



Harrogate Hospital & Community Charity Newsletter - Issue XVII 2023

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A huge warm welcome to all our valued readers and supporters! We welcome you back to our latest Newsletter, filled with a wealth of upcoming fundraisers and events selected for the final months of 2023 and into 2024. This issue provides an exclusive insight into the vital role, your support plays in supporting service users, patients, their families and staff at Harrogate and District NHS Foundation Trust (HDFT). We invite you to join us in various fundraising initiatives and events, where your involvement will help amplify the impact of our work. Your efforts and solidarity create a ripple effect of positive change, that extends far beyond what we could achieve on our own. Stay tuned for more updates and let's continue to support our local NHS together.

Yvonne Campbell, Acting Business Development, Charity and Volunteer Manager

Ways to keep in touch:

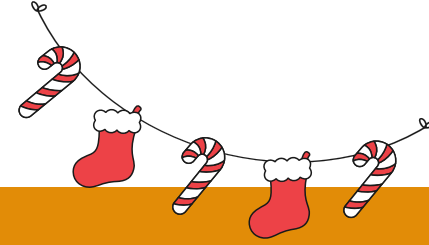
 Harrogate Hospital & Community Charity, Harrogate and District NHS Foundation Trust,
Planning Department, 3rd Floor, Lancaster Park Road, Harrogate, HG2 7SX

 hdft.hfcc@nhs.net

 01423 557408

 Find us on Social Media





Outdoor Pop up Christmas Market 2023

Father Christmas will be coming to Harrogate this year! On Sunday 26 November 2023 at Harrogate Railway Athletic F.C., HG2 7JA, he will be making the long journey from the North Pole, all the way to see you and your family at our Outdoor Pop up Christmas Market!

Our festive donkeys return this year, along with a live band playing some of our favourite festive tunes. Our Harrogate Hospital & Community Charity (HHCC) elves will be hanging out around the Christmas Market. The hunt will be on to find them hiding in locations across the market! Can you find them all and win a prize?

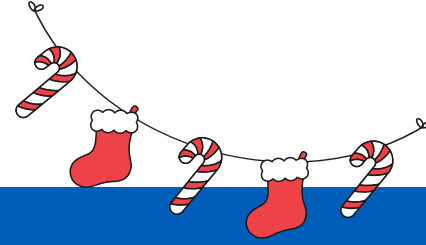


Our Pop up Christmas Market will be taking place from 10am – 3pm. Your ticket will provide you access to all of the above as well as, a drink and a mince pie on arrival and the opportunity to look round an excellent range of hand selected stalls. Come along and peruse stalls showcasing crafts, handmade jewellery, toys, wax melts and candles, Christmas decorations, plus much more. Food and drink stalls will also be available on the day for festive treats! This excellent community event is one not to be missed!

Tickets are now available for a donation of £5 per adult (including children aged 14 and over), £2 for children (over the age of 3), under 3s are completely free. All tickets include a visit to Father Christmas in his grotto!

All proceeds received will go towards making life changing differences to patients, their families and staff here at #teamHDFT. This will be a perfect opportunity to get a head start on your Christmas shopping! We would love for you to join us and support your local NHS, all that is left to do is follow the QR code (above) to get your tickets today!





Letters from Father Christmas



HHCC are excited to share the return of a popular initiative, Letters from Father Christmas!

After a successful delivery last year, the HHCC Elves want to support children and young people this Festive Season by giving something back, a personalised letter from the main man himself!

To request a letter from Father Christmas, follow the QR code (right). Inside your loved one's envelope, they will receive:

- A personalised letter from Father Christmas
- An Official North Pole Certificate
- A selection of Christmas Colouring sheets



All individuals that receive a letter from Father Christmas, will also be in with a chance of winning an amazing prize, kindly donated by Imagined Things Book Shop, Harrogate, just in time for Christmas!

The last available day for a booking form submission is Sunday 3 December 2023. All letters will be posted between Monday 4 – Friday 8 December 2023, to arrive in time for Christmas Eve!

HHCC Lottery - Have you signed up yet?

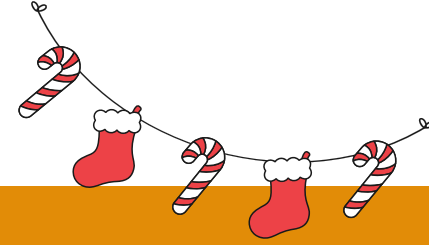
The HHCC monthly lottery draws take place on the 28th day of each month! Each ticket gives you a chance to win a top prize of £600, with additional cash prizes of £250, £50 and multiple £25 prizes up for grabs.

By joining our monthly lottery, you are not only giving yourself the opportunity to win some excellent prizes, but you are also making a significant contribution to the enhancement of our Hospitals and Wider Community.

To participate, purchase your chosen number of tickets via the QR code (right) or visit our website: hhcc.co.uk.

SCAN ME





Diamond Raffle 2023

HHCC are hosting a luxury Diamond Raffle with the aim of raising funds to make life-changing differences for patients, service users, and their families across HDFT.

Ticket Price: £1 each

Prizes: Our raffle offers a variety of incredible prizes donated by local businesses, including:

- Fogal & Barnes 9ct Gold Necklace with 0.25ct Diamonds
- A White Hart Hotel Bed & Breakfast Stay
- A hamper worth £150 of Natural Skincare by Sammy
- Mama Doreens Afternoon Tea for four
- **Plus much more!**



Raffle Drawing Date: Friday 15 December 2023 on Harrogate Hospital Radio (95.3FM). Listen along to find out if you're a winner!

How to Purchase Tickets: Using the QR code (above) or by contacting the HHCC and Volunteer Team directly at hdft.hhcc@nhs.net or by calling 01423 557408.

Yvonne Campbell, Acting Business Development, Charity and Volunteer Manager said:

"If you're looking to add a touch of splendour to your winter festivities this year, then look no further than our Diamond Raffle fundraiser which is full of fantastic prizes to be won.

Each of these prizes has been provided by an amazing local business, and I would like to thank them all for their generosity and support in this fundraising effort. Every ticket purchased will make a real difference by allowing us to provide above and beyond the usual provisions for our colleagues, patients and service users."

Father Christmas is coming to HDFT!



With a special thank you to the businesses of Commercial Street Harrogate, Father Christmas is coming to Harrogate District Hospital (HDH) on Thursday 21 December 2023!

The children, babies, young people and their families on Woodlands Ward (specialist paediatric ward) and Special Care Baby Unit (SCBU), will be visited by non-other than Father Christmas himself. He will be taking time out of his busy schedule to deliver lots of festive cheer, gifts and joy across these wards.

The £625.00 raised by the Commercial Street businesses during their June Jamboree on Saturday 17 June 2023, has gone towards funding this VIP appearance. The HHCC Elves are already working on the perfect mince pie recipe and validating the reindeer parking in preparation for their arrival.



HHCC's Summer Extravaganza featuring It's A Knockout 2024

Looking forward to Summer days and better weather? Perhaps an opportunity to raise funds for a charitable cause whilst working as a team! Are you keen on enhancing teamwork and having some Summer fun?

Why not join HHCC's It's A Knockout 2024!

On Sunday 30 June 2024, HHCC's Summer Extravaganza featuring It's A Knockout is back by popular demand! From success in 2023, this foam filled inflatable obstacle course is back ready for you and your team to enjoy.



All individuals, companies, groups, teams and organisations from the local community are encouraged to participate and join in the fun. Teams consisting of 10 people will compete head to head at Harrogate Railway Athletic F.C., HG2 7JA, aiming to be crowned the champions of 'It's A Knockout' in 2024. Join forces as a team to tackle the exciting inflatable challenges and complete the course. There are three available waves to choose from, but spaces are limited.

To complete this fun filled challenge, it is £25 per person to get involved. However, If you would like to fundraise for your challenge, we invite you to set up a virtual donation page on our website to collect donations!

You can register as an individual or as part of a team – we would greatly appreciate your involvement. It's A Knockout is suitable for most fitness levels, with participants required to be 16 years old or above.

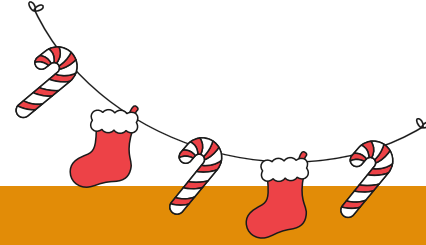
To sign up to enter a team to It's A Knockout, please scan the QR code (right) or contact the HHCC and Volunteer Team on the contact details below.



If spectating is more your game, there will be a wide range of entertainment for you to enjoy on the day including a range of games, shopping stalls, a bouncy castle and face painting. Food and drinks will also be available for purchase. With our main attraction of Teams taking on the It's A Knockout challenge, why not come along and support your Knockout Heroes!



 hdft.hhcc@nhs.net  01423 557408



Volunteer Update

As Summer is fast becoming a distant memory and we enter into Autumn, the Volunteer Team would like to let you know what has kept us busy over the last few months.

The team are very busy visiting schools, colleges and universities, encouraging the future generations of NHS Staff to volunteer with us at #teamHDFT. This gives them an insight into the NHS and promoting not just medical roles, but all the other wonderful teams and departments it takes to run a Hospital.

Over the past months, the Volunteer Team have been delighted to attend a number of School careers events. Some of these include Harrogate College Freshers Fair on Wednesday 13 September 2023, where we were joined by members of the Finance Team, showing that the NHS needs great people in all areas of work. On Wednesday 11 October 2023, Becca and Donna visited Harrogate Ladies' College where we were pleased to have lots of engagement with the students in relation to our Career Enhancement Volunteer Pathway.



We were also pleased to visit Teesside University on Thursday 19 October 2023 to hold a Volunteer Induction for Chiropractic students, who complete placements with #teamHDFT as volunteers, as part of their University Degree Course.

On Monday 23 October 2023, we welcomed students from Queen Ethelburga's Collegiate, Harrogate, for a week of volunteer placements to help build transferable skills and experience within a healthcare setting to encourage potential future medics to the NHS workforce.

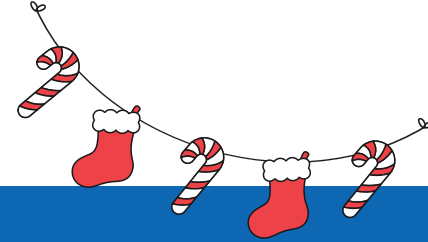


It has been a wonderful time for Awards within our Volunteer Service! The Volunteer Team were nominated for a Helpforce Award for Celebrating Equality, Diversity & Inclusion in Volunteering with our Enhanced Support Volunteering Pathway. Georgia Hudson, Volunteer and Charity Manager, and Mark Oldfield, Chair of Harrogate Hospital Radio (HHR) who has key involvement and supports Volunteers within this pathway, attended the awards ceremony on Friday 13 September 2023, in London. Georgia and Mark had a terrific day celebrating all the incredible Volunteer Services up and down the country. Whilst we did not win on this occasion, it was an honour to have our hard work acknowledged at a national level.

Volunteer of the Year!

Friday 3 November 2023, Mark attended the Local Hero Awards hosted by Your Harrogate Radio at Rudding Park where he was presented with the **Volunteer of the Year award!** This is an incredible achievement and very well deserved! Mark always leads by example in exemplifying what it means to be a volunteer. Mark is instrumental in generating innovation in HHR, the studios are now state of the art, and the station is licensed as an FM broadcaster providing entertainment on 95.3FM, online, on their free APP, and on smart speaker. Please join us in congratulating Mark in this phenomenal recognition!





HHCC National Three Peaks Challenge 2023

The HHCC National Three Peaks participants have gone above and beyond in their fundraising and taking on this epic challenge all in aid of HHCC. This 24 hour challenge would not have been possible without the dedicated support, organisation and guidance from Sky Blue Adventures who facilitated the event.



All 17 participants made their way to the foot of the Ben Nevis site at 10:15am, on Monday 2 October 2023. After a night's rest and briefings from the amazing Sky Blue Adventures guides, the ascent began at 6:00am Tuesday 3 October 2023. The first peak brought some gorgeous views and many steep inclines. By 1:00pm, it was one down and two to go. Onto Scafell Pike, which the team started to climb at 8:00pm, Tuesday 3 October 2023. With head torches on, they trekked up to reach the summit and made their way down for a break on the mini buses in preparation for the final peak of Snowdon. With it came the accomplishment of a 6:30am summit sunrise. By 8:00am, Wednesday 4 October 2023, with amazing team spirit the challenge was complete, medals and certificates were handed out and a well-deserved rest on the mini buses home.



These dedicated fundraisers have raised over £14,000.00 and counting. We have been blown away by everyone who contributed to their Virtual Donation Pages.

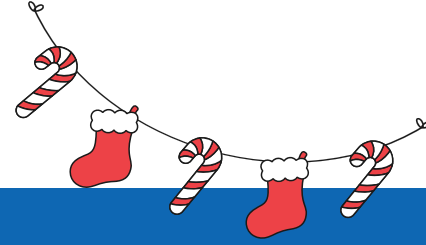
We would like to express a special thank you to KD Fruiterers who donated 144 items of fruit, which provided tasty sustenance to the participants. Thank you also to

the two volunteers, Jonathan Voller who drove across the country with encouragement and much needed refreshments and Sammy Lambert, who not only undertook phenomenal fundraising towards the Intensive Care Unit (ICU), raising money to purchase a specialist MRI compatible equipment, but also provided her medical expertise and sparkly nature. To Paul, Matt, Chris and Sam at Sky Blue Adventures, thank you for sharing guidance, vital information and wonderful support and expertise. Without their support, the participants would not have been able to undertake this challenge to their fullest! Finally, not forgetting our very own Yvonne Campbell, who facilitated the event from the ground and helped make this event possible.



In addition, a massive 11,183 ft worth of gratitude to the participants who gave this challenge their all and have achieved something phenomenal, creating a lasting legacy for many years to come!

Keep an eye out for the launch of our next fundraising adventure - Yorkshire Three Peaks, taking place on Sunday 19 May 2024! Express your interest by emailing hdfc.hhcc@nhs.net.



Kite Awards 2023

We are delighted to be supporting the KITE Awards which will be held Friday 19 January 2024. Our KITE Awards recognise the hard work, dedication and outstanding care given by our colleagues, teams and volunteers across HDFT and HIF, and looks to share their achievements for the wider benefit of patients, service users and staff.

With a number of awards to be won including colleague awards, Team Awards, Quality of Care Award, Innovation Award and a Volunteer of the Year Award.

If you would like to get involved in this epic event, there is an exciting opportunity to sponsor our KITE Awards 2023. If you would like to learn more and get involved please email: hdft.kiteawards@nhs.net or call us: 01423 557408.



Exclusive Art Exhibition 2024

SAVE THE DATE:



Exclusive Art Exhibition 2024

15 DAY 03 MONTH 24 YEAR

Cedar Court Hotel, Harrogate
7pm-9pm



Charles and Elsie Sykes Trust Donation

In September 2023, HHCC were delighted to accept a donation from the Charles and Elsie Sykes Trust. We would like to express our gratitude to the Trustees for their incredible support with the purchase of a Heidelberg Engineering Spectralis and Anterior Machine for our Ophthalmology Department. The vital work of going above and beyond the necessities and enhancing experiences within the NHS would not be possible without their incredible generosity.



Knareborough Golf Club

Here at HHCC we are honoured to have received the phenomenal support from all at Knareborough Golf Club during the time we were the Captains Chosen Charity for 22/23.

Over £6,000.00 has been raised through various open events, raffles and on their dedicated Virtual Donation Page. It has been a pleasure to be involved with Knareborough Golf Club over the last 12 months, with their devoted fundraising and promotion of the vital work to support #teamHDFT.

With a special thank you to the Ladies and Men's Captains Di and Tom for their organisation, innovative fundraising and enthusiasm. From all of us here within the HHCC Team, we greatly appreciate their charitable nature.

Charity Boxing Match

Charlie Haynes-Vickery is preparing to take part in the Ultra White Collar Boxing (UWCB) event on Sunday 26 November 2023 at the Majestic Hotel, Harrogate. This is a boxing event for novices to fight three rounds, after only eight weeks training to raise money for local charities.

Charlie is undertaking this fundraiser for Active Against Cancer (AAC) as she has a close connection to the cause with family and friends being directly affected by cancer. One of whom is Anthony Henson who is currently undertaking the Virtual Pennine Way during his treatment, for AAC.

If you would like to support Charlie, please donate to her JustGiving Page by scanning the QR code (right). We wish Charlie all the best for her challenge and to Anthony during this ongoing treatment.

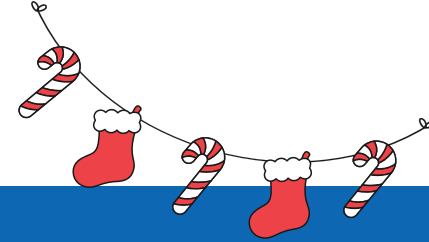


Wetherby Runners

Craig and Yvonne were delighted to be invited to the Wetherby Runners 10K race on Sunday 17 September 2023 to promote the work of HHCC, sell raffle tickets and engage with the runners.

The running group, that have kindly chosen HHCC as their chosen charity for 2023, all showed their support on the day raised a valuable £139.55 for the benefit of patients, their families, staff and services across #teamHDFT.

We are really looking forward to further building this relationship and arranging future events with Wetherby Runners in the months to come.



Fundraising ideas

Your support with fundraising is vital to continue our mission. Below are just a few ideas of how you can get involved. The HHCC and Volunteer Team will support your fundraising with ongoing Social Media support, the creation of a HHCC Virtual Donation page and much more! We would love to hear your ideas. Get in touch today at hdft.hhcc@nhs.net or 01423 557408.



Harrogate Railway Athletic F.C.

The HHCC and Volunteer Team have been attending football matches at Harrogate Railway Athletic F.C. (HRAFC) in recent months. As a team, we attend games and highlight the impact HHCC has to the 'Railway' fans, as well as share our exciting upcoming events such as our Outdoor Pop up Christmas Market on 26 November 2023 and Summer Extravaganza featuring It's A Knockout on 30 June 2024, both of which will be held at the Station View ground.

On Sunday 16 September 2023, Craig and Robyn attended a match against Horbury Town, which ended in a 2-2 draw. There were 148 people in attendance. Similarly, Craig attended the match on Saturday 14 October 2023 against Athersley Recreation. These games provided HHCC the opportunity to engage with local fans and raise vital funds to go above and beyond the provision of the NHS.

We are easily identifiable in our bright orange jackets. Please do not hesitate to approach us if you see us during the game. We are always happy to have a chat! #theRailway





26
NOVEMBER
2023

OUTDOOR
POP UP
Christmas
MARKET

10am
-
3pm

HARROGATE RAILWAY ATHLETIC
F.C., HG2 7JA

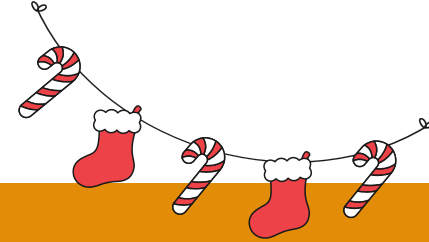
£5 Per Adult (Aged 14 and Over)

£2 for Children (Over the age of 3)

Under 3's go free!



Telephone: 01423 557408 Email: hdfd.hhcc@nhs.net Website: www.hhcc.co.uk



Enhanced Care Activity Boxes

We have been honoured to be involved in sourcing and organising items for Enhanced Care Activity Boxes, specifically for the purpose of engaging and enhancing the experience of patients with Dementia.

These bespoke boxes were delivered to 12 of our wards at #teamHDFT and included a range of items such as board games, books, dolls, activity packs, colouring pencils and much more. The staff across #teamHDFT who received these boxes to hand out on the wards, were delighted to be able to provide these immersive items for the benefit of patients and their families.



HHCC Spot the difference - Can you spot all 12?



Registered Charity Number: 1050008

Bye for now

Amelia Becca Craig Dan Donna Georgia Robyn Yvonne

