



Bradford District Care
NHS Foundation Trust

Children's Learning Disability Team – Craven

Sleep workshop

for parents and carers of children with additional needs living in Craven.

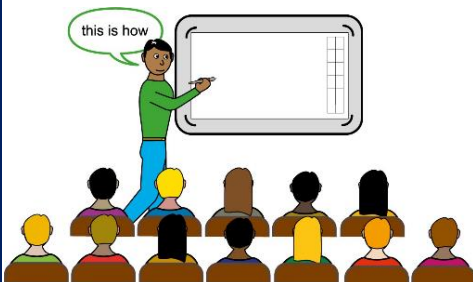
Evidence based advice and strategies on how to improve your child's sleep routine and environment.



Wednesday 16th October

1000-1200

@ Skipton Children and Families Hub,
Brougham Street, Skipton, BD23 2ES



or via Microsoft Teams

Book your place today! call: **01274 221 203** or
email: **ChildrensLearningDisabilities@bdct.nhs.uk**