Introduction of class rules and reminders.

Playing teamwork games.

Threading activities.

Agility courses set up in the outdoors.

Gymnastic and dance sessions with teacher.

Building outdoor obstacle courses in the outdoor area.

Use of Tapestry to share out of school physical achievements – share in show and tell and assembly.

Using construction equipment to build outdoors and indoors.

Playing a selection of listening games.

Variety of different sized balls in provision for children to access.

Physical development trail in outdoor area.

Use of scooters and balance bikes.

Daily wake up shake up.

Games and ball skills sessions with PE coach.

What does this look like in our provision?

Listening to a variety of music in class – dancing opportunities.

Selection of bats and balls for children to access in the outdoor area.

Balance and stretching pictures in outdoor area for children to copy and practice.

Use of skittles in classroom – rolling skills.

Going on class walks or school trips.

Daily mile challenge.

Zipping and unzipping coats.

Weekly fine motor activities – squiggle while you wiggle, dough disco.

Putting on and taking off fancy dress in class.