNITY

Year 10 English Curriculum Overview

	Term 1 Term 2	Term 3	Term 4	Term 5	Term 6
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5
Year 10	English Literature Paper 2: Modern Texts and Poetry An Inspector Calls	English Literature Paper 1: Shakespeare and the 19 th Century Novel A Christmas Carol	English Language Paper 2: Writers' Viewpoints and Perspectives Spoken Language Endorsement	English Literature Paper 2: Modern Texts and Poetry Unseen Poetry + Comparison	English Language Paper 1: Explorations in Creative Reading and Writing

Year 10 Maths Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 Primes, Factors and multiples Fractions and Decimals Algebraic Manipulation 	 Accuracy and Rounding Indices and Standard Form Mensuration 	 Geometric constructions and calculations Ratio and Proportion 	 Percentages Solving of Equations 	 Bivariate Data Exact Calculations Compound Units 	 Collecting, Organising, Presenting and Analysing Data 2D and 3D Representations

Year 10 Science Curriculum Overview

Biology

		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
		B1- Cell Structure and	B3- Organisation and	B5- Communicable	B6- Preventing and	B8- Photosynthesis	B10- The Human Nervous
		Transport	the Digestive System	Diseases	Treating Diseases	B9- Respiration	System
		B2- Cell Division	B4- Organising Animals	B6-Preventing and	B7- Non-Communicable		
		B3- Organisation and the	and Plants	Treating Diseases	Diseases		
Yea	ar 10	Digestive System			B8- Photosynthesis		

Chemistry

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	C1 Atomic structure C2 Periodic table	C3 Structure and bonding	C5 Chemical changes	C5 Chemical changes C6 Electrolysis	C7 Energy changes	C4 Chemical calculations

Physics

		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
		Review from year 9:	P2 Energy transfer by heating	P4 Electric Circuits	P5 Electric circuits in the home	P7 Radioactivity	P8 Forces
		P3 Energy resources					
1	ear 10	P6 Molecules and matter from year 9					
		P1 Conservation and dissipation of energy					

Year 10 Core PSHE Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Being safe 1 1. Healthy and unhealthy relationships 2. Conflict management and introduction to sexual consent 3. Sexual consent, the law, verbal and nonverbal signs of consent	Being safe 2 1. Sexual consenthow to say no, sexual assault and rape. 2. Consent scenarios, stalking and harassment. 3. Hate crimes, domestic violence	Staying safe and healthy 1 1. Introduction to contraception. Focus on barrier methods 2. Barrier methods and hormonal methods 3. Hormonal methods and devices	Staying safe and healthy 2 1. Hormonal devices and reflection 2. STIs 3. STIs 4. HIV	Intimate and sexual relationships 1. Choice to delay sex and enjoy intimacy without sex 2. Sexually explicit material and the law, why do people view pornography 3. The impact of pornography	Intimate and sexual relationships: 1. Upskirting and revenge pornography 2. Reproduction, ovulation and fertility, The impact of lifestyle on fertility, 3. Miscarriage and introduction to choices in relation to pregnancy. 4. Abortion and Adoption

Year 10 Core PE Curriculum Overview

	Term 1 – 2	Term 3 - 4	Term 5 - 6
	Students choose from the following pathways	Opportunity to re pick pathway	Opportunity to re pick pathway
Yea 10	 Ridgeway Compete Ridgeway Lead Ridgeway Fit 	 Ridgeway Compete Ridgeway Lead Ridgeway Fit 	Ridgeway CompeteRidgeway LeadRidgeway Fit

Humanities

Year 10 Geography Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Paper 1: Living with the physical environment Section A: The challenge of natural hazards	Paper 1: Living with the physical environment Section A: The challenge of natural hazards	Paper 1: Living with the physical environment Section B: The Living World	Paper 1: Living with the physical environment Section B: The Living World	Paper 1: Living with the physical environment Section C: UK physical landscapes	Paper 3: Geographical applications Fieldwork skills
	Plate tectonics Weather hazards	Weather hazards Climate change	World Biomes Rainforests Cold environments	Cold environments	Rivers Coasts	

Year 10 History Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Paper 31: Weimar Germany 1918-1933	Paper 31: Nazi Germany 1933-1939	Paper B1: Anglo-Saxon England	Paper B1: Norman England	Paper 11: Medicine Through Time 1250- 1900	Paper 11: Medicine Through Time 1250-1900

Year 10 RE Curriculum Overview

Year 10		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
		Relationships and Families	Relationships and Families	Christian Beliefs	Christian Beliefs	Peace and Conflict	Peace and Conflict
	Year 10						
		Islamic Beliefs	Islamic Beliefs	Islamic Practices	Islamic Practices	Religion and Life	Religion and Life

Languages

Year 10 French Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Qui suis-je? – Describing one's identity and background	Le temps de loisirs – Describing how free time is spent	Jours ordinaires, jours de fête – Describing daily life and special occasions or national holidays	De la ville à la campagne – Describing one's local area	Le grand large – Holidays and tourism	Au collège – School and education

Year 10 German Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year :	Auf in die Schule – school and education	Zeit für Freizeit – free time and interests	Menschliche Beziehungen – relationships with others	Wilkommen bei mir – describing your home and eating habits	Ich liebe Wien – visiting a German speaking country	Im Urlaub und zu Hause – describing visits to your own local area and destinations in a German speaking country

Year 10 Spanish Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	De Costumbre –customs and festivals in Spain and Spanish speaking countries	De Costumbre – customs and festivals in Spain and Spanish speaking countries	Intereses y influencias – free time activities and interests	Mi gente – socialising, friends and family	Ciudades – towns and cities	¡Desconéctate! - describing usual and past holidays

Social Sciences

Year 10 Business Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 The dynamic nature of business Risk and Reward The role of business enterprise 	 Customer needs Market research Market segmentation 	 The competitive environment Business aims and objectives Business revenues, costs and profits 	 Cash and cashflow Sources of business finance The options for start-up and small businesses 	 Business location The marketing mix Business plans Business stakeholders 	 Technology and business Legislation and business The economy and business External influences

Year 10 Economics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Unit 1 Introduction to Economics	Unit 2 The Role of Markets and Money	Unit 2 The Role of Markets and Money	Unit 2 The Role of Markets and Money	Unit 3 Economic Objectives and the Role of Government	Unit 3 Economic Objectives and the Role of Government
Year 10	 Main Economic Groups Factors of Production 	 The Role of Markets Demand, Supply, Price 	CompetitionProduction	 The Labour Market The Role of Money and Financial Markets 	 Economic Growth Macro-Economic Objectives 	 Low Unemployment Fair Distribution of Income

Year 10 Enterprise and Marketing Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 Market research Feedback 	 Sampling Market segmentation Revenue, costs 	ProfitDesign mixPricing	 Produce, review and feedback design Entrepreneurship Marketing mix 	 Financial viability Advertising & promotion Product lifecycle 	 Draft submission and final changes Pricing considerations Ownership

Year 10 Computer Science Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 The Purpose of the CPU and its Components CPU Performance and Fetch, Decode and Execute 	 Embedded Systems Primary Memory and Secondary Storage Data Storage: Numbers, Images and Sound 	 Network Types and Performance Factors Network Hardware and Topologies Protocols and the Concept of Layers 	 Network Security Purpose of System and Utility Software Ethical, Cultural, Environmental Concepts 	 Algorithms and Logical Thinking Abstraction and Decomposition Design with Flowcharts and Pseudo Code 	 Errors and Trace Tables Searching and Sorting Algorithms

Year 10 Child Development Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 Types of essential equipment Factors affecting suitability and choice Age range 3-4 years old Reasons why accidents happen in a childcare setting Types of childhood accidents Plan to prevent accidents in a childcare setting Age range 3-4 years old 	 Types of essential equipment Factors affecting suitability and choice Current Government dietary recommendations for healthy eating for children from birth to five years Essential nutrients and their functions for children from birth to five years Age range 0-6 months for formula 	 Plan for preparing a feed/meal for a baby aged 0-6 months How to evaluate planning and preparation of a feed Current Government dietary recommendations for healthy eating for children from birth to five years Essential nutrients and their functions for children from birth to five years 	 Plan for preparing a feed/meal for a baby aged 0-6 months How to evaluate planning and preparation of a feed Factors affecting pre-conception health for women and men Other factors affecting the pre-conception health for women Types of contraception methods and their advantages and disadvantages 	 Recognise general signs and symptoms of illness in children How to meet the needs of an ill child How to ensure a child-friendly safe environment The structure and function of the female reproductive system The structure and function of the male reproductive system How reproduction takes place The signs and symptoms of pregnancy 	 How to ensure a child-friendly safe environment The choices available for delivery The role of the birth partner in supporting the mother through pregnancy and birth The methods of pain relief The purpose and importance of antenatal clinics Screening and diagnostic tests The purpose and importance of antenatal (parenting) classes

Creative and Performing Arts

Year 10 Art Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10 Introduction to GCSE Art & Unit 1 Coursework 60%	INTRODUCTION TO GCSE Art and starting Unit 1 (coursework) 'Natural Forms'. Ao3 RECORDING Ao2 Use of Materials Students are introduced to the AOs for the GCSE Art course and look at exemplar work. This develops into a series of workshops to develop the tools and techniques students require for creating their first project. These skills are then built on and the structure is replicated through out the course, covering all 4 assessment objectives. Students develop presentation skills and recap on the formal elements of Art through recording initial responses to the theme 'Natural Forms', mind mapping, collecting images, photographs and observational drawing.	Ao1 Developing ideas through understanding of Artists and cultures Students will develop the skills required to research and show a visual understanding of Artists and cultures. They study the work of Karl Blosfeldt and use drawing with different materials, photography and printing to work in a monochrome style, depicting plant forms. Students then go onto research Agnes Cecile and work in her style using water colour and coloured pencil. They begin to build confidence with Portraiture, using accurate proportions and the application of paint.	Ao1 Developing ideas through understanding of Artists and cultures. Ao3 RECORDING Ao4 Creating a personal response Students will reflect on areas of strength and create 3 ideas based on Portraits, Plant Forms and Portraits or plant forms. Students will use recording in the form of Photography, mind mapping and annotation to explain their ideas and decision making. They will then create a final idea for the project	ideas through understanding of Artists and cultures. Ao2 Use of Materials Ao3 RECORDING Ao4 Creating a personal response Develop a final response to the Natural Forms Project. Show clear evidence of links to Artists (at this point students can include a 3rd artist of their choice). Experiment with appropriate material and techniques to develop a thoughtful and detailed investigation of their chosen idea. Create the final piece of this idea in their choice of materials.	Unit 1:Project 2 'Masks' Ao3 RECORDING Ao2 Use of Materials This is an extended project. Students are now more confident using a variety of materials and techniques. They are able to reflect on the previous project and show their strengths. Students also have a better understanding of how to show their thought process in a visual form. Work is presented on Boards rather than in books. Students record initial responses to the theme 'Masks', mind mapping, collecting images, photographs and observational drawing.	Ao1 Developing ideas through understanding of Artists and cultures. Ao2 Use of Materials Ao3 RECORDING Students look at Masks from around the world and choose 3 different cultures to research. Students complete a large-scale observational drawing of a mask from one of the areas they have researched. Working in oil pastel using a new technique and developing a better understanding of the application of colour and tone. Students present work on boards, developing presentation skills with the aim to show a progression in creative thought through an understanding of visual language.

Year 10 Drama Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10 Introduction to GCSE Drama & Unit 1 (Devising)	INTRODUCTION TO GCSE DRAMA Students take part in a series of activities to develop transferable skills required through the GCSE Drama course. This develops into a series of workshops to develop the tools and techniques students require for	INTRODUCTION TO DEVISING TECHNIQUES & PORTFOLIO Students will develop the skills required for effecting devising. They will explore a range of practitioner styles and approaches. They will apply these skills to a selection of mini	Unit 1: DEVISING STIMULUS LAUNCH Using the booklet supplied by OCR, students will explore a selection of stimuli – pictures, songs, lyrics, poems etc. before deciding on their chosen stimulus. Students will move into selected groups of 3-6 and	Unit 1: DEVISING To understand how to develop the group performance Plot initial ideas and storyline/characters and conventions. Devise performance,	Unit 1: DEVISING To understand how to realise a group performance Development of technical ideas	UNIT 1: PERFORMANCE EXAM Effective performance of Devised work To understand how to analyse and evaluate their performance work Complete their final portfolio
	DEVISING (UNIT 1)	devised projects.	plan/explore and devise a piece of drama. Some students may choose a technical option. Regular Journaling to take place. Portfolio to be	ensure techniques and a variety of abstract elements used and explored. Regular Journaling to take place. Portfolio to be filtered through lessons and WL to support journey	Regular Journaling to take place. Portfolio to be filtered through lessons and WL to support journey	
Year 10 Component	Students develop their knowledge from page to stage of a published play text. Students will practically and theoretically explore different aspects of the play in preparation for their Unit 3 Performance & Response written examination.	"FIND ME" Students develop their knowledge from page to stage of a published play text. Students will practically and theoretically explore different aspects of the play in preparation for their Unit 3 Performance & Response written examination.				"FIND ME" Students develop their knowledge from page to stage of a published play text. Students will practically and theoretically explore different aspects of the play in preparation for their Unit 3 Performance & Response written examination.

Year 10 Music Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
	Listening and Appraising		Listening and Appraising		Listening and Appraising	S.	
	Area of Study 1: The West	tern Classical Tradition.	Area of Study 1: The Wes		Area of Study 2: Popular	Music	
			The Mozart Clarinet Conc	erto Movement 3 Rondo			
Year 10	Area of Study 3: Tradition	al Music.	(Set Piece)		Area of Study 4: The We 1910	stern Classical Tradition Since	
	Listening skills covering:		Area of Study 3: Tradition	nal Music.			
	Rhythm and Metre		The three songs of Paul S	imon ('Call me Al',			
	Structure and Form		'Diamonds on the Soles o	f her Shoes' and			
	Harmony and Tonality Texture and Melody Timbre and Dynamics DR SMITH		'Graceland'). (Set Songs)				
						edge of the set songs and	
			Applying the learned liste	•	pieces to exam question		
	DR SMITH		Aural skills such as recogn	<u> </u>	1	tions (Section A of exam), and	
				onic and rhythmic devices,	extended analysis quest	ions (Section B of exam).	
			and the features of music from each area of study.				
	Composing		Composing		Composing Students continue to work on their Free Composition		
	Students learn composition	on skills which they then	Students work individuall	y on their Free			
	explore practically throug	th technical exercises. They	Composition (worth 15%	of final grade)	responding to feedback	and making improvements.	
	also write a practice comp	position which allows them	Deadline for completion i	in DRAFT form – Easter	Also spend time produci	ng Score or Annotation <u>and</u>	
	to learn the higher level s	oftware used in the GCSE	Holidays		Programme Note		
		s). This practice composition			(worth 15% of final grad		
	gives the Music Team insi	•			Deadline for completion – End of June		
	strengths and weaknesse						
	before students begin the		D. f	D. C	D. C	D. f	
	Performing	Performing Ensemble Performance –	Performing Solo Performance –	Performing Ensemble Performance	Performing Solo Performance –	<u>Performing</u> Ensemble Performance –	
	Solo Performance – Recorded at the end of	Recorded at the end of	Recorded at the end of	Recorded at the end of	Recorded at the end of	Recorded at the end of term.	
	term. Feedback given	term. Feedback given for	term. Feedback given	term. Feedback given	term. Feedback given	Feedback given for	
	for improvement.	improvement.	for improvement.	for improvement.	for improvement.	improvement.	
	ioi improvement.	improvement.	ioi iiipioveilielit.	Tot improvement.	ioi iiipioveilielit.	improvement.	

Year 10 Performing Arts Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6				
Year 10	Induction	Learners will develo	Component 1: Exploring the Performing Arts Levels: 1/2 Assessment type: Internal, externally moderated Learners will develop their understanding of the performing arts by examining the work of performing arts professionals and the processes used to create performance.							
			forming Arts g, dance and/or musical theatre							

Design & Technology

Year 10 Engineering Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Uni1: Practical	Uni1: Practical	Uni1: Practical	Unit 1:pracitcal	Unit 1: practical	Unit 1 assessment.
	Soft Jaw + sweet dispenser	Bottle opener +	Trowel project	Egg car project	Mock coursework	Planning documents.
	project.	chocolate mold projects.	Metal work shaping	Stock materials	project	Risk Assessment,
Year 10	Reading technical	Cutting techniques	Engineers blue	Marking Tools		Cutting list,
	drawings.	Filing Techniques	Rivets	Brazing/welding	Unit 2:	Ganntt
	Tolerance/accuracy	Drilling metal/	Plastics/Dip coating	Centre lath, facing off,	Orthographic/isometric	
	Basic skills, saws, marking	Fixings		tapping	drawing.	
	etc	Vacuum	Unit 2: Design	Vertical mill, slot		
	Drill bits	forming/plastics.	Identifying features of the	milling.	Unit 3	
			brief.		Exam questions.	
		Unit: 3 Exam	Design specification	Unit 2: design		
	Unit 3: Exam	Engineering disciplines	Orthographic projection	CAD – Publishing		
	Reading drawings	Key techonlogies	Isometric projection.	designs		
	Material properties		CAD design (Fusion 360)	Production planning		
	Health and safety					
	Environmental issue,					
	sustainabilty					

Year 10 Graphics Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Unit 1 Graphic elements theory, research and related practical skills development	Unit 1 Continued Imagery Different types of imagery, sourcing images copyright law. Double exposure workshop Composition Golden Rule, rule of thirds, hierarchy Start Pizza Project	Unit 2: Responding to a brief to apply graphic elements Frank's Pizza Parlour — Pizza box design and logo Use of Photoshop to create repeat pattern	Unit 3 Designers research and practice Researching book illustrators Designer copies and In The Styles Of - Quentin blake Skills development - Water colour, pen and ink	 Unit 4 Visual Language of Graphic Designers Communication – meaning, message, reaction Aesthetics – shape, texture, pattern, colour Context-personal, social, cultural, economic, political 	 Unit 5 Graphic Design Principles Hierarchy Alignment Balance Contrast Rhythm Proximity Colour & Space

Year 10 Hospitality & Catering Curriculum Overview

	Term 1 & Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Unit 1- H&C Industry 1.1- H&C provision: 1.1-1. Types of providers 1.1-2. Job roles 1.1-3. Working conditions 1.1-4. Success factors Practical: Skills workshops Unit 2: Evaluation of practical skills	Unit 1- H&C Industry 1.2- How H&C providers operate 1.2-1. Operation of front and back of house 1.2-2. Customer requirements 1.2-3. Meeting requirements Practical: Development of complex practical skills Evaluation of practical skills	Unit 1- H&C Industry 1.3- Health and safety 1.3-1. Health and safety in provision 1.3-2. Food safety Practical: Development of complex practical skills Evaluation of practical skills	Unit 1- H&C Industry 1.4- Food safety 1.4-1. Food related causes of ill health 1.4-2. Symptoms and signs 1.4-3. Preventative control measures 1.4-4. EHO Practical: Development of complex practical skills	Unit 2- H&C In Action 2.1- Importance of nutrition 2.1-1. Understand importance of nutrition 2.1-2. Cooking methods impact nutritional value Unit 1 Knowledge Recall Practical: Development of complex practical skills
				Evaluation of practical skills	Evaluation of practical skills

Year 10 3D Design Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	 Unit 1 Introduction unit: Skills workshops AO3 recording and observations Exploring Ideas – AO2 experimenting with materials and resources Health and Safety in the workshop Focus – Timbers Theme – Architecture and structures 	 Unit 1: Developing ideas AO1 – Designer research, copies and working 'in the style of'. Developing ideas AO1 - through experimenting, modelling and prototypes Focus – Plastics and CAD/CAM Theme – Design movement inspired Lamps 	 Unit 1: Developing ideas AO1 – into a Final response. Final piece or pieces AO4 Focus – Metal casting Theme – Jewellery/design for film and TV. 	Component 1. Coursework Project. Recording and observations – AO3 linked to chosen theme Developing ideas AO1 –Designer research, copies and working 'in the style of'.	Component 1. Coursework Project. Exploring Ideas – AO2 experimenting with materials and resources Refining ideas and evidencing the project journey.	Component 1. Coursework Project. Exploring Ideas — AO2 experimenting with materials and resources Developing ideas AO1 - through design, experimentation and modelling.

Year 10 Textiles Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	Unit 1 Introduction unit: Skills workshops AO3 — recording and observations Exploring Ideas — AO2 experimenting with materials and resources	 Unit 1: Developing ideas AO1 –Artist research, copies and working 'in the style of'. Developing ideas AO1 - through design, experimenting and swatches 	 Unit 1: Developing ideas AO1 – into a Final response. Final piece or pieces AO4 	Component 1. Coursework Project. Recording and observations – AO3 linked to chosen theme Developing ideas AO1 –Artist research, copies and working 'in the style of'.	Component 1. Coursework Project. Exploring Ideas – AO2 experimenting with materials and resources	Component 1. Coursework Project. Exploring Ideas — AO2 experimenting with materials and resources Developing ideas AO1 - through design, experimenting and swatches

PE and Sport

Year 10 GCSE PE Curriculum Overview

	Term 1	Term	Term 3	Term 4	Term 5	Term 6
Year 10 Theory Paper 2 Content	 Health & Well Being Obesity Body Types Energy Use and Nutrition 	 Energy use & Nutrition Engagement Patterns Commercialisation Sponsorship Commercialisation Technology 	 Commercialisation Technology Ethical Conduct Performance Enhancing Drugs Spectators and Holliganism 	 Skill Classification and ability Goal setting Information Processiing Guidance & feedback 	 Mental preparation & arousal Mental preparation & Aggression Personality 	 Mental Preparation & motivation PPE and Paper 2 review and reteach. Components of Fitness & training Principles & Methods
Year 10 Practical	Handball and or Netball	 Football and/or Badminton 	Basketball and or Trampolining	•	Athletics, Cricket and or Tennis	Athletics, Cricket and or Tennis

Cambridge National Level 2 Sport

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	R185 Performance and	R185 Performance and	R185 Performance and	R185 Performance and	R185 Performance	R186 Sport and the
	leadership in sports	leadership in sports	leadership in sports	leadership in sports	and leadership in	media
	activities	activities	activities	activities	sports activities	
						TA 1: Different sources of
Year	TA1 - Practical individual	TA 3 -Planning a risk	TA 4: Lead session	TA 4: Lead session	TA 5: Reviewing own	media that cover sport
10	sport and log book	assessment to leadership			leadership	
		session	TA 2: Strengths and	TA 2: Performing the 6-	performance	TA 2: Positive effects of
	TA 3 - Planning a sports		weaknesses in a sport	week action plan and		the media in sport
	session	TA 3 - Emergency		log book	TA 2: Practical team	•
		procedures	TA 2: 6-week action plan		sport and log book	
		TA 2 – Practice methods				
		to improve performance				