



PSHE Term Plan



Nursery and Reception follow the Jigsaw programme

Jigsaw holds children at its heart and aims to equip them for happy, healthy lives and to be effective learners.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p>Being me in my world 'Who am I and how do I fit?' Age 3-4</p>	<p>Celebrating Difference Respect for similarity and difference. Anti-bullying and being unique Age 3-4</p>	<p>Dreams and Goals Aspirations, how to achieve goals and understanding the emotions that go with this Age 3-4</p>	<p>Healthy Me Being and keeping safe and healthy Age 3-4</p>	<p>Relationships Building positive, healthy relationships Age 3-4</p>	<p>Changing Me Coping positively with change Age 3-4</p>
Reception	<p>Being me in my world 'Who am I and how do I fit?' Age 4-5</p>	<p>Celebrating Difference Respect for similarity and difference. Anti-bullying and being unique Age 4-5</p>	<p>Dreams and Goals Aspirations, how to achieve goals and understanding the emotions that go with this Age 4-5</p>	<p>Healthy Me Being and keeping safe and healthy Age 4-5</p>	<p>Relationships Building positive, healthy relationships Age 4-5</p>	<p>Changing Me Coping positively with change Age 4-5</p>

