

PSHE Term Plan School Year 2022 – 2023 – Year A School Year 2023 – 2024 – Year B



Year 1 & 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Physical Health	Keeping Safe and	Mental Health and	Physical Health	Keeping Safe and	Mental Health and
	and Wellbeing	Managing Risk	Emotional	and Wellbeing	Managing Risk	Emotional
	Fun times	Feeling Safe	Wellbeing	What keeps me	Indoors and	Wellbeing
	Y1	Y1	Feelings	healthy?	Outdoors	Friendship
			Y1	Y2	Y2	Y2
Year B	Drug, alcohol and tobacco education What do we put	Identity, society and equality Me and Others	Relationships and Health Education Boys and girls,	Relationships and Health Education Boys and girls,	Drug, alcohol and tobacco education Medicines and Me	Careers, financial capability and economic
	into and on our		families	families	Y2	wellbeing
	bodies?	Y1	Y2	Y2		My Money
	Y1					Y1

Year 3 & 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Physical Health	Keeping Safe and	Mental Health and	Physical Health	Keeping Safe and	Careers, financial
	and Wellbeing	Managing Risk	Emotional	and Wellbeing	Managing Risk	capability and
	What helps me	Bullying – see it,	Wellbeing	What is important	Playing safe	economic
	choose?	say it, stop it	Strengths and	to me?	Y4	wellbeing
	Y3	Y3	Challenges	Y4		Saving spending
			Y3			and budgeting
						Y3
Year B	Drug, alcohol and	Identity, society	Relationships and	Relationships and	Drug, alcohol and	Identity, society
	tobacco education	and equality	Health Education	Health Education	tobacco education	and equality
	Tobacco is a drug	Celebrating	Growing up and	Growing up and	Making choices	Democracy
	Y3	difference	changing	changing	Y4	Y4
		Y3	Y4	Y4		



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Year 5 & 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Physical Health	Keeping Safe and	Mental Health and	Careers, financial	Mental Health and	Keeping Safe and
	and Wellbeing	Managing Risk	Emotional	capability and	Emotional	Managing Risk
	In the media	Making safer	Wellbeing	economic	Wellbeing	Keeping safe – out
	Y5	choices	Dealing with	wellbeing	Healthy Minds	and about
		Y5	feelings	Borrowing and	Y6	FGM – Female
			Y5	earning money		genital Mutilation
				Y5		Y6
Year B	Identity, society	Drug, alcohol and	Relationships and	Relationships and	Identity, society	Drug, alcohol and
	and equality	tobacco education	Health Education	Health Education	and equality	tobacco education
	Stereotypes,	Different	Healthy	Healthy	Human rights	Weighing up risk
	discrimination and	Influences	Relationships	Relationships	Y6	Y6
	prejudice	Y5	Y6	Y6		
	Y5					