

Allergy/Intolerance Menu

Free from 14 EU Allergens (Except Fish)

Allergy / Intolerance:
Child Name / Area :
Dates / Term:

WHF

PLEASE READ BEFORE SERVING		Only recipes with a corresponding code listed on the menu should be served to the pupil. Do not make any amendments to the special diet menu or offer any additional dishes. If the code for the dish is on the menu but on a different day, the menu item is suitable for the allergies mentioned in the title. e.g. Fishfingers can served on a Tuesday even if they are on a Friday on the menu. *All recipe codes are given in bold (e.g., F6) - to find the primary recipe on Sharepoint start your search with the letters PRI - e.g., PRIF6.				
DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
21st Apr 25 12th May 25 9th June 25 30th June 25 21st July 25 15th Sept 25 6th Oct 25	Option 1	NGCI39 NGCI GLUTEN FREE VEGETABLE PENNE PASTA BAKE	NGCI50 NGCI GLUTEN FREE AND MILK FREE PIZZA - Made with Vegan Sheese and Gluten Free Base with SD92 SB8 SD126 Salads (Vegan Sheese Contains Gluten Free Oats)	V244 Vegan Sausage (No Stuffing) SD82 Roast Potatoes and SD118 Gravy	B2 Beef Bolognese (No Lentils) with NGCI24 NGCI GLUTEN FREE PENNE PASTA	NGCI37 NGCI GLUTEN FREE BREADED FISH with SD5 Chips & SD14 Tomato Sauce
	Safe Meal	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)
	Vegetables	Vegetables of the Day (No Coleslaw, No Sweetcorn Salsa, No Apple and Raisin Salad, No Potato Salad, No Cheesy Coleslaw)	Vegetables of the Day (No Coleslaw, No Sweetcorn Salsa, No Apple and Raisin Salad, No Potato Salad, No Cheesy Coleslaw)	Vegetables of the Day (No Coleslaw, No Sweetcorn Salsa, No Apple and Raisin Salad, No Potato Salad, No Cheesy Coleslaw)	Vegetables of the Day (No Coleslaw, No Sweetcorn Salsa, No Apple and Raisin Salad, No Potato Salad, No Cheesy Coleslaw)	Vegetables of the Day (No Coleslaw, No Sweetcorn Salsa, No Apple and Raisin Salad, No Potato Salad, No Cheesy Coleslaw)
	Dessert	NGCI7 NGCI GLUTEN FREE CHOCOLATE SHORTBREAD FREE FROM MAIN 14 ALLERGENS	NGCI12 NGCI GLUTEN FREE CHOCOLATE CAKE FREE FROM MAIN 14 ALLERGENS	D223 Fruit Salad	NGCI11 NGCI GLUTEN FREE VANILLA CAKE FREE FROM MAIN 14 ALLERGENS	D235 Strawberry Jelly with Mandarins
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
28th Apr 25 19th May 25 16th June 25 7th July 25 1st Sept 25 22nd Sept 25 13th Oct 25	Option 1			C4 C5 T1 B4 P5 Roast of the Day, SD82 Roast Potatoes & SD118 Gravy (No Stuffing)	C102 Caribbean Chicken with SD188 Rice and Peas	NGCI37 NGCI GLUTEN FREE BREADED FISH with SD5 Chips & SD14 Tomato Sauce
	Option 2	NGCI50 NGCI GLUTEN FREE AND MILK FREE PIZZA - Made with Vegan Sheese and Gluten Free Base with SD92 SB8 SD126 Salads (Vegan Sheese Contains Gluten Free Oats)	V244 Vegan Sausage (No Hot Dog Bun) with SD6 Wedges & SD14 Tomato Sauce		NGCI24 NGCI GLUTEN FREE PENNE PASTA and V237 Meatballs in V225 Tomato Sauce	
	Safe Meal	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)
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	Dessert	NGCI12 NGCI GLUTEN FREE CHOCOLATE CAKE FREE FROM MAIN 14 ALLERGENS	NGCI15 NGCI GLUTEN FREE CRUMBLE TOPPING with Strawberry and Apple Filling (No Custard)	FRESH FRUIT	D166 Peaches (No Ice Cream)	NGCI7 NGCI GLUTEN FREE CHOCOLATE SHORTBREAD FREE FROM MAIN 14 ALLERGENS
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
5th May 25 2nd June 25 23rd June 25 14th July 5 8th Sept 25 29th Sept 25 20th Oct 25	Option 1	V323 Bean Burger Patty in a NGCI47 NGCI GLUTEN FREE HOMEMADE BURGER BUN with SD6 Potato Wedges	NEW C114 Green Thai Chicken Curry with SD84 Rice	T1 Roast Turkey, SD82 Roast Potatoes & SD118 Gravy (No Stuffing)	NGCI42 NGCI GLUTEN FREE MINCED BEEF PENNE PASTA BAKE (No Cheese on Top)	NGCI37 NGCI GLUTEN FREE BREADED FISH with SD5 Chips & SD14 Tomato Sauce
	Safe Meal	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)	SD55 Jacket Potato with SD22 Baked Beans or F17 Plain Tuna or V216 Vegan Sheese (No Baguette, No Mayonnaise, No Cheese) (Vegan Sheese contains Gluten Free Oats)
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	Dessert	NGCI11 NGCI GLUTEN FREE VANILLA CAKE FREE FROM MAIN 14 ALLERGENS	FRESH FRUIT	NGCI11 NGCI GLUTEN FREE VANILLA CAKE FREE FROM MAIN 14 ALLERGENS	FRESH FRUIT	NGCI7 NGCI GLUTEN FREE CHOCOLATE SHORTBREAD FREE FROM MAIN 14 ALLERGENS

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinktd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.