



Thornton-in-Craven Community Primary and Nursery School

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Headteacher: Miss S Brown

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Dear Parents and carers

It has come to our attention in school that some children are watching a clip on YouTube and/or TikTok that could upset and worry some children.

The clip tells the watcher to write 'F74' on their wrist before they go to sleep. When they are sleeping, they will have a dream and need to look for the yellow door. It goes on to tell them if they do not find the yellow door they will stay sleeping forever.

We have talked to the children involved and explained it is not true. I am sure you will appreciate this could cause anxiety and stress to a child that may think it is true. Please be aware of this and if necessary, have a conversation with your child regarding online safety and that everything they watch is not true.

The link below explains the age ratings for different accounts. TikTok users are meant to be 13 years or older.

[https://parentzone.org.uk/article/age-ratings#:~:text=App%20stores%2C%20social%20media%20and%20online%20platforms&text=Most%20social%20media%20platforms%20\(e.g.,less%20to%20do%20with%20content.](https://parentzone.org.uk/article/age-ratings#:~:text=App%20stores%2C%20social%20media%20and%20online%20platforms&text=Most%20social%20media%20platforms%20(e.g.,less%20to%20do%20with%20content.)

If you would like some further guidance and help on parental restrictions and staying safe online, I have included some links below that may be of some help.

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.thinkuknow.co.uk/parents/>

If you have any questions, please do not hesitate to contact me.

Kind regards

Miss S Brown

Headteacher