PARENT WORKSHOPS

Delivered by the Childrens Learning Disability Team



**A national, award-winning charity empowering the nation to sleep better**

**Sleep workshop** delivered by one of our practitioners who has received specialist training from the Sleep Charity. Workshops tailored to support parents with child/ren with a learning disability/SEN. 24th April 2023, 09:30 – 12:00



**Puberty Parent Workshop**

Workshop written and delivered by a specialist Learning Disability Nurse. Resources and strategies given to parents on how to support their child through Puberty. 15th May 2023, 09:30 – 12:00



**Toileting Workshop**

Parent toileting workshop delivered by our specialist health care practitioners. Covering all things toileting/potty training. Workshops are tailored to children with a Learning Disability/SEN. 15th June 2023, 09:30 – 12:00



**Introduction to Behaviour Workshop**

Behaviour workshop delivered by our practitioners. Workshops tailored to support parents with child/ren with a learning disability/SEN. 10th July 2023, 09:30 – 12:00

All workshops are being held at SELFA Ings CP School, Broughton Road, Skipton, BD23 1TE.