

Theddlethorpe Academy Subject on a Page



PSHE and RSE

At Theddlethorpe Academy, PSHE is embedded in all that we do to enable our children to become independent, responsible, healthy and confident members of society. Our curriculum has been built with the aim to support the development of the 'whole child', by helping them to understand how they are developing personally and socially, as well as promoting their social, mental and physical development. We want to enable children to develop the skills they need to manage different influences, challenges and pressures, as part of their personal development, in a safe and caring environment.

Intent – What do we aim to deliver?

We will provide children with the knowledge and skills needed to lead safe, happy and healthy lives. For children at Theddlethorpe, it is not always the case that children arrive socially developed and ready to learn and, as such, we teach PSHE with the vision of teaching life skills that are essential for children to reach their full potential. We want to enable the children to develop the skills they need to manage different influences, challenges and pressures, as part of their personal development, in a safe and caring environment.

We aim to develop skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking to enable children to develop the skills they need to manage different influences, challenges and pressures, as part of their everyday and future lives. We aim for the children to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

Children will leave Theddlethorpe Academy with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to leave us with high aspirations, a belief in themselves and realise that anything is possible if they put their minds to it.

Within Relationships and Sex education, our aim is for our children to learn how to be safe and to understand and develop healthy relationships, both now and in their future lives.

- Be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life.
- Be healthy, open minded, respectful, socially and morally responsible, active members of society.

- Be able to look after their mental health and well-being.
- Be able to understand and manage their emotions.
- Have respect for themselves and others.
- Have a positive self-esteem.

- Understand the physical aspects involved in RSE at an age-appropriate level.
- Be able to develop positive, healthy relationship with their peers, both now and in the future.
- Appreciate difference and diversity.
- Recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.



Implementation – How do we aim to deliver it?

In the Foundation Stage, PSHE and RSE are an integral part of the Early Years ethos and is embedded into the curriculum. Personal, Social and Emotional development (building relationships, managing self, and self-regulation) is taught through Kapow's Reception scheme, through a mixture of teacher-led lessons, group discussions, practice activities and outings (being a safe pedestrian.) In KS1 and KS2, children are taught through The Story Project, based on stories already loved in the classroom. Cross-curricular links are made where appropriate. Safeguarding requirements, SMSC, Anti-Bullying and further engagement through enhancement and enrichment mean that PSHE is taught directly as a subject but is also integral to everyday life in school. In the foundation stage, PSHE and RSE are taught as an integral part of the early years ethos and is embedded into our curriculum.

Flexibility in the timetable is important to allow us to respond to individual children's needs when required and to local/national/global events that may occur. This allows us to respond to any such event in an age-appropriate way. Drop down days, complement key campaigns throughout the year, such as; Anti-Bullying Week, Black History Month, LGBT history month.

The Story Project covers Puberty in Year 5 using the book 'Pizza Face' and Sex education is covered in Year 6 using the book 'Making a Baby'. Yasmine and Tom resources also cover puberty, menstruation and sex education. Alongside our weekly taught lessons, the teaching of PSHE is enriched through 'Picture News'. This is taught during class assembly time and is current and weekly. Children have the opportunity to learn and discuss new and current topics, and relate their knowledge and understanding to RSHE, British Values and SMSC.

Impact – How will we know when we have delivered it?

