



The Palmer Academy

Weekly Round-up



Edition 27

Friday 7th May 2021

Note from the Executive Headteacher

I hope everyone enjoyed the extended bank holiday weekend last week, and I am sure the INSET day yesterday has made it seem like Friday has come around very quickly again! Our staff are beginning to put together the children's annual reports, and yesterday we began looking at what we would be reporting on and how we are collating this so that we can give you an accurate reflection of your child's achievements by the end of the academic year.

We welcomed back Mr. Prendergast this week, and I know that many of you (and the pupils!) were glad to see him safely back at Palmer. Mr. Prendergast has been checking in with each class and children over the week and seeing how much they've changed over the last year! Mr. Prendergast and I have also begun our handover of information so that at half-term, Mr. Prendergast can assume his role full-time when I return to Green Ridge. Have a wonderful weekend – fingers crossed it doesn't rain the entire two days! See you again on Monday.



A. A. Wanford.

Mr. Aaron Wanford

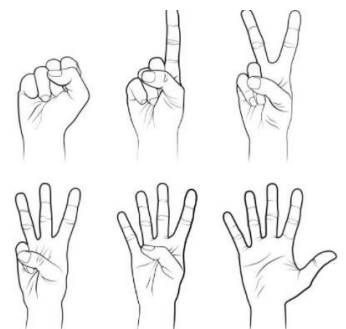
Request for material

Do you have any old material laying around at home? Year Six are on the lookout for animal print material or material with traditional African prints on them to use in their production at the end of the year. If you have any material you think would be suitable and you would like to donate it, please pass it on to any of the staff in Year 6. Thank you in advance!

Wellbeing Tips

One of the simplest, most-effective relaxation techniques for children (teens and adults too!) is mindful breathing. Teaching children to take slow, deep breaths helps to calm them physically and mentally. Here are 3 ways to make "Take a Deep Breath" more fun:

- 1. Blow out the candles.** Hold up your hand. Inhale through the nose and hold for 3 counts. Exhale out the mouth to "blow out" (fold down) a finger!
- 2. Fog up the glass.** Hold your hand in front of your face, palm inwards. Inhale through the nose, close your eyes and make a 'haaa' sound out your mouth, feeling the air against your palm.
- 3. Inflate the balloon.** Place both hands onto your stomach. Feel it expand like a balloon, as you inhale through the nose. As you exhale, imagine the balloon deflating slowly.



Mental Health Awareness Week

Next week marks the launch of Mental Health Awareness Week, the UK's national week to raise awareness of mental health. The week, which is hosted by the Mental Health Foundation, is in its 21st year and runs from 10th-16th May. This year, the theme for the week is 'Nature'. Across the country, people will be celebrating the mental health benefits of being around nature in their local community in a range of creative ways. For more information please click [here](#).



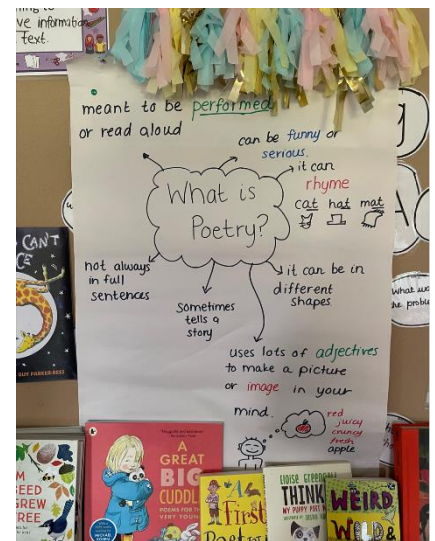
What have Nursery been learning about this week?

This week the children have enjoyed learning about nocturnal animals. We have read the stories The Tale of Two Feathers and Owl Babies. It has been lovely to hear the children retelling the stories, making nocturnal animals out of playdough and sort animals into nocturnal and not nocturnal.



What have Year One been learning about this week?

It's been a lovely first week of May in year one this week, albeit a short one! The children continued to learn about creating and adding equal groups in maths. In Writing, we innovated our own version of our springtime poems. In Science we continued to learn about the seasons and in geography we explored more features of the arctic. Ask your child to share with you any new words they learned this week. Can they explain to you what **tundra** is? In our reading lessons, we continue to develop our comprehension skills in the popular text Giraffe's Can't Dance, and in art we have been exploring all the beautiful sculptures that are made from clay. An exciting moment of our week was getting caught in the rainstorm during our PE lesson on Wednesday! Luckily, we all ran inside quite quickly before the hail came! In May and June, we will be exploring a range of poetry in our reading for pleasure time, so please engage your child with reading poetry at home (there are some brilliant Michael Rosen performances found on YouTube for children). Read, enjoy, and discuss poems and the features of poetry at home to help deepen your child's understanding of the amazing genre of poetry! That's all for this week, we hope everyone has a safe and joyful weekend! 😊



What have Year Three been learning about this week?

What a short but fun week we've had in Year 3! In maths, we have been continuing with our unit of "Time" and today, we have completed our weekly arithmetic tests to keep practicing our understanding of the four operations. In reading, we are still loving the children's classic "Charlie and the Chocolate factory". We are using this book to apply our reading VIPER skills.

In English, we have finished our innovations of the classic fable The Lion and the Mouse. We had to change the characters but keep the moral message that you can help anyone regardless of your size!

In music this week we got out some instruments and played along to the musical notes in our song which is all about being kind to one another.



What have Year Five been learning about this week?

Even though it has been a 3-day week Year 5 have been working hard in English this week writing their own myths. They have been developing their own writing styles with a focus on adding high level vocabulary to up-level their work. We have continued to explore rivers in geography and have been investigating air resistance in Science. We are very excited to build our parachutes next week to test how air resistance can protect falling objects when they have a parachute attached to them.

This week Miss Vink taught us a line dance in PE. We took it in turns to perform to the other children in our class and had lots of fun. It was challenging to keep in time and to a rhythm as everyone in a line dance needs to complete the same move at the same time. Have a look at some pictures of us performing. A big shout out to Kamsi, Leighton, Jediael, Joel and Tyler for choosing to perform as a group to the rest of year 5.





What's happening next week at Palmer?

Monday 10 May	
Tuesday 11 May	
Wednesday 12 May	
Thursday 13 May	
Friday 14 May	

Attendance Information



Nursery AM	Nursery PM	YR Kerr	YR Rosen	Y1 Cole	Y1 Donaldson	Y2 Ahlberg	Y2 Butterworth
93.9%	94.0%	90.6%	96.7%	96.9%	96.3%	95.2%	96.4%



Y3 Benjamin	Y3 King-Smith	Y4 Binch	Y4 Pullman	Y5 Hughes	Y5 Morpurgo	Y6 Horowitz	Y6 Lewis
98.5%	95.7%	94.5%	94.2%	100%	94.3%	95.0%	96.0%



95.8% attendance this week

Attendance for the whole school year is currently 95.6%

An exciting attendance raffle has started at The Palmer Academy.

You have to be in it to win it! If you attend school every day you will automatically be put into our attendance raffle which will be drawn on a Friday afternoon. A winner from KS2, KS1 and Early Years will be selected and win a special prize.

Congratulations to Azia, Leah and Shanice who were our weekly 100% attendance winners. Well done 😊